

Police verify Spanish lead

Spanish police this week briefly told the parents of Madeleine McCann to put their travel arrangements on hold after receiving what they termed to be a "credible" phone call.

Such detail was provided by the caller, that Spanish police asked the McCanns to delay a trip from Berlin to Amsterdam while they awaited a second call.

The unidentified caller, who made contact using an anonymous pre-paid mobile phone, asked to speak with the McCanns directly upon which he would reveal the whereabouts of Madeleine. She has been missing for 36 days.

Spanish police sources said that it did not appear to be a crank call and the information was felt credible enough to warrant the couple being informed immediately.

The McCanns waited at the British Embassy in Berlin for several hours, but to no avail. Journalists travelling with the McCanns were also told that their final destination could be altered from Amsterdam to East Midlands Airport.

Portuguese police spokesperson Olegário Sousa said more than 24 hours after the initial call: "I have heard nothing. My superiors have told me nothing."

"But Spanish police could be confirming this information before they let us know", Mr Sousa told The Portugal News on Thursday evening.

He meanwhile refuted reports published last Sunday that police were looking in to a call made in Arabic, where references to Madeleine were made.

British sources have since added that police are likely to have recorded a phone call in Arabic where nothing other than casual mention was made of Madeleine McCann.

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Portugal continues its remarkable climb up the road safety ladder

ROAD DEATHS DOWN BY 300 %



Portugal has managed a miraculous turn-around when it comes to road traffic fatalities, and is now an example to both developing and industrialised countries around the globe fighting to bring down the number of victims. A study conducted by highways company, *Estradas de Portugal* (EP) which was published this week, reveals the number of road deaths in the country has fallen 297 percent in little more than a decade.

The study found that in 1995, the Portuguese road fatality rate was 271 per one million inhabitants, more than double the average for the European Union.

Last year's figures show that this figure is now 91, which is slightly more than five percent, the EU average.

There were 40 per cent fewer road deaths in 2006 compared with 2001, ranking Portugal as the tenth safest EU country in which to drive a motor vehicle, a recent report by the European Commission illustrated.

Within Western Europe, northern countries tend to be safer than southern nations with the exception of Malta, which proved to be the safest country in the EU to drive a vehicle, recording just over 35 deaths per million inhabitants in 2006.

However, these figures show that the EU is not on target to meet its goal of halving road deaths from nearly 50,000 in 2001 to 25,000 by 2010. During 2006, 38,600 EU citizens were killed in road accidents.

Less than half of rear-seat passengers wear seat belts in Portugal.

Roads, see p.19

McCanns visit northern Europe



The Governing Mayor of Berlin Klaus Wowereit shakes hands with Kate and Gerry McCann after a press conference at the City Palace in Berlin on Wednesday. In the background the relief 'Victoria' (1788) by Johann Gottfried Schadow. (Photo: EPA/Soeren Stache)

Woman buried her newborn baby, who was "perhaps alive"

A 27-year old mother of two has been told she can return home after admitting to burying her third child in her backyard in the sleepy Alentejo village of Bebedouro.

In a number of reports in the Portuguese press, the mother confirmed: "I did not know

whether or not the baby was alive".

After being charged by police, and classed a formal suspect in a homicide case, she was released pending further inquiry.

She said after being questioned by police detectives: "I confessed, I told police everything".

Fellow residents of

Bebedouro reacted with anger at the decision by prosecutors not to keep the woman in custody, saying social services had in the past been asked to check on allegations that she was mistreating two of her children aged seven and two.

The fact that she has since confessed to having possibly killed her newborn baby, has incensed locals further.

In comments to the daily *24 horas*, the woman, Célia Correia said: "I know I made a mistake. If I could undo the past, I would. There is no excuse for what I did."

Célia also explained that she was home alone with her two children, who she claims were sleeping, when the baby, a girl, was born.

"I was walking down the passage when it happened. The baby fell out onto the floor and I fainted", she revealed, adding: "I was not sure whether she was dead or alive when I buried her in the backyard. I don't know what got into me".

Meanwhile, her 29-year old husband, in comments to *Diário Notícias* insisted he was unaware of his wife's pregnancy.

In recent months he has been working nightshifts and has seen considerably less of his wife and family, he argued.



Kate and Gerry took the search for their missing daughter to Germany on Wednesday, telling a television breakfast show they believe their daughter is still alive.

"We have to believe she is happy and that the Portuguese and British police are making all possible efforts to find Madeleine, but we are very concerned," said Gerry McCann.

Mr McCann said the Germany visit of himself and wife Kate was aimed to raise awareness of Madeleine's disappearance, particularly among German holiday-makers who were in the Ocean Club resort in the fishing village of Praia da Luz when the toddler went missing as her parents ate in a nearby restaurant.

The McCanns spent fewer than 24 hours in Germany, where they had arrived from Spain, before continuing their whirlwind European schedule of meetings and interviews to the Netherlands. The devoutly Catholic couple met Pope Benedict last week in Rome.

In Germany, the McCanns were caught off-guard at a press conference on Wednesday when a radio journalist asked: "How do you feel about the fact that more and more people seem to be pointing the finger at you, saying the way you behave is not the way people would normally behave when their child is abducted and they seem to imply that you might have something to do with it?"

To which the usually more subdued Mrs McCann responded: "To be honest, I don't actually think that is the case. I think that is a very small minority of people that are criticising us."

"The facts are that we were dining very close to the children and we were checking them very, very regularly."

"You know, we are very re-

sponsible parents and we love our children so much and I think it is only a very few people that are actually criticising us."

Gerry added to Kate's comments when he said: "I have never heard before that anyone consid-

ers us suspects in this and the Portuguese police certainly don't.

"Without going into too much detail, we were with a large group of people, and you know there is absolutely no way Kate and I are involved in this abduction."

MADELEINE IN BRIEF

Costliest search ever

In comments to *The Portugal News*, Chief Inspector Olegário Sousa has agreed "it is only logical to draw the conclusion that Portugal has never spent as much financial resources on finding a missing person". Saying he is "not an accountant", he declined to estimate how much money had in fact been spent.

Gerry forgets his birthday

Gerry McCann had to be reminded on Tuesday that it was his birthday, a Portuguese newspaper has revealed. Gerry is now 39.

Music for Madeleine

A number of Lagos musicians staged a concert on Thursday evening at the town's municipal auditorium to raise money for the fund created to find Madeleine.

Royal Mail support

Royal Mail are supporting the Find Madeleine campaign through a range of initiatives. They have set up a Giro account and donations to the appeal can be made at Post Office branches. Readers in Portugal might have noted in recent days that Royal Mail have also been promoting the campaign on their Foreign Exchange Envelopes.

Reward Poster

The Portugal News is still offering a €10,000 reward for information that leads to the safe return of Madeleine. You can download the poster by going to www.the-news.net. To print an A4 version, click the "Fit to page" setting on your printer. The poster contains multiple images of missing Madeleine, so please find some prominent places to display it.

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Portuguese police still in the dark over Moroccan link

It is almost four weeks since a Norwegian woman said she spotted Madeleine McCann at a fuel station in Marrakech, yet Portuguese police confirmed this week they are still awaiting information from their Moroccan counterparts. Kate and Gerry McCann are planning to travel to this North African state at the beginning of next week after completing another leg of their European awareness campaign.

Following trips to the Vatican and Spain, Kate and Gerry McCann were in Germany and the Netherlands this week to publicise the search for their four-year-old daughter who has been missing for more than a month.

Before leaving for northern Europe, the McCanns had a meeting with police detectives at the British Consulate in Portimão.

Sources said the Tuesday meeting was in line with similar briefings given by police in the past, but "within the bounds of Portuguese secrecy laws".

The source added that "nothing new" was disclosed during the meeting.

British Consul Bill Henderson told **The Portugal News** that the Consulate served "as a facilitator" and was providing constant "consular assistance" to the McCanns.

Meanwhile, police spokesperson Olegário Sousa said that while his colleagues are still in the dark over the possible sighting in Morocco, he admitted the waiting period of more than three weeks to be "normal".

However, in comments to **The Portugal News**, he revealed some impatience at police here not having received any information from Rabat.

"Perhaps you should phone them", he argued, saying Portuguese police could only communicate with their Moroccan counterparts via Interpol.

But police in the North African state have maintained complete silence over the case.

Portuguese police said they are also waiting for confirmation of whether or not the Marrakech fuel station where the alleged sighting took place is equipped with CCTV.

Chief Inspector Sousa explained: "Even if there were cameras, we still don't know if they had film".

Norwegian Mari Olli, 45, is



Kate and Gerry McCann, parents of the disappeared Madeleine, show a shirt of their daughter at a press conference in Berlin on Wednesday. The McCanns called on German tourists to Portugal to examine their holiday photos for potential information regarding Madeleine. (Photo: EPA/Jens Kalaene)

adamant she saw Madeleine in Morocco on May 9, six days after her abduction. Police took her statement on May 20 and 21.

Some British newspapers reported on Sunday that British investigators collaborating in the case had detected suspect cell phone conversations in Arabic referring to a "blond girl".

Police have also confirmed they have received "some" forensic results the past week, though admit that even if they were to establish a DNA match with a suspect or witnesses, it could not be considered as conclusive evidence, as more than a dozen people had been in and out of the McCanns' apartment in the days leading up to Madeleine's abduction.

Incidentally, a source close to the family said Gerry McCann drew a similar conclusion when confronted with a Portuguese newspaper report that a sixth person's DNA had been retrieved from the apartment from where Madeleine was snatched.

Local police did not take kindly to suggestions they had not taken a DNA sample from Robert Murat, their sole suspect in the investigations.

"The man is a prime suspect in this case, what kind of professionals would we be if we did not take samples?" charged Chief Inspector Sousa after he was con-

fronted with a newspaper report quoting the police's sole suspect Robert Murat as saying that police were yet to ask him to give a DNA sample.

But he has since confirmed that police took a second sample believing the first swab could have been "contaminated, taken in insufficient quantity or possibly as the first one had been lost".

Mr Murat has grown increasingly quiet after an interview published on Saturday in a British newspaper.

His mother, Jennifer, with whom Mr Murat lives, explained the reasons behind their silence to **The Portugal News**: "Half of what has been printed is nonsense", adding "We don't read the papers anymore and we stay updated by watching Portuguese television, but who have also been inaccurate in some of their reporting".

After the surprise house-to-house searches conducted this week in Praia da Luz in the block in which witness Sergey Malinka resides, a German woman has told a Portuguese newspaper that her home has now been searched twice since May 3.

"Three weeks ago, at around 9am while I was still sleeping, six police officers, some of them British, entered my apartment", explained Sabine Rossner in comments to Portuguese daily

Diário de Notícias.

"They told my boyfriend not to move while they looked under the bed", she said, adding that police paid her another visit last week.

Opting not to check under her bed again, they reportedly verified the contents of her fridge, cupboards and pantry.

She inquired to what she owed this second police visit to which they responded: "We are looking for Madeleine".

Russian national Sergey Malinka speaking to **The Portugal News** this week confirmed he is taking legal action against those who have tarnished his name, which besides some Portuguese and British newspapers, also include Portuguese police. When questioned what the motives were for possible court action, he answered with a question of his own: "Wouldn't you do the same if you were in my shoes?"

He added that police are still in possession of some of the computer equipment they seized the day he was taken in for a marathon session of questioning.

Police in the Algarve have named one suspect, an expatriate Briton living in the Algarve, but have made no arrests for lack of evidence.

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António Pina elected Algarve tourism chief



Hélder Martins with António Pina



His name was put forward rather suddenly, but even so, little more than a week after it was first reported that ex-civil governor António Pina was in the running for the position of head of the Algarve Tourism Board (RTA), he has now officially been elected to step into the shoes of Hélder Martins as President of the RTA.

With 24 votes in favour, seven against and one blank, the 61-year old former Algarve civil governor officially took over on June 6th, an occasion marked by the RTA's annual 'Beginning of Summer' party, held that night at the chic Libertus bar in Albufeira.

A new RTA executive committee has also been elected, chosen by the 33 members that comprise the Regional Committee, amongst which are the Regional Health Board, the Regional Association for Commerce and Services, and the Algarve Hotel and Tourist Resort Association.

Dr. Pina's official introduction to his role in the RTA took place during a ceremony in the Faro Civil Government building, and

was witnessed by State Secretary for Tourism, Bernardo Trindade.

In comments to **The Portugal News** last week, Dr Pina confirmed his intention to run for the post of RTA chief. "There was a need for the role to be filled", he said, adding: "When I was approached I had to make an immediate decision".

Mr Pina's successor will be Isilda Gomes, who became the Algarve's first female civil governor.

Isilda Maria Prazeres dos Santos Vargues Gomes was serving as vice president of the Algarve Metropolitan Association Assembly and was once deputy mayor of Portimão City Hall.

Further warnings over Chinese toys

The European Commission warned parents of babies and young children in Portugal Tuesday to be on the look out for toys manufactured in China that pose a significant health risk.

The warning follows similar fears expressed by the Commission earlier this year when nearly one thousand Chinese toys were removed from retail outlets in both Portugal and Spain.

The Commission has alerted customs officials across the European Union to inspect all shipments of toys and certain other products from China and to confiscate those items that are considered a health hazard.

So far this year, about 20 per cent of toys manufactured in China and shipped to Europe have been found by Commission inspectors to contain industrial waste, including dirty carpet fluff, newspapers contaminated with chemicals and used instant noodle packaging. The inspectors have also detected some baby clothes containing harmful

chemicals.

"These fluffy toys with bacteria or even viruses in them could cause children to itch if they touch them for a short time, or even cause disease over the long term," the Commission said in a statement, adding that some toys have parts which could be broken off by children and swallowed.

China is the world's largest exporter of toys. Europe and the United States – which have strict safety standards regulations – have complained to Beijing about the quality of Chinese-made toys on several occasions.

The European Health Commissioner, Markos Kyprianou, told the AFP news agency last week that during 2006 about half of all goods withdrawn from sale in the EU because of health safety concerns were Chinese.

Lisbon wants to launch Chinese language teaching project

Portugal wants to launch a pilot project to teach Chinese in Portuguese schools, but needs cooperation from the Beijing authorities to develop the initiative, Lisbon's education minister has said.

Speaking Tuesday on a visit to Macao, Teresa Evaristo told Lusa the teaching of Mandarin in Portuguese classrooms would benefit both children of Chinese origin, by reinforcing

cultural identity, and their classmates by bringing increased employment prospects through knowledge of a "language of the future".

Lisbon's bilateral language cooperation project, still to get an official response from Beijing, would involve Portuguese teachers being posted to China and Chinese teachers giving classes in Mandarin in Portugal, the minister explained.

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Deafness on the up among Portuguese youths

Specialists have warned that there is an increasing number of Portuguese youths who are suffering from irreversible hearing problems due to prolonged exposure to loud music at nightclubs, rock festivals or through the use of devices such as MP3s.

Indicating the problem to be of "disturbing proportions" two leading specialists have cautioned that a generation of youths with hearing problems is currently in the making.

Throat and ear specialist António Nobre Leitão says that the number of Portuguese youths and young adults with permanently hearing problems has soared in recent years, which is due to the over-exposure to music above 85 decibels.

While there are now official studies on the number of Portuguese that suffer from hearing problems, it is estimated that a million people (one in ten) in the country are affected.

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Egypt bans Portuguese pyramids



The Supreme Council of Egyptian Antiquities has rejected a request by Portuguese Postal Services asking to use the pyramids of Giza on a collection of stamps to mark the election of the 'new' Seven Wonders of the World.

"Egypt completely rejects any attempts to place the pyramids, the sole survivor of the ancient Seven Wonders to be used on stamps or in competitions", said Zahi Hawass, chairman of the reputed Council.

The Zurich-based New 7 Wonders Foundation removed the pyramids from the competition it is sponsoring after their inclusion sparked an outcry in Egypt.

The organisation, established by Swiss/Canadian filmmaker Bernard Weber, instead lists the pyramids - the only original wonder of the world to have survived to the present day - as an honorary candidate for which the public cannot vote.

Dating back 200 years before Christ, the ancient Greeks laid out the Seven Wonders of the

World.

Twenty-one sites from different historical periods around the world are still in the race, among them the Acropolis in Greece, the Statue of Liberty in the United States, France's Eiffel Tower, the Taj Mahal at Agra, the Colosseum in Rome and the Kremlin and Red Square in Russia.

The public can vote online on www.new7wonders.com or by phone, with the winners to be announced on July 7 in Lisbon.

Hawass has termed the competition a farce, and asked the United Nations Educational, Scientific and Cultural Organisation (UNESCO) to appoint 300 antiquities experts and intellectuals instead to choose the new wonders based on scientific and historical criteria.



Exports to Brazil climb 42 percent



Portugal's exports to Brazil increased by around 42 percent from January to May 2007 in an annual comparison and were valued at around US\$ 1.3 million, officials have said.

A source in Brazil's ministry of development, industry and foreign trade told Lusa that Brazilian exports to Portugal in the first five months of this year fell by nearly three percent in relation to 2006.

Total two-way exchanges between the two Lusophone states in the same period were valued at US\$ 7.8 million, up by almost three percent compared to 2006.

The main items in Portugal's export basket to Brazil were

polyethylene, additive-free lubricants, olive oil and acrylic ropes.

Oil, soya beans, sheet steel, sugar and beef were Brazil's primary exports to Portugal in the first five months of the year.

TPN/Lusa

Britain backs Portugal's plans to stage summit with Africa, hopes for Mugabe compromise



The United Kingdom fully supports Portugal's plans to organize the delayed Europe-Africa summit later this year during Lisbon's European Union presidency and hopes the two blocs find a "compromise" on how Zimbabwe, currently facing EU sanctions and travel bans on its leaders, is represented at the event, a British government source said.

In comments to Lusa, the same UK source said: "We want the summit to be useful and productive". The British government also believes "there is still time to find a compromise" over the Zimbabwe's presence, or otherwise, at the summit between the European and African Unions, scheduled for Dec. 8th and 9th in Lisbon, added the

UK official. London was among a group of EU capitals that campaigned against the presence of Zimbabwean President at a follow-up EU-AU leaders' summit in 2003 to the first meeting between the two blocs, organised in 2000 during Portugal's previous stint in Europe's driving seat.

The second summit was postponed indefinitely due to irrec-

oncilable rifts between European and African leaders on the presence of Harare's controversial head of state.

Earlier this year, the EU extended its sanctions against Zimbabwe, including an arms embargo, asset freezing and a travel ban on President Mugabe and the leadership of his ZANU-PF regime. TPN/Lusa

Lisbon grants €100,000 to support disadvantaged Cape Verde kids



The Portuguese government will grant 100,000 euros to finance two projects to support disadvantaged children in Cape Verde, officials announced ahead of commemorations for International Children's Day last Friday.

In a statement, the Portuguese Foreign Ministry said 40,000 euros will be used to buy two vehicles for juvenile emergency centres in Praia and

Mindelo.

These facilities shelter and support maltreated children and refer them, if necessary, to other social institutions.

Portuguese support will also provide 58,000 euros to a project to reintegrate 60 street kids.

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Defence Minister in US for talks on EU, defence issues



Portuguese Defence Minister Nuno Severiano Teixeira travels to the United States this week for talks with American counterpart Robert Gates on issues including Lisbon's upcoming leadership of the European Union and Washington's proposed anti-missile defence system, an official said.

A Lisbon government official said that Minister Teixeira's meeting this Friday with the US defence secretary will include the situation in Afghanistan, Kosovo and the Lebanon, three countries where Portugal has

contingents of peacekeeping troops. The Portuguese minister will also analyse plans by the US to create a controversial anti-ballistic system in Central Europe.

Lisbon's priorities for its 6-month EU stewardship from

July 1st, as well as ways to strengthen cooperation between the 27-state bloc and the NATO alliance, will also feature in the talks between Teixeira and Gates, added the same Portuguese source. *TPN/Lusa*



Finance Minister Fernando Teixeira dos Santos (R) chats with German Finance Minister Peer Steinbrueck (L) and Austria Finance Minister and Vice Chancellor Wilhelm Molterer (C) prior to the Eurogroup Council meeting at the EU Headquarters in Luxembourg on Monday (Photo: EPA / Nicolas Bouvy)

Shampoos covered by new chemical laws

Legislation requiring the safety testing of tens of thousands of chemicals – many in everyday use including those in shampoos – came into effect in Portugal Monday.

For the first time, it will be up to industry, rather than Portugal's regulatory authorities, to prove that chemicals are safe.

But environmental and consumer groups are saying the new rules do not go far enough and that people's health could still be put at risk.

About 30,000 chemicals are covered by the legislation – from fragrances in shampoos to paints and flame retardants. Safety data will now be required on all of them.

The most hazardous chemicals, which can cause cancer or changes in genetic material, will have to undergo extensive testing.

If there is a safer alternative, producers will have to use it as a substitute, unless there is a strong case for continuing to market the existing chemical.

The new requirements will be phased in between now and 2018. Producers are already working together to share the cost of testing, which the European Commission estimates will be up to 10 billion euros spread over 11 years.

But it said in a statement that this amount would be dwarfed by the benefits to health and the environment – 97 billion euros saved in health costs over the three decades.

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Court absolves woman who killed abusive husband



An Oporto Court has commended and absolved a 63-year old woman who killed her husband with an axe after "decades of abuse". The decision was greeted with a round of applause from the approximately 40 people who heard the court's ruling.

Luís Vaz Teixeira, the defendant's lawyer said that in 25 years of practising law, it was the "first or the second occasion" that he had heard people openly applauding as a judge was reading out a ruling.

During the reading, the presiding judge said that Maria Clementina acted in self defence when she killed her husband, and her actions averted her becoming yet another victim of domestic violence.

In support of the ruling, the judge remembered the 39 women who have died in Portugal this year after being the victims of domestic violence.

The panel of judges also noted

that the defendant acted "under enormous psychological pressure" after being subjected to four decades of abuse, which often involved the couple's two daughters, who are now in their mid-thirties.

The incident that led to her husband's killing took place in September 2004 in Oporto.

At the time, the defendant and her two daughters were being threatened with a pickaxe to which Mrs Clementina responded by defending herself with a kitchen axe.

The court accepted that despite "repeatedly" striking her late husband on the head, her actions were acceptable under the

circumstances.

The prosecution had at the start of the trial noted that Mr Clementina's homicide occurred as a consequence of the abuse he inflicted on his wife and children.

Nonetheless, they had called on the court to find the defendant guilty of what is termed "privileged manslaughter", which is punishable with a maximum jail term of five years and is usually applied when "crimes of passion" are prosecuted. At the end of the trial, Mrs Clementina said she hoped the verdict would serve as "an example", adding that had she denounced her husband, she would have "suffered more".

PM Sócrates, French president agree on need for scaled-down EU treaty



Portuguese Prime Minister José Sócrates, whose country takes over the rotating European Union presidency next month, said this week that he supports proposals by French President Nicolas Sarkozy for a slimmed-down EU treaty to replace the bloc's stalled constitution project.



French President Nicolas Sarkozy (R) welcomes Prime Minister José Sócrates (L) prior to their meeting at the Elysée Palace in Paris, France on Monday. (Photo: EPA/Melanie Frey)

President Sarkozy, speaking alongside the Portuguese leader after their meeting in the Elysée Palace, said: "We are in agreement over a new treaty that will allow an escape from the constitutional impasse".

Prime Minister Sócrates, in turn, declared: "I believe we both share the same diagnosis of the situation. Europe must resolve its problem with the constitution".

Both leaders were optimistic over the EU's prospects of resolving its current constitutional deadlock, with Sarkozy saying: "If we are Europeans, we must escape from immobility and impasse".

Mr Sócrates, acknowledging the impasse created by French and Dutch voters rejecting the treaty two years ago, preferred to speak of his "confidence and

optimism" in fixing the stalled constitution.

"I know there is awareness among European leaders that we must respond to the problem and that we cannot ignore it or pretend it doesn't exist".

The two leaders met to discuss Lisbon's priorities for its upcoming stewardship of the EU, which gets under way July 1st. Portuguese officials said, ahead of the encounter, that Lisbon's planned Europe-Africa summit, immigration issues and relations between the EU and North African states would also be on the agenda.

Sócrates and Sarkozy also used their press conference to address the EU's increasingly frosty relations with Russia, on the same day that President Vladimir Putin said he would

aim missiles at Europe if the United States goes ahead with plans to deploy anti-ballistic missile defences in Central Europe.

Russia, said the Portuguese prime minister, should not see the US initiative as anything other than a "defensive proposal". The project to build security in Europe must include Russia, added the Portuguese leader, and the 27-state bloc should work to establish a strategic partnership with Moscow.

President Sarkozy said he would use his first meeting with President Putin this week, at the G-8 leaders' summit in Germany, to hold "frank" talks with the Russian leader, including the threat to point missiles at Europe. *TPN/Lusa*

Portugal to oversee historic EU/Brazil pact

The European Commission announced Tuesday that Portugal's European Union presidency commencing on July 1st, will herald the signing of an historic agreement between the EU and Brazil.

Portugal's presidency will oversee the creation of a pact that will cover science and technology innovation and clear the way for Brazil to join the International Thermonuclear Experimental Reactor project.

European Commission President Durão Barroso told journalists in Brussels he welcomed the proposed agreement, saying: "Brazil is an important partner for the European Union. We not only share close historic and cultural ties, values and a strong commitment to multilateral institutions, we also share a capacity to make a difference in addressing many global challenges such as climate change, poverty, multilateralism, human rights and others".

He expressed confidence in Portugal's ability to engineer the signing of the pact and pointed out that "by proposing stronger ties, we are acknowledging Brazil's qualification as a key player to join the restricted club of our strategic partners".

Science technology and innovation have gained in importance in Brazil and continue to do so, to the point where the government intends to double the country's investment in research, which currently stands at one per cent of gross domestic product.

Portugal will also establish an agreement between Brazil and EURATOM, the European Atomic Energy Committee, along similar lines with pacts already in place with other countries.

Such an agreement would focus on the specific field of nuclear fusion, promoting Brazil's accession to the EU and United States nuclear research project.

The proposal also addresses space research. Brazil is already

a partner in Galileo, the EU's satellite navigation system programme. Cooperation within the framework of this partnership will be further intensified through a new agreement based on information exchanges and contacts.

Other areas to be addressed by Portugal's EU presidency will be closer collaboration with Brazil on information and communication technologies (ICT), protecting the environment, energy, trade and economic relations, transport, higher education, culture, justice, freedom and security.

"Over the last years, Brazil has become an increasingly significant global player and emerges as a key interlocutor for the European Union. However, until recently the EU-Brazil dialogue has not been sufficiently exploited, being carried out mainly through the EU's trade negotiations with MERCOSUR (the South American trade group)," Mr. Barroso said.

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The President of the European Union (EU) Commission José Manuel Barroso talks at a press conference with former General secretary of the World Trade Union Peter Sutherland (C) and an unidentified guest by his side in Berlin on Monday. Barroso, who stressed his commitment to binding climate protection aims, will represent the EU at the G8 summit in Heiligendamm. (Photo: EPA/Soeren Stache)

Barroso's cautious welcome to US climate change plans



European Commission chief Durão Barroso gave a cautious reaction Monday to United States President George W. Bush's proposal for capping greenhouse gas emissions, saying he hoped it was headed in the right direction.

"I see President Bush's commitment for long-term goals to combat climate change as a step in the right direction," Barroso told journalists in Berlin.

Bush last week announced that he wanted to work with his fellow leaders of the Group Eight wealthiest nations—who meet in Germany this week—to create a new framework to cap greenhouse gas emissions.

Under intense international pressure to take action, Bush proposed his long-term global goal for reducing greenhouse gases but gave no indication as to the size of the emission cuts Washington might commit to.

"I am pleased the United States has used the G8 summit this week as an opportunity to make a contribution to the multilateral United Nations process to face this global challenge," Barroso said.

"I believe this has to remain the basis for setting and achieving binding, measurable and enforceable targets," he added.

Fighting climate change is now a major issue on the EU's political

agenda. The 27-member states agreed in March to cut emissions of heat-trapping carbon gases by 20 per cent within the next 12 years, compared to 1999 levels. The EU has offered to increase this to 30 per cent if other major polluters follow suit.

In addition to this initiative, Brussels is now more than pre-

occupied with putting plans in place to overcome the adverse effects that climate change is already having on the EU's economic, health and environmental sectors. Among them are proposals to introduce a common EU-wide limit on carbon emissions from motor vehicles and industrial plants.

EU SNIPPETS

Majority of Dutch want modified EU treaty

Nearly two years after Dutch voters rejected the EU constitution in 2005, a majority would support some form of treaty either in the original or modified form, according to a poll released Monday by pollster Maurice de Hond. The poll shows that 23 per cent of Dutch citizens are still in favour of the voted-down constitution while another 29 per cent say they would support a modified treaty. Some 34 per cent of mainly eurosceptic respondents said they would not support any new treaty while 14 per cent were undecided. The Dutch public wants the treaty to change on several fundamental issues. Fifty nine per cent want the clauses putting European law above national law taken out. Another 57 per cent want veto rights for member states to remain on certain issues.

Czechs protest over EU-backed US defence systems

Czechs staged another protest against United States plans to build a radar station in their country—a project backed by the EU. The US says that expanding the defence system will protect both America and Europe from any attack by Iran or other so-called "rogue states". Neighbouring Poland—set to host US interceptor rockets—has seen similar protests. Over 2,000 people attended the protest last Saturday, which passed off peacefully. Protesters were of a mixed background with pensioners marching alongside punks and members of the far-left Union of Communist Youth marching shoulder to shoulder with right-wing groups. Former Czech foreign minister Jan Kavan told BBC News: "To install American military bases here without asking the population their opinion on such an important issue is contrary to my perception of democracy".

EU Pumps a Further 120 million euros into Europe's wine trade

The European Commission proposed Monday that at least 120 million euros be spent each year on promoting European wine worldwide. The proposal, to cover the years 2009 to 2015, will form part of a wider reform of the wine sector to be unveiled by the EU's executive arm on July 4th (see *The Portugal News* May 26th edition). In a statement, the Commission said the 120 million euros should be a "minimum for promotion". The campaign will help European wine exports at a time when the world market is increasing, according to EU Agriculture Commissioner Mariann Fischer Boel. The EU's approach is being contested by Europe's wine growers who would prefer to centre promotional campaigns within Europe where 75 per cent of the world's wine is drunk.

Spanish police foil one of EU's biggest counterfeit gangs

Spanish police last week dismantled a huge forgery ring making counterfeit euros and arrested 14 of its members, most of them Ghanaian nationals. Police estimate that the gang was one of the biggest operating in the EU. Each month, the group of criminals had introduced on average 60,000 euros in fake bills used to purchase goods in shops in the north-eastern Catalonia region of Spain. Some of the banknotes, in 20, 50 and 100 euro-bills, had arrived in Spain by plane, but the ring had also acquired a high quality printer to forge bills themselves in Catalonia. The police said the "forgery method used is considered the most dangerous at a European level", and most of the phoney notes had only been detected by banks. In all, 61 people have been arrested since the investigation began in September 2006. Spanish police seized one million euros in fake bills during the course of several operations last year.

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A chance for Lisbon to "generate consensus" on treaty?

José Manuel Barroso, head of the European Commission, has said that the forthcoming Portuguese EU presidency will be a good opportunity for Lisbon to show its "capacity to generate consensus" to bring forward the bloc's stalled treaty.

"It would be good if Portugal can demonstrate, once again, its capacity to create consensus in order to accelerate the European constitutional process", Barroso said at an international conference on regions in Portugal's second city, Oporto.

Barroso, a former Portuguese prime minister, said he supported a "more compact" and "simplified" treaty, although this scaled-down document is not as "ambitious as I would like", but will allow efficient decision making within the expanding EU.

The European Commission chief also said he hoped an inter-governmental conference will held during the Portuguese EU presidency, beginning July 1st, to seek consensus to break the current impasse over the treaty.

TPN/Lusa

Shoot-out on motorway as cash van robbery goes awry



Four hooded villains failed to pull off a daring robbery on the IP4 motorway after security guards trusted their lives to the safety of their armoured vehicle carrying an undisclosed amount of cash.

The four attackers used three vehicles and abandoned two of them following the botched robbery, fleeing in a BMW.

One of the cars they left behind, an Audi, had been stolen in a carjacking days earlier involving a footballer from Fafe, the local team.

The robbery took place at around 6am on Monday morning,

with two cars being used to force the security van to a standstill.

Once stationary, the security guards were ordered out the van. Upon their refusal to do so, three of the robbers started firing rounds from their shotguns at the vehicle, but to no avail.

Due to the incident, traffic on the IP4 was diverted until around 10am that morning.



The security van and two vehicles left behind after an attempt at a heist on the IP4 between Amarante and Vila Real last weekend. (Photo: Lusa)

Expats Fare Well in Spanish Elections



Expatriates living in Spain have done better than expected in local elections, to the point where several of them are considering standing in next year's EU parliamentary ballots.

In some councils in the province of Alicante, these new political groups won as many seats as the mainstream Spanish parties in last week's poll.

Many of the successful candidates are British and together with their Dutch counterparts campaigned on the issue of corruption in local councils. San Fulgencio and Rojales were among the towns where they did well.

The Independent Mediterranean Alliance (AIM) received more than 20 per cent of the

votes cast in San Fulgencio, winning as many seats as the Socialists and Popular Party, Spain's biggest mainstream parties.

AIM's vice-president, Mike Blake, says his group should have enough power to reduce urban planning corruption in local councils.

Expat politicians are pleased with the results, but say they could have fared even better if there had been a higher voter turnout among non-Spanish European residents.

Industry pledges to phase-out inefficient lamps

Europe's lamp manufacturers have this week published details of an initiative to phase-out the least efficient household lamps from the European market by 2015.

According to industry calculations, this initiative would lead to a 60 per cent reduction of CO₂ emissions from domestic lighting and savings of seven billion euros or 63,000 GWh of electricity per year.

The lamp industry initiative comes after the European Commission presented in October 2006 its Energy Efficiency Action Plan.

The plan announced tougher energy performing standards for 14 groups of products, enlarged to 20 at the beginning of the year. Street, office and household lighting are among the products targeted.

The so called "Eco-design" directive gives power to the EC

to set energy efficiency requirements after an economic and environmental assessment and consultation with a "Stakeholders Forum".

On 22nd June, the Forum will meet to discuss the envisaged measures for street lighting. Also at the end of the month the Commission will launch the economic and environmental assessment for household lighting.

The next step in the energy efficiency action plan will be the analysis of the National Energy Efficiency Action Plans that all member states have to present before 1st July, as requested by the End-use Efficiency and Energy Services Directive. This legislative act establishes indexed targets for energy efficiency for member states who must present national action plans with sound measures to achieve savings of, on average, one per cent annually over the next 9 years.

tograph published on page 12 of last week's edition as being "Jenny, the mother of Robert Murat".

Similarly, we take this opportunity to also apologise to Mrs Jenny Murat for this lapse.

Our apologies

The Portugal News wishes to apologise to a reader who wishes to remain anonymous after she was identified in a pho-

Portugal in the dark over EU referendum

Foreign Minister Luís Amado has declined to say whether Portugal will hold a referendum on the future European treaty, arguing that the issue was a "point of reference in the negotiations" underway with EU partners ahead of Lisbon assuming the bloc's presidency on July 1.

"It's not a question that is a point of reference for us, but it is a point of reference in the combined negotiation package, and Portugal, which will assume the responsibilities of the presidency within weeks, must take into consideration the position of its European partners and what they consider important in the negotiating process", Minister Amado said.

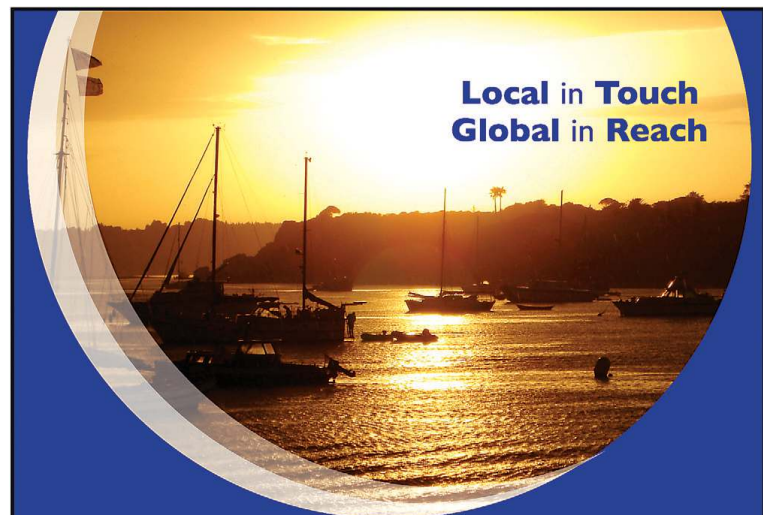
Mr Amado, speaking to journalists after a meeting with his Finnish counterpart, Ikka Kaneva, said that the treaty's ratification process was a "starting point" for countries like Germany, Britain and the Netherlands which want to "avoid a referendum".

He recalled that Prime Minister José Sócrates had stated that Portugal planned to hold a referendum, but that it was "too early" to discuss the issue.

As far as a new draft treaty was concerned, Mr Amado said Lisbon's "point of reference" is the draft constitutional treaty that got the consensus of the 27 EU members, but was sunk by referendum in 2005 in France and the Netherlands.

Mr Amado said the bloc was witnessing a "new reality" and "a dynamic of new forces" that should be taken into consideration and that Lisbon favoured a solution that would give the EU "a new treaty the soonest possible".

Forecasting that the European Council meeting set for June 21-22 would be "hard and difficult", Mr Amado expressed confidence that the current German presidency would do "its best" to find a "balance" with the headline position recently taken by Poland, including Warsaw's challenge to the proposed decision-taking system. TPN/Lusa



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Tariff quotas for fish products



Ocean cages off the coast from Olhão, used for breeding fish, will enable the Algarve to pass their capacity to produce 80 tons of fish a year. (Photo: Lusa / Luis Forra)



The European Commission tabled a proposal for autonomous Community tariff quotas for a number of fisheries products. This proposal, which covers the period 2007-2009, is aimed at facilitating imports from third world countries to supply the EU processing industry with raw material in order to maintain its competitiveness.

The main changes compared to the 2004-2006 regime include increases of some quotas, such as those for cod, shrimp and anchovies, the introduction of new quotas for fillets of cod, sole and hake for example, and deletion of some quotas such as cod liver and whole Alaska Pollack due to their poor utilisation.

Joe Borg, European Commissioner for fisheries and maritime affairs said: "We need to ensure that our processing industry has access to the necessary fish products for their activities. In

recent years, there has been a shortage of some raw material due to depletion of a number of stocks. Our proposal aims to facilitate the industry's ability to import the necessary raw material, so as to keep its competitiveness".

Autonomous tariff quotas are aimed at facilitating access to fish products intended for processing by way of reduced custom duties. This means that given quantities of these products can be imported at 0%, 4% or 6% duty.

Electrabel buys wind farm for 55 million euros

European power utility Electrabel has bought a 32 Megawatt wind farm in northern Portugal from Gamesa of Spain in a deal worth 55 million euros, com-

pany sources said.

The 16-turbine generating plant at Serra do Ralo is Electrabel's second wind farm in Portugal. The company acquired

is first Portuguese wind farm, with an 80 Megawatt capacity, in 2005 at Fafe in the north of the country.

TPN/Lusa

Dramatic increase in number of counterfeit cigarettes smuggled into Portugal



The European Commission announced last week that the number of counterfeit cigarettes discovered by customs being smuggled into Portugal during 2006 was nearly six million compared to 2.5 million the previous year.

Figures produced by the Commission's official survey office, Eurobarometer, show that more than 60 per cent of counterfeit articles seized by Portugal's customs last year were cigarettes.

There was also a sharp rise in fake textiles, medicines and computers with the majority of them being shipped into Portugal via Algeria, Turkey, Egypt and the United Arab Emirates from mainly China and India, according to Eurobarometer.

A similar picture emerged across most western European Union states where seizures of counterfeit goods, overwhelmingly of Chinese origin, soared at Europe's borders last year.

EU customs officials seized more than 250 million fake articles during 2006 compared to 75 million the previous year and

100 million in 2004.

The increase in the amount of fake medicines being smuggled into Portugal as well as other western EU states is of particular concern to Brussels and Lisbon.

Eurobarometer said that the majority of counterfeit medicines headed for Europe are ordered by unsuspecting patients over the Internet and they are delivered by post or plane.

The most popular brand names are medications such as Cialis and Levitra, while Viagra also features in a counterfeit league table that contains "other serious medicines including anti-cholesterol, anti-osteoporosis and medication to control hypertension," according to Eurobarometer.

The European Taxation and Customs Commissioner, Laszlo Kovacs, told reporters in Brus-

sels that the fight against counterfeiting has been complicated for customs services by changes in routes used by criminals. He said that during 2006 more and more fake goods were being smuggled into Europe by way of the Iberian Peninsula from North Africa, whereas before, Eastern European countries were the principal transit routes.

"Counterfeiting continues to constitute a dangerous threat to our health, safety and the economy," warned Commissioner Kovacs. Counterfeit cigarettes alone cost EU member states 460 million euros in lost tax revenues last year.

In all, EU customs departments made more than 36,000 seizures of various faked goods in 2006, 40 per cent more than the previous year.



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More passenger traffic at country's second largest airport due to budget operators

The number of passengers using Portugal's second largest airport increased almost 14 percent in May 2007 in a year-on-year comparison, largely driven by low cost flights, airport officials announced.

According to figures disclosed

by airport authorities, "significant" passenger traffic growth last month at the Francisco Sá Carneiro International Airport in Oporto was largely fueled by the low-cost sector, accounting for 30 percent of passenger numbers of 328,000.

A total of 3,224 tons of freight was flown from and into Oporto's airport during May.

Oporto airport has had 1.4 million passenger arrivals and departures and handled 20,000 tons of cargo since the start of the year.

TPN/Lusa

The War of Six Days and Forty Years

On the 5th of June, 1967, Israel launched a pre-emptive war against Egypt, Syria and Jordan. In six days it annihilated the Arab air forces, defeated the Arab armies, and conquered the Sinai Peninsula, East Jerusalem, the West Bank, the Gaza Strip and the Golan Heights. It seemed like a decisive victory at the time — but forty years later, the outcome is still in doubt.

By the 10th of June, 1967, the amount of territory under Israeli control had tripled. Most of it was the empty desert of the Sinai Peninsula, which was returned to Egypt eleven years later in exchange for a peace treaty. The Israeli government also decided in principle in 1967 to give the Golan Heights back to Syria in return for a peace treaty, although that deal has still not happened. But no decision was ever taken to “give back” East Jerusalem, the West Bank and the Gaza Strip. The temptation was too great. From the start, the Israeli-Palestinian dispute has been about two things: demography and land. If Israel was to be a Jewish state, then most of the Palestinian Arab population had to be removed, and that deed was accomplished during the independence war of 1948-49. Some of the Arabs fled and others were driven out, but by the end of the war the Arab population of the land under Israel’s control, which had been close to a million, was only two hundred thousand.

As Benny Morris, the doyen of the “new generation” of Israeli historians, put it in “The Guardian” in 2004: “Pillage (by Jewish fighters) was almost de rigueur, rape was not infrequent, the execution of prisoners of war was fairly routine during the months before April 1948, and small and medium-scale massacres of Arabs occurred during April, May, July and October to November. Altogether, there were some two dozen cases.” So by 1949, Israel was an overwhelmingly Jewish state. David Ben-Gurion, the country’s first prime minister, noted in his diary: “We must do everything to ensure they (the Palestinian refugees) never do return.” We would now call it “ethnic cleansing” — no matter why the refugees fled, if you don’t let them go home again when the shooting stops, that’s what you are doing — but it was vital to the project of founding a Jewish state in former Palestine. And for twenty years, it worked. Before 1967, Israel was

militarily insecure but demographically triumphant: 85 percent of the people within its frontiers were Jewish. Then, with the victory of 1967, it showed that it had become militarily unbeatable, a fact that was confirmed by the last full-scale Arab-Israeli war in 1973. But the conquests of 1967 revived its old demographic insecurities, for most of the Palestinian refugees of 1948 were now back in the same political space as the Jews. Many Israelis saw the danger, and urged that the West Bank and the Gaza Strip be handed back to the Arabs (though almost none were willing to give back East Jerusalem). A few brave souls even argued that the occupied territories should become the Palestinian state that had been promised in the United Nations resolution of 1948 that partitioned Palestine and created Israel. But most succumbed to the lure of the land. Jewish settlement in the West Bank began almost immediately. By now, forty



An Israeli infantry soldier carries his weapons and gear as he kicks up dust while returning to an armoured Israeli military base near Nahal Oz on 6 June, after operations inside the Gaza Strip. A large contingent of Israeli tanks, APC's (Armoured Personnel Carriers) and armoured bulldozers, called D-9, returned to this base following operations in the northern part of the Gaza Strip. (PHOTO: Lusa/EPA/Jim Hollander)

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years on, there are 450,000 Jews in former East Jerusalem and the West Bank (plus another 17,000 in the Golan Heights). None of that could have happened without the 1967 victory, but the implication is that the separation of the populations that happened in 1948 has been undone.

All the land between the Jordan river and the sea is effectively a single political territory, because Israel ultimately controls all of it. There are now ten million people living in that space, but only a bare majority of them are Jews: 5.5 million, versus 4.5 million Palestinians. Since the Palestinians have a much higher birth-rate, they will become the majority by 2015, less than a decade from now.

This is what Israelis call the “demographic problem,” but it is really a political and territorial problem. If they want to hang on to the land, then they are stuck with the Palestinians who live on it. If Israel is truly democratic and grants all these people the vote, then it will cease to be a Jewish state. If it chooses to remain Jewish by excluding them, then it is no longer democratic. And yet it cannot bring itself to let the occupied territories go.

The 1967 victory has brought Israel two generations of military occupation duties, two

Palestinian uprisings, and a chronic terrorist threat. It has also brought it an existential political threat, because essentially what 1967 did was to reunite the Palestine that had been divided in 1948. What if, one day, the Palestinians simply accept that fact?

Ehud Olmert, now Israel’s prime minister, put it bluntly in an interview with “Yedioth Ahronoth” in 2003. “We are approaching the point where more and more Palestinians will say: ‘We have been won over. We agree with (extreme right-wing Israeli politician Avigdor) Lieberman. There is no room for two states between Jordan and the sea. All that we want is the right to vote.’ The day they do that is the day we lose everything.”

Gwynne Dyer is a London-based independent journalist whose articles are published in 45 countries.



Gwynne Dyer.

Pylon controversy reaches fever pitch



A high-tension pylon route presently taking shape in the region and being mapped out in accordance with the will of national electricity company REN is being fought against by thousands of affected residents across the Algarve. The lines are intended to reinforce existing energy supplies, especially to better cater for the summer influx of tourists.

Initially, two alternatives were suggested for the route, one north of the Arade dam, one south of the Arade dam, though it was the latter possibility, a route which passes through some of the region's most naturally rich and beautiful areas, amongst which are Vale Fuzeiros, Silves, and Alcalar in Portimão, that was selected.

Stretching from Tunes to Portimão, the route in fact comprises two lines, a 150 kV line to reinforce and extend the existing structure, and a 400 kV line, which is to be the system's main boost and will run from west to east of the Algarve. As well as significantly upping energy feeds in the western Algarve, this second more powerful line is also intended, in the near future, to create a new connection from the region of Alcoutim to Spain.

The visual and health implications that the structures imply were enough to shake the small Vale Fuzeiros community in Silves, a renowned area of regional history and cultural heritage. But it has been the apparent lack of answers and transparency from the city hall that seems to have caused tempers to flare.

The residents of Vale Fuzeiros, who have subsequently formed the Vale Fuzeiros Inhabitants' Commission (VFIC), have now taken their campaign to the top with an official complaint to the Portuguese Ombudsman.

Supporting their motion is an

edict from the General Board of Geology and Energy (DGGE), published in national newspaper *Diário de Notícias* on January 19th, 2007, which initiated a period of public debate concerning REN's project.

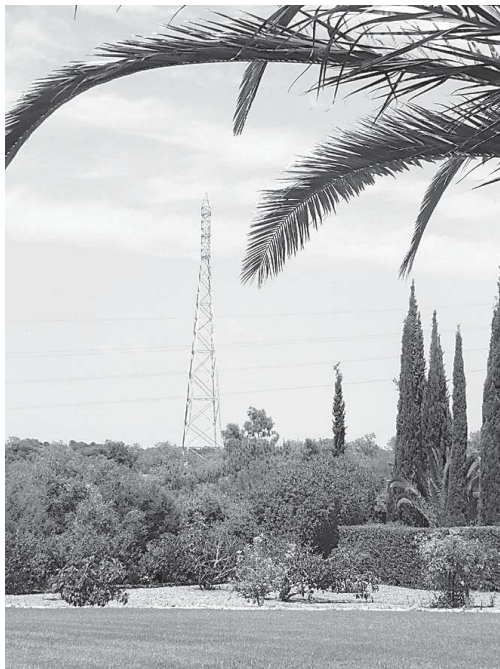
The same edict was sent to Silves Town Hall and was received on January 4th, 2007, requesting that it be posted publicly. From the date of publication in the *Diário de Notícias*, residents would have 15 days to object to the project or voice concerns.

According to various sources, the edict was eventually posted at the beginning of April, nearly four months after the stipulated date. In failing to post the notification on time, Silves Town Hall far surpassed the critical 15-day period from its publication in *Diário de Notícias*.

Another point made by the Vale Fuzeiros Inhabitants' Commission in their formal complaint is the whereabouts of an Environmental Impact Study coordinated by the Portuguese Environmental Agency (APA).

Initiated in March 2005, various independent entities were enlisted to give their recommendations, including Silves Town Hall and IPPAR, the Portuguese Institute for National Heritage and Regional Archaeology.

Despite IPPAR's negative responses, recommending REN opt for the northern route as seven individual sites of natural and historical interest around the Vale Fuzeiros area would be af-



ected, it also confirmed the southern route did not cross any areas "that are officially classified or in the process of being classified as national heritage".

Silves Town Hall's contribution to the study is yet to be made public.

The study was completed in March 2006 and in April of that same year it was sent off for environmental evaluation and licensing.

While REN have confirmed all necessary legal requirements were complied with, they also confirmed a number of informal meetings with Silves Town Hall were held during the process of the project's completion.

REN's main defence for opting for the southern route was "Safeguarding the protected areas of the Arade dam, greater dis-

tances from archaeological sites, to avoid passing over urban areas or areas of urban potential defined by Municipal Planning Directives (PDM's), isolated habitations, or areas of the Arade, Odelouca or Monchique mountain range that integrate the REDE 2000 nature protection plan".

Regarding health concerns REN told **The Portugal News** this week, "All required calculations have been made and the project at hand presents figures relatively inferior to the maximums stipulated by law".

The company also states, "In regards to electromagnetic fields, there is no particular relevance, in many cases the fields generated by high tension infrastructures belonging to the National Transport Network are inferior to those that people are subject to everyday in their own homes produced by low-tension".

REN also believes that sufficient public information was given, and that the reinforcements of the present system are necessary, given the fact the Algarve is increasingly affected by tourism.

It has also emerged that the region of Silves is the area most affected by the pylons, though in Portimão, the historically rich area of Alcalar, which is famed for its megalithic remains, will also be affected.

The neighbouring area of Monte do Judeu has already seen the construction of pylons, which are an extension and reinforcement of the existing network.

One resident was surprised when finding a mammoth metal skeleton a stone's throw from his garden boundary upon returning from a day out with his wife.

Describing their reaction and feelings towards the structure as "terrible" and "distraught", Mr

and Mrs Cave have lived in the region for five years, but, in similarity with the residents of Vale Fuzeiros, only found out about the plans little over a month ago, long after they had been decided by respective authorities.

The Portugal News tried to contact the town halls of Silves and Portimão on numerous occasions, to clarify the various irregularities and inconsistencies in reports, but no response was obtained.

However, it appears, at least for the residents of Vale Fuzeiros, that their situation is brightening up. Following a public assembly meeting with Mayor Soares on Wednesday (June 6th), top members of the Vale Fuzeiros Inhabitants Commission were promised some form of action on the Town Hall's behalf.

Reportedly, for the first time, when informed of the official complaint waged against the city hall to the Portuguese Ombudsman, Mayor Soares committed herself to help in the fight by offering transport for the VFIC to take their campaign to Lisbon, should no action be taken by the government in the next few weeks.

"The lines will kill all hopes of rural tourism", a VFIC spokesperson told **The Portugal News**. "There are projects in the pipeline that will be scratched. Investments will be lost".

Another of the VFIC's main concerns is the accessibility to houses in case of summer fires.

"In the past Vale Fuzeiros has been severely affected by the fires, and if these pylons do go up then it may affect accessibility to highly populated agglomerations, especially by air. And what person wants to go near lines that carry 550 Kv of electricity?"

WEB

Web (INTERNET) noun [S]

the system of connected documents on the Internet, which often contain colour pictures, video and sound, and which can be searched for information about a particular subject:
(From *Cambridge Advanced Learner's Dictionary*)

If only creating a website was as easy as that

It all sounds so simple and straight forward doesn't it? Well perhaps it used to be, but it isn't now. Today's surfers are web savvy, demanding, and expect much more than a few pictures and words put together using a standard web site template.

Today's web site can put your company and services right into your clients home or business. It can deliver streamed video, virtual tours, take orders, and receive credit card payments, in fact there's not much you can't do via the web.

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What can the Chamber do for you?

It is often asked what exactly it is a Chamber of Commerce does, how it can help maximise the success of a business venture, and why a person or company should take out membership. To help clarify the role of a Chamber of Commerce and what exactly members can expect from it, **The Portugal News** took a closer look at the British-Portuguese Chamber of Commerce and its history.

Established in 1911, the British Chamber of Commerce (BPCC) has, for nearly a century, played a vital part in the success of a wide scope of businesses in Portugal and their overall performance.

Now counting an estimated 460 members, it provides an essential 'port of call' for both new and established businesses, which may be looking to boost their portfolios or promote their potential.

From multi-national corporations to individuals, each member has his or her own reasons for joining the Chamber.

In return, the Chamber has the sole mission of being useful to all - no matter how large or small.

Any company is eligible for membership, and all members benefit not only from discounts on a number of services, but also from joining a network of companies interested in Brit-

ish-Portuguese commerce, with all the communications and opportunities this implies.

According to Chris Barton, one of the BPCC's Lisbon Board's directors, it is hard to pinpoint any single description of what the BPCC's exact role is, though "The biggest common denominator is bringing people together".

"Each member is a different reason for the BPCC's existence and every member will get something different from it", he explains, likening the Chamber's functions to those of a "Business broker, but not a sales person".

In essence, the Chamber's mission statement (as can be seen on the website www.bpcc.pt) is 'to promote bilateral trade and business opportunities between Portugal and the UK by assisting companies engaged in bilateral trade to gain access to the appropriate services, guidance and contacts for the furtherance of

their business'.

Various methods are applied to achieve this objective, like the organising of networking lunches, cocktail soirées or dinners, responding to enquiries through monthly publications, or posting useful and updated information on the website.

Politically unbiased, the Chamber works alongside various governmental bodies, irrespective of political party or preferences, to keep abreast of current affairs and further encouraging Portugal-UK ties.

It is a totally independent organisation, financed solely by the subscriptions of members and through profits arising from Chamber events and the services that are provided.

Membership fees vary and those interested in joining can choose from three different categories (standard class, corporate or executive), depending on various needs and objectives.

Costa da Caparica reconstruction starts this month

As of next week some 700,000 cubic metres of sand, dredged from Lisbon's port, are to be spread along a number of Costa da Caparica beaches, to reinforce and restructure the coastline after it was washed away earlier this year following harsh winter tides and heavy rain fall.

Initial estimates stated that 500,000 cubic metres of sand would be dredged to reinforce the São João beaches, though that figure has since risen to 700,000 cubic metres. Works are hoped to be complete by August and the first shipment of sand should arrive in the next 15 days.

The first phase of Costa da Caparica's restructuring process started in 2006 with the replacement of all the rams on the south beaches. A new coastal defence will

also be reconstructed after it was washed away earlier this year.

This year, in total, the second phase predicts that some three million cubic metres of sand will eventually be shifted to boost the Caparica coastline, the first 700,000 will take place along various beaches this year, the rest being left until 2008.

Minister for the Environment, Francisco Nunes Correia, said the works would allow next winter to "be calmer and more tranquil", and that it was necessary to do this type of work during summer as in winter it would not be possible.

When complete, in 2008, the overall project should protect Costa da Caparica against coastal erosion, was seen last winter, for the next decade.



Minister for the environment Francisco Nunes Correia, during his visit to Costa da Caparica on June 4th. (Photo: António Cotrim / Lusa)

Panic on subway as mystery gas is unleashed on passengers

Passengers travelling from the Lisbon Saldanha subway station one morning last week were thrown into a state of panic as a substance thought to be pepper spray was released, leaving ten of the many daily passengers in need of medical assistance.

Despite at the time not being sure what the substance was, suspicions are, and were from the start, that in all likelihood it was pepper spray.

Symptoms including itchy eyes and sore throats, confirmed by an INEM medical team who offered assistance on the scene, boosted the suspicions, which have yet to be confirmed.

Police have, however, confirmed that they have identified all passengers that passed through the station on that morning, combining video footage with data from the metro's system of Lisboa Viva and Sete Colinas ticket holders.

PSP and PJ inspectors tried

to collect samples and evidence, but reportedly the subway's ventilation system prevented this from happening.

An investigation is now being carried out as to the circumstances of the incident.

No positive identification of suspects have as yet been confirmed, though witness reports vary, describing between one and three different suspects in similar scenarios.

According to police officers, it is possible that the incident was "a bad joke carried out by youths".

It is the first time in the history of Lisbon's subway network that the safety plan for catastrophes or terrorism was activated.

St Julian's School presents 'Passion for Fashion'

Next weekend, on June 16th, St. Julian's School in Lisbon will be presenting a designer catwalk show aptly entitled 'Passion for Fashion', an original initiative devised by students, whose revenue will revert to an international charitable organization.

The event is being organized

and run by 'Global Issues', a vibrant young group of IB students from the school, whose aim is to highlight various international concerns and plight of people less fortunate from around the globe. This particular function will be in support of the 'Alice Glenister Foundation'

(www.thealiceglenisterfoundation.com), a charity creating projects to improve the lives of orphans in Asia. The Fashion Show will be preceded by a dinner, on the balcony of the beautiful old Palácio above the rose garden.

The show will feature well-

known Portuguese and international designer wear and will include some original designs by students. Professional hair and make-up artists will also be taking part.

For more information, contact St. Julian's School on: (+351) 21 458 5300.

Outrage as minister calls area south of Lisbon "a desert"

Minister for Public Works, Transport and Communications, Mário Lino, has caused an uproar by publicly declaring that the area south of the Tagus River was 'unfit' to be home to a future airport.

During the controversial speech, which took place as part of a lunch-debate concerning the location for Lisbon's future airport, the Minister declared, "An airport cannot be built in a desert".

"Building an airport on the southern banks of the Tagus

would be a megalomaniac and pharaonic project because, beside the environmental issues, there are no people, no hospitals, no schools, no hotels and no commerce, so it would be necessary to transport thousands of people over there".

This was received with anger not only by those resident on the 'Margem Sul', but by most of the country. A protest in response to the statements was organized by the Democratic Association for the '25 de Abril' Bridge-Us-

ers.

As requested by a number of strategically-placed banners, those sympathising with the cause hooted as they made their way over the bridge, to demonstrate their revolt at the Minis-

ter's words, an anger that was adhered to by thousands.

According to one of the movement's main organisers, Artur Teixeira, it also proves that the "south bank doesn't have a lack of people after all".

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University College London reunion



Over forty former students of University College London (UCL) and their families, some of whom had travelled from as far afield as Oporto and the Algarve, attended a reception on Saturday 26th May in the gardens of the British Institute in Lisbon, to mark the occasion of the visit of Professor Wendy Davies, UCL's Pro-Vice-Chancellor for European Affairs.

Prisoners clear countryside for fire-free summer

Seventy five prisoners of the Sintra prison facility (EPS) will be involved in clearing areas of forestry and countryside of any debris that could prove hazardous for spreading or fuelling fires.

The protocol, a joint effort on behalf of the Sintra/Monte da Lua Park Society, and the Prison Services Board, was signed this week in a ceremony witnessed by Alberto Costa, Minister of Justice, and Francisco Nunes Correia, Minister for the Environment. It is part of a community project that aims to better re-integrate former offenders into society.

Grand Nordic Sales Bazaar

29th of September 2007

100% of profit for Charity

WE NEED OBJECTS FOR SALE CAN YOU HELP US?

Moving from Portugal this summer? Do you have furniture or other objects that you prefer not to bring along but don't know how to handle the situation? Or do you belong to those that keep everything for eventual future needs and now lives in a house full of "stuff" that just fills up your space?

If your answer is YES to any of those questions, you should contact the Nordic Club! We now offer a possibility to get rid of big or small objects. And guess what? You might even gain something with your contribution. At the Grand Nordic Sales Bazaar we will sell your objects to the best possible prices, and split the profit 50/50 with you, whereas our part goes to charity in Portugal. Could it be better?

Of course we are also happy to receive your donations of Bric-a-Brac, but on bric-a-brac there is no 50/50 sharing. All goes to charity!

For further information, contact Elsa Ponte, phone 963 731 171, e-mail: elsaponte@gmail.com or Marianne Andersen, phone 919 280 570, e-mail: marianneapr@gmail.com



Beauty Salon, Salão Elysium, celebrated ten years in business last week.

Tenth Birthday Celebrations for Vilamoura Salon

Beauty Salon, Salão Elysium, celebrated ten years in business last week. Clients, friends and neighbours came together to enjoy an "open house" at the salon in Vilamoura.

On arrival, guests were able to see and feel for themselves the softening effects of a warm paraffin wax bath on their hands. Demonstrations of new treatments were given, in the recently-opened

basement extension. Crystal Clear micro-dermabrasion and oxygen skincare treatments particularly created an interest. Many ladies sampled the new St Tropez spray tanning system, declaring their legs now ready for skirts and the beach! "In this business it is not only about technical competence, but also about keeping high levels

of service," said Renette Joubert, owner of Salão Elysium. Many of her original clients from the early days still visit the salon, proving that customer loyalty has a high priority too.

The day ended with staff and clients enjoying delicious savoury refreshments, chilled champagne and a birthday cake.

Traditional Silves beer festival at risk

For 30 years Silves has hosted the annual beer festival, one of the Algarve's longest-standing traditions, though it looks as if this year's celebrations could be at risk of not taking place.

'O Silves' Club, the committee responsible for organizing the event, are presently suffering a management crisis which may affect the beer festival's go-ahead.

Silves Mayor Isabel Soares has voiced her concerns, con-

firmed that this year "there is a worrying delay" in the organization of the event, which generally takes place in June or July, and that "at this time of year normally everything is ready to go".

"I am going to talk to people related to the Club and find out what can be done", said Mayor Soares. "Maybe the answer is to hold the festival in September, so Silves does not lose one of its main attractions".

Thumbs up for Meia Praia building

The Regional Committee for Coordination and Developments has given a final favorable nod towards the Meia Praia Plan for Urbanization (PUMP) meaning that, if the document is also passed by Lagos's Municipal Assembly, and subsequently the Government, Meia Praia will soon become home to some major construction.

If given the go-ahead, the project will be carried out over the next ten years and foresees

boosting the existing population in Meia Praia from 7,500 inhabitants, to 13,500.

Some 610 hectares will be affected by PUMP, which represents a 300 million euro investment to create quality tourism in one of Lagos's most outstanding areas of natural beauty and history.

Six projects for four and five star hotels have already been designed, as well as a conference centre and other luxury accommodation.

su do ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it.

There's no maths involved. The grid has numbers, but nothing has to add up to anything else.

You solve the puzzle with reasoning and logic.

It's fun. It's challenging. It's addictive!

Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

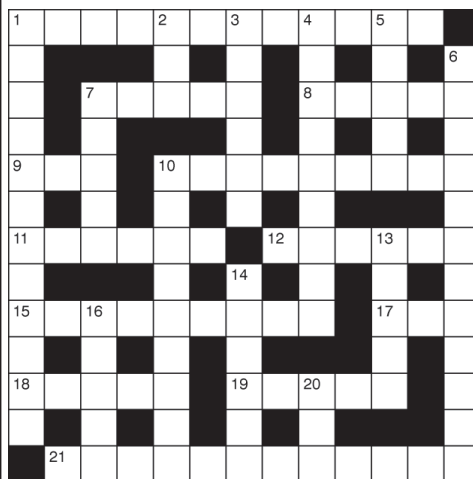
7			5	8			1	
							6	5
2					9			8
1	4			7				
	7			2			4	
				4			8	1
9			6					3
3	5							
	1			5	3			4

Last weeks solution:

9	1	3	5	7	6	4	2	8
7	4	2	8	3	9	5	1	6
8	5	6	1	2	4	9	3	7
3	7	4	2	8	1	6	5	9
1	9	8	6	4	5	3	7	2
6	2	5	7	9	3	1	8	4
2	6	1	4	5	8	7	9	3
5	3	7	9	6	2	8	4	1
4	8	9	3	1	7	2	6	5

For tips on how to solve Sudoku puzzles, browse the forums, go to www.sudoku.com

The Portugal News Crossword No. 145



ACROSS

1. Callowness (12)
7. Dominant idea (5)
8. Pretend (5)
9. Mat (3)
10. Partner (9)
11. Tempt (6)
12. Banish (6)
15. Necessary (9)
17. Ovum (3)
18. Subject (5)
19. Region (5)
21. Incomprehensibly (12)

DOWN

1. Spineless (12)
2. Mine (3)
3. Deny (6)
4. Serviceable (9)
5. Porcelain (5)
6. Clearly (12)
7. Power (5)
10. Building designer (9)
13. Fold (5)
14. Acrid (6)
16. To doubt (5)
20. Fuss (3)

QUICK CROSSWORD SOLUTIONS No.144

Across: 4 Abstain; 8 Immune; 9 Asinine; 10 Allied; 11 Intern; 12 Rotation; 18 Patience; 20 Gringo; 21 Addict; 22 Turmoil; 23 Select; 24 Shelter.

Down: 1 Bizarre; 2 Emulate; 3 Invent; 5 Bassinet; 6 Tenets; 7 Ignore; 13 Impolite; 14 Enliven; 15 Testate; 16 Trough; 17 Animal; 19 Indeed.

Water prices to go up in Vila do Bispo

Residents in the municipalities of Vila do Bispo will, from July 1st, suffer a significant increase in their water bills which could reach anything up to an additional 40 per cent and will include a new water treatment fee. On a positive note, water meter rental fees will be dropped.

Residents are currently charged 27 cents per cubic metre of water, which next month could rise to a maximum 45 cents.

When questioned about the inflation Gilberto Viegas, Vila do Bispo Mayor, said that payers must bear in mind "no charge up-

dates have taken place since 2003" and that water "cannot be sold under the legally stipulated price".

On top of this an additional sanitisation fee will be added, a fixed fee of 50 cents plus a variable of 20 cents per cubic metre of water.

In Lagoa the price of water was also raised this year, though municipal inhabitants are not yet being charged.

Portimão residents could also be facing higher water fees, should the municipality also adhere to the fixed sanitisation fee scheme.

CENTRAL ALGARVE Brave New World?

Brave...some may say foolish. Bill Godley and business partner Pedro Marinho recently launched a South African wine import business in Almacil, competing head on with an established, strong, home producer. Together they will share some aggressive business tactics to ensure success across multiple markets. Event management as a promotional tool will also be explored. Be brave, come and learn how necessary it is to be courageous in today's business world.

Directions to venue: With Apolonia supermarket on your right, continue a short distance to Almacil. From the Remax offices and BPI bank on left-hand side, take the turn to Quarteira, also signed Vilamoura and Vale do Lobo. Pass Chinese restaurants, Avia garage, pass Sr Frangos/Mr Chicken restaurant on your left-hand side. Don Giovanni's can be found on the left with its own parking.

Wednesday June 13th 2007

Network Lunch at Don Giovanni's Restaurant, Larger Room, Estrada de Fonte Santa

12.15 pm for 1.00 pm - Time to Network

Cost: Members €15 Guests €20

Please book no later than noon on Monday, 11th June



Contact Network Co-ordinator,
Paulette Fouché at pfouché@clix.pt or
282 415843

www.networkalgarve.org

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New Parkinson's home in the Algarve

The Parkinson's Group in Portimão has opened their doors to the public.

The venue was officially opened by the President of the Portimão Junta de Freguesia, Ana Figueiredo. Also present were

dozens of people, whose lives have in some way been affected by the disease, including members of the association, local dignitaries, specialists and neurologists.

The new facilities cater for all people with Parkinson's Disease,

both Portuguese and English speaking. For more information on the facilities and the association or information on the disease, call José Luis Mota Vieira (+351) 282 792 036, or Lynne Allard, on 282 086 987.



The new Parkinson's home was officially opened by the President of the Portimão Junta de Freguesia, Ana Figueiredo

Algarve wants more power

The Algarve Metropolitan Assembly has shown its determination for regionalization by demanding that the government completes the reshuffling of public administration, decentralizing ministries from the actual districted basis to a new model based on a five-region plan.

Presented by the PDS party, the motion was previously debated amongst the four benches

— PS, PSD, CDU and the Left Block — and approved by 43 of the 47 members.

It was presented due to a 'firm and determined conviction' that there is a need to 'transform and organize the present public administration to create administrative regions'.

The Assembly also requested that, after the next revision of municipal association laws, that the laws are 'clearly expressed' and

that 'a path for regional administration is adequately paved'.

Considering regionalization a 'historical inevitability', the association also expressed its disappointment that in '33 years of democracy decentralization has not been achieved through municipalities', and that the motion 'evokes a progressive movement amongst populations, services and economy'.

Algarve briefs

Spaniard dies on A22

A 33-year-old Spanish man was knocked down and killed on the A22/Via do Infante motorway, near the Loulé petrol station, direction Albufeira-Faro. The man's vehicle had reportedly broken down and police were assisting when the incident occurred.

No lorries on Portimão bridge

As of June 6th and for the following 15 days, any heavy goods vehicles weighing 3.5 tons or over are prohibited from crossing the Parchal/Ferragudo-Portimão 'old' bridge, due to sub-aquatic conservation works which are being carried out on the structure.

Almancil summer jazz

As of this month and for the duration of summer, weekly Jazz sessions will be held in Monte Vale d'Éguas, Almancil (behind the Apolónia supermarket car park). Entrance is free and the sessions are from 16h00 – 20h00, every Sunday afternoon.

Portimão becomes child-friendly

To celebrate June 1st, International Children's Day, Portimão signed a protocol in cooperation with the Ministry of Employment and Social Security and the Portuguese UNICEF Committee, to become a member of the 'Child-Friendly City' network. The network, devised by UNICEF, aims to create and offer better conditions for children in the society in which they live.

Olhão throws mega anniversary party

To celebrate the date on which Olhão officially became a borough, a four-day-long party is to be held, filled with exciting activities. From June 13th – 16th the municipality will host concerts, recitals, sports events and a firework display, most of which will take place in the evenings.

Loulé wins Coca-Cola Cup

The Loulé men's football team 'Louletano 91' were the grand champions of last month's Coca-Cola Cup, who beside winning the regional leg of the competition also won the finale last weekend against the Casa do Concelho team from Arcos de Valdevez. Broadcast live on SportTV1, the finale was held in Benfica's home stadium Estádio da Luz, last weekend.

Portimão youths unstoppable

Two young brothers from Portimão took 1st and 3rd place in the Regional Infants' Sailing Meet, held last weekend in Tavira, organized by the Tavira Nautical Club. Six other Portimão youths were classified amongst the top 40, out of 54 competitors.

Cricket this Sunday

Barringtons will be hosting another day of friendly cricket this coming Sunday. Those interested should ensure they are at Barringtons' sports field by 11am. For further information, contact Sam on 967576856

Western Algarve to have its own international airport?

A new airport is to be built by the municipalities of Portimão and Lagos, through the conjoint Alvor Estuary Municipals' Association, which will operate as a fully-functional airport and whose runway is expected to be even longer and wider than that of Faro airport.

Latest technology is to be used in its construction and will permit both low-cost and private airlines to land in the region, at what will be called the International Algarve Airdrome.

It will be an upgrading of Portimão's existing municipal airdrome, and reports suggest

the future runway will measure some 2,800 metres in length, nearly 310 metres more than that of Faro airport.

Lagos Mayor Julio Barroso confirmed the airdrome is "equipped and destined to cater for the entire Western Algarve region".

A number of private investors, mainly foreigners, are already reportedly interested in the project, which aims to keep running and maintenance costs as low as possible to keep the airdrome feasible.

Planning is to be initiated this month and should be finished

by August. This will be followed by a series of legally required environmental and financial studies.

Despite its limitations and a runway of only 900 meters, the Portimão Municipal Airdrome is the second busiest in the country, with 12,000 arrivals and departures per year.

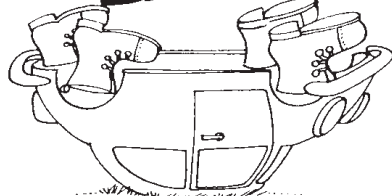
It has recently emerged that Loulé is also planning its own municipal airdrome for private luxury aircraft, which will have a 1,200 metre runway and is to be located next to the Cimpor factory along the Via do Infante A22 motorway.

First 'fire-season' fire breaks out in Tavira

Last Sunday the first major fire to be registered during the so-called 'fire season' was reported in Monte Sequeira, near Cachopo, Tavira, and required seven fire-brigade units to bring it under control.

It was eventually extinguished at around 18h40, over three hours later, and involved the efforts of 17 fire engines and a helicopter. Once extinguished, 60 firefighters remained on-site to monitor the area. No residential properties were put at risk.

CAR BOOT SALE



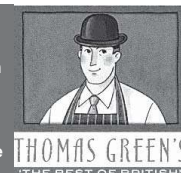
organised by
All Saints Anglican Church Algarve
at QM Garden Center
St Barbara de Nexe (Estoi to Sta. Barbara Road)
Saturday 9th June
10am - 2pm
Bric a brac, Food & Drink, Clothes etc
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Faro prison celebrates Children's Day



International Children's Day is all about letting the little ones be the centre of attention, so when June 1st came round, last week, the directors of Faro Prison decided to give the inmates a treat by organising an afternoon of entertainment so the special occasion could be spent with their children, as normally as possible.

Irrespective of the fact they are, for whatever reasons, being held in the establishment, the prison directors took on board the need for parents to be with their children on such an occasion and organised an afternoon of entertainment to celebrate International Children's Day, on June 1st. Music, a puppet show, face-painting, a story with live sound effects, and lots of party food were put on for the occasion.

Throughout the afternoon, a handful of the inmates welcomed

their sons and daughters, aged between a few months and 11 years, along with their partners, to enjoy an afternoon of family togetherness as close to normality as possible.

It was a real treat for the men, who all share the common denominator of missing their children and loved ones whilst in prison, as well as for the children.

This was the second time that the prison, in association with the Regional Board for Culture, organised a family occasion, the

first being last Christmas.

Puppeteer Jorge Soares, of acting association A.C.T.A., and musicians and storytellers Bruno Manso and Ana Pi, of the Philharmonic and Cultural Association of the Algarve, were approached by Dr^a Sandra Gonçalves of the regional cultural board, and immediately accepted the proposition.

It was greatly appreciated, and allowed a number of families to be together on what was a very special day.

Carvoeiro Clube Group under new Management



The Carvoeiro Clube Group of companies, which are involved in property management and sales in Carvoeiro and which is the official management company for the resorts Carvoeiro Clube, Monte Carvoeiro, Tennis Park, Algarve Clube Altântico and Presa de Moura is under new management.

The owner of the Carvoeiro Clube Group, Andreas Stocker, announced that the current Director Bruno Würth has decided to move back to Switzerland in order to take up another challenge.

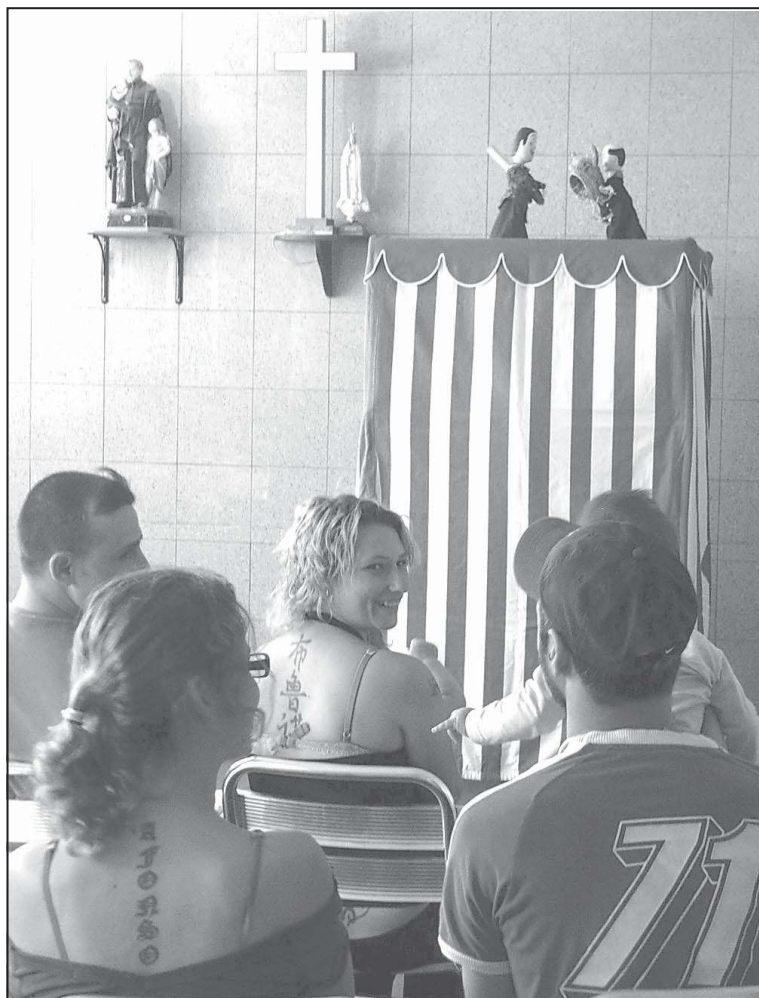
The new Director, Dutchman Jan Dirk Hofman, will take over the management step by step and accept full responsibility as from August onwards. Mr. Hofman has a solid hotel background with extensive experience in hotel management in Holland. He came to the Algarve in 2001 and has since been working in property sales & administration. Mr. Hofman takes over a healthy, well structured company and will be assisted by a motivated and professional team.

Musical production at Vale Verde

The musical production, 'Oliver' will be staged at Tempomar (next to the village church) in Burgau on Thursday, 14 June at 6.30 p.m. and Friday, 15 June at 6.30 p.m. The entire cast consists of Vale Verde International School students, directed by Headmaster, Mr Roger Foreman.

Tickets are €5 each (€3 for children under the age of 5) and will be on sale at the door on the day of the production.

Half of the proceeds will be donated to the Bombeiros of Lagos.



Prisoners and their families watch a puppet show to celebrate Children's Day (Photo: the Portugal News / Carrie-Marie Bratley)

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STANDING OVATION

'Wonders of the World' comes to the Algarve



Every year, Europe's largest sand-sculpture exhibition, Fiesa, continues to surprise with original ideas that enchant the thousands of people who visit. This year the exhibition presents 'The Wonders of the World', and the doors are now open.

The astounding, oversized and painstakingly-crafted sculptures include German castles, opera houses, typical Algarvean streets, a café in Alfama, Lisbon, with Fernando Pessoa and *fadista* Amália Rodrigues sat outside, accompanied by two guitar players, and other natural wonders from the five continents, both old and new.

Produced by the ProSandArt association, which comprises 43 hugely talented sculptors and artists from nearly two dozen countries, more than 35 tons of sand was used in the exhibition that took three months to create and

spans some 15,000 square metres.

It was officially opened this week on June 7th, in a ceremony that featured Jazz Music and circus arts.

This is the fifth consecutive year that Fiesa has been one of the Algarve's main and most highly anticipated summer attractions. Over 180,000 visitors are expected to pass through the gates this year.

Fiesa's 'Wonders of the World' is open every day throughout summer, from 10h00 – 24h00, until October 7th. Tickets cost €7 for adults and €4 for children.



This year the Fiesa exhibition presents 'The Wonders of the World'. Doors are now open.

Bowls Algarve – Summer League



The fourth round of matches took place on Saturday 2nd June at Clube Praia da Oura in perfect weather conditions, following the disappointment of having to cancel all games last week due to the heavy morning rain. Those games will now be played at PDF on the 20th of June.

In the morning session, Tavira Tigers played Alvor Larks and the Larks came out on top with 42 shots to 33, taking 8 points to 2. The other morning game was between the Tavira Titans and the Alvor Doves, which the Doves won very convincingly by 50 shots to 34 and 8 points to 2. After a very enjoyable lunch, the two PDF teams played each other and the Panthers overturned the Pirates by 37 shots to 29, taking 8 points to 2. The final game of the afternoon session saw the home team the ABC Cats beat the VDL Wolves by 27 – 13 on one rink, however the Wolves were unfortunately unable to field a second triple, so the Cats won that on a

walkover by 10 – 0 and took the maximum 10 points also.

This left the Alvor Larks on top of the league table with 22 points, closely followed by the Alvor Doves on 22 points. ABC Cats jumped up to third on 18 points, with the Tavira Tigers and the PDF Pirates locked together on 14 points. Then we have the Panthers who move off the bottom, now with 12 points, the same as the Tavira Titans. VDL Wolves bring up the rear with 6 points.

Next week attention switches to Vale do Lobo, for the next series of matches in this interesting and competitive series.

Alan Clarke
League Director

Sun, sea and sand... some great relaxation!

Some of the best and most beautiful beaches in the entire world are to be found in the Algarve.

Hardly surprising then that the region is a favourite for sun-seekers from all over. They come in search of the natural heritage that is now managed in a sustainable fashion, in order to provide quality recreational facilities able to meet all kinds of requirements. There are beaches to suit every taste with the majority having gained due recognition in the form of the EU "Blue Flag" for quality standards.

Along its 200-kilometre coastline, the Algarve features all types

of coves, cliffs and caves, its rocky beaches contrasting with broad expanses of sand. Different types of beach, but all bathed in the calm, warm seawaters of this coastline.

Equally attractive is the Algarve's mild climate all year round. From Odeceixe all the way to Vila Real de Santo António, the entire coast enjoys a Mediterranean-style microclimate with temperatures that vary from 15°C in winter through to 30°C in summer.

The beaches of the Algarve thus represent the ideal choice for some truly invigorating holidays!

Information supplied by Turismo de Portugal.

Events to look out for

Med Festival 07
From June 27th until July 1st

Part of the circuit of major festivals of 'World Music' in Europe, this event will also be part of the Programme for the Development of Tourism in the Algarve, known as ALLGARVE.

Ladies Open of Portugal
From June 28th until July 1st

Offering a total of €200,000 in prize money, Portugal's Ladies Open, taking place in Carvoeiro, Lagoa will also be featuring in the pre-selection trials for the European ladies team who will be competing at the 2008 Solheim Cup.

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Nature watching in June and July

At the beginning of June the colour of the spring flowers has mainly gone. The orchids, irises, tulips and many of the other bulbous plants are now vanishing from the surface and storing up food in their bulbs before starting up their life cycle again next spring, but some *Gladiolus illyricus* are growing amongst the verdant fields, the late *Iris filifolia* with its very long slender threadlike leaves that can attain a metre or more in length is still flowering on southern sandy or rocky habitats as is the violet Spanish Iris – *Iris xiphium* that is found within scrub and wasteland, sometimes in profusion.

The French Lavender – *Lavandula stoechas* – is also still around with the odd Foxglove – *Digitalis purpurea* – hidden deep in valleys where it is more moist and maybe you will see the last of this season's Pyramidal Orchids – *Anacamptis pyramidalis*.

the edible Globe Artichoke will also colour our hillsides. The Cardoon – *Cynara cardunculus* – has a vivid blue thistle flower up to 7.00cm in diameter and VERY prickly. Many other species of thistles will continue flowering right through the summer months.

food. These elegant large silvery-grey birds with black wing tips are unmistakable as they glide low down with their wings held in a V-shape. A resident bird of prey in this region is the Black-shouldered Kite – *Elanus caeruleus*. This is more the size of a Kestrel,

In particular you may see the beautiful Rollers – *Coracias garrulous* – on ruined buildings with crumbling walls that are their favourite nesting sites, or on telephone wires lining the roadside. These Jackdaw-sized birds have a chestnut back and wings of vivid blue tipped with black.

An interesting, but rare bird that you might observe on marshy areas is the Collared Pratincole – *Glareola pratincola* – a delightful wader about the size of a small Partridge, brown in colour, with a bright yellow bib surrounded by a black line and a vivid scarlet mark at the base of the bill. This bird is fascinating to watch as it hawks over marshland after food, its aerobatics resembling a large Swallow as two long tail feathers protrude at the back. It is only a summer visitor to these shores and winters in Central and Southern Africa. Its nest is on dry open ground in a depression or can sometimes be deposited on a dried out cow-pat.



Common Poppies

In many regions you will see the spectacular Common Poppy – *Papaver rhoeas* – colouring large expanses of wasteland or poorer cultivated cereal land with their vivid red flowers. With the onset of warmer weather and endless sunny days a large number of thistle species come into their own. One of the most spectacular is the stately Spanish Oyster – *Scolymus hispanicus* – a large prickly plant that in favourable conditions reaches over two metres high. It is covered with large bright yellow flowers from every node. A primitive form of

A curious plant often seen on waste ground is the Squirting Cucumber – *Ecballium elaterium*. The foliage is like a small cucumber running along the ground in every direction. The flowers are small, yellow and very similar to those of the cultivated fruit and when ripe the fruits, that are about 5.00cm long, explode with some force when touched, scattering the sticky seeds in every direction. If you are passing through the vast Alentejo plains do look out for the migrant Montagu's Harrier – *Circus pygargus* – quartering the land looking for

therefore very much smaller than other kites and is often seen hovering or perching on telegraph poles looking, at first glance, more like a pigeon. Another migrant the gregarious, insect eating Lesser Kestrel – *Falco naumanni* – is slightly smaller and brighter coloured than the Kestrel. It nests colonially on ruins or buildings in the Alentejo, especially on the castle in Mértola above which it can be seen circling and catching insects on the wing, and is also seen on some cliff faces in the Algarve.



The Portugal News presents a fortnightly page entitled 'Luso File' with words and photography by Madge and John Measures.

The Measures have lived in Portugal since November 1968. During most of that time they have studied the natural history, handicrafts, traditions and many other aspects of the country in which they have made their home. For many years Madge and John have written about Portugal and for over twelve years lectured on all its facets. On a regular basis they will be sharing with our readers some of the fascinating and to many unknown, place and traditions they have researched.

The Egyptian Mongoose – *Herpestes ichneumon* – was introduced from Africa and is often seen hunting during the day. They are short-legged mammals that are quite large, the colour greyish-yellow with the body 55 centimetres long and a tail of 45 centimetres in length that has a bunch of hair at the end giving a 'bottle brush' effect. It is not unusual to see a

particularly beautiful eyes that are golden with a black horizontal pupil. They are found living on trees or shrubs, in fields or gardens, usually on a broad leaf in the shade where it has all round vision and can therefore see any unsuspecting fly which may pass, to be rapidly caught and eaten. The feet are superbly adapted for clambering through the undergrowth as there is an adhesive pad on the end of each toe that enables it to climb vertically up almost any surface.

Snails in all their colours and forms often wake up from their summer rest – aestivation that refers to summer inactivity during the heat, whereas hibernation is winter inactivity during the cold. When there is rain and humidity they start on their nightly rampage often crossing over busy highways leaving their shiny trails behind them, and making a good feed for birds, amphibians and mammals, with hedgehogs – *Erinaceus europaeus* – in particular, and not forgetting humans! When the weather dries up again they will return to their lofty or spiny position to continue their aestivation. Some butterflies abound in shady areas, and one notable example is the Tree Grayling – *Hipparchia statilinus* – an attractive dark, almost black butterfly that is relatively common throughout Southern Europe, but the variety found in Portugal and Southern Spain can be quite large therefore causing confusion between this and the Great Banded Grayling – *Brintesia circe* – that has much more white on the wings. The underwing of the Tree Grayling is beautifully mottled with greys and browns and when at rest this camouflage is so good that it is very difficult to see. When disturbed it will fly rapidly up and down pathways and then will apparently vanish again as it settles within the undergrowth. There is plenty for you to look out for during these hotter months so keep observing and enjoy!



Stripeless Tree Frog

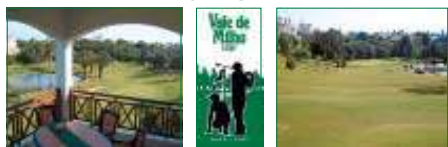
family group crossing a country road in single file.

The Genet – *genetta genetta* – sometimes known as a Civet Cat is in fact fairly common but rarely seen unlike the Mongoose. The length of the body and head is about 50cm with the tail about the same length. The legs are fairly short and therefore the height to the shoulder is at a maximum of 20cm. The weight of a fully grown male can be just over 2 kilos. It is a solitary animal that fiercely defends and marks its territory. Marking is achieved by performing a 'handstand' and squirting a foul smelling anal secretion up to 50cm high on the trunk of a tree, stone or bush. The Genet, like the majority of Portuguese mammals, is almost strictly nocturnal, curling up during the day in the hole of an old tree, and coming out only at night to hunt for birds, small rabbits, reptiles and grasshoppers.

An interesting amphibian often found when the weather is heavy and moist is the delightful Stripeless Tree Frog – *Hyla meridionalis* – a small creature about five centimetres long and usually bright green with black markings on the head with

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International Algarve Fair

SIR, We would like to express our grateful thanks to the Portugal News for their generosity in allowing us to have stands at the Fair, held on the 12th and 13th May. We raised well over 3000€, which will be used to further the work of All Saints Anglican Church and for the various charities which All Saints supports. The two tickets, which were kindly donated by British Airways were won by Mrs. Wendy Webb of Loulé.

ERIC BRITT (Chaplain), All Saints Anglican Church

Can you help?

SIR, Can your readers assist in finding information on ex-pat artists living and working in the Algarve specially sculptors. Are there art communities, societies etc. that one can contact? We have tried to get this information from South Africa with no success. If someone has this information can you please help us.

CARLOS NETO, Email: dionne@dionnerae.co.za, Tel: 27118737436

Electricity pylons

SIR, I read with interest the letter from Marcel de Bie in *The Portugal News* on 2nd June.

The Val Fuzeiros plans are indeed a disaster from the visual impact point of view, but I fear that this cuts little or no ice here in Portugal, the Algarve is littered with examples of developments (and I do not just mean property developments) which show a total absence of taste, feeling for the environment or plain commonsense.

As far as 400KVA power lines are concerned, they indeed are an eyesore, but unfortunately

we have to transport power from place to place, and underground is too ruinously expensive even for Brussels- subsidised projects like this.

Eyesore they may well be, but there is a far more important and serious side to their erection, and that is the health risk that they entail. It is well known, but kept well under wraps as far as governments are concerned, that there is an undeniable link between power lines and their microwave emanations and effect on the human frame. As a start there is undeniable scientific evidence of a sharp increase in childhood cancer in families living in close proximity to power lines, and that is only a start. A committee recently recommended to the British government that they compulsorily purchase all houses sited within 150 metres of a high KVA line, and demolish the lot! Cost? About 15 billion pounds. You can guess how much publicity that got with Blair's boys, especially our caring Chancellor, soon to be PM.

Even that pales into insignificance beside the Monchique saga. Originally the Portimão to Sines (for that is what it is) line was set to run across rather barren countryside to the east of Alferce and Fornalha villages, and the plan was promulgated after a fashion. That was no good for the environmentalists though. Did not the REN (the company responsible) realise that it ran within 500 metres of a nest of Bonelli's Eagles. "OK", said REN. "We'll re-site it". And they did...right over the top of the two villages mentioned. Moreover the re-drawing of the line was made public on May 9th 2006, and all objections had to be

in by May 23rd 2006. Interestingly the public meeting to discuss it was called for May 22nd at 9.00pm!

It was time for a bit of action. We got a petition signed (couched in legal terms by my lawyer) by 385 residents out of 503 (including a few notorised thumb-prints), we contacted every paper we could, and here we had very valuable help from *The Portugal News* as well as a full page in the *Correio de Manhã*. When the local bigwigs saw the way the wind was blowing, they threw their weight behind us and that gave rise to the Mayor's 'over my dead body' speech at the last minute meeting. Of course you did not miss the funeral Mr. deBie, because there was not one. In June we received notification that a new route was mapped out, missing the villages. Indeed it is now nine tenths built.

The residents of Val de Fusetta, must plug the health risk line threatened, nobody gives a damn for beauty here.

MIKE HENTALL, Alferce Monchique

Child abuse

SIR, When a suspected child molester turns out to be a priest it will always rate a bigger headline if only because it involves someone who has reneged on a professional commitment to spiritual perfection. Even so, the scale of child abuse awaiting some positive action is illustrated by this recent Associated Press report:

"In December 2006 the Archdiocese of Los Angeles agreed to pay out 60 million dollars to settle 45 lawsuits concerning abuse by priests. According to the Associated Press a total of 22 priests were involved in the settlement, with cases going as far back as the 1930s. 20 million dollars of this was paid by the insurers of the archdiocese. The main administrative office of the archdiocese is due to be sold to cover the cost of these and future law suits. The archdiocese still face 450 cases with experts saying that it could cost one billion dol-

lars to settle'.

Without knowing a) the number of male public school teachers in America and b) the number of recorded assaults on children in their care, a comparison is not possible but 30 cases by a teacher to 1 by a Catholic priest seems very unlikely.

RON LAVERY, By e-mail

Down with ...

SIR, Straight to the point, nowt barred.

I arrived here from Blackpool in the UK, the largest and visited seaside resort in Europe, seven months ago. I decided to move to Central Portugal because of its beauty, peace and tranquility, the last thing I want to see is signs saying, 'English food served here', and pubs serving pints of bitter, I am told this is what the Algarve is like.

Now, let's play a game called 'Down the Chute', it's played by choosing 6-8 things you dislike and that you wish to shove down the chute to be lost forever. For example let's start with Mr Steven Webster, the manic depressive, who calls me, a smoker, a very nasty word for causing his illness - down with him.

Then there's the guy who has nightmares about camper vans, but likes to take photos of them - down with him too.

Also he who said the Welsh burned the English, so wrong. It was Edward I who burned, raped and pillaged the Welsh - down you go mate. My last one would be John Clare, what sort is he? I thought I was crazy, but he takes the biscuit.

Plus all the other numptys who do nothing but whinge in this wonderful country. Please go home or down the chute you go!

JOSH PRICE, Picanços

Look and listen

SIR, When the brilliant blue flowers of the Jacarandas burst forth it is a sign that Summer is fast approaching and the earth is celebrating Nature's renewal cycle. Everywhere new life is emerging and reminding us that Nature is a key factor in our happiness.

Many of us have been so ensnared for years in the rat race for simple survival that we have taken Nature for granted and paid little attention to the beauty and delights surrounding us. We now have a new opportunity to re-orientate ourselves and get better acquainted with the world in which we live.

Open your mind and use all your senses to look, listen, touch, taste and smell to become intimately aware of your environment.

Hear the birds singing and enjoy their full-throated dawn chorus. Listen to the rustle of leaves and the tch, tch of twigs wrestling with the wind as it sighs through the trees.

Eavesdrop on the gentle susurrations of a stream as it meanders to join the gurgling river before it cascades over the roaring falls and gushes through the raging rapids on its way to merge with the sea. Admire the splendour and diverse brilliant colours and fragrances of wild flowers and the lustrous beauty of coruscating butterflies. Wonder at the diaphanous translucent clouds the Mayfly spins across the quiet ponds. Smell the moist earth permeated with a multitude of different aromas and home to legions of bacteria and insects, glistening of worms, slimings of slugs and snails, all of which do a better job than we do of recycling waste products.

Fresh air in the country, redolent of honey and nectar, is very different from that by the sea with its salty overtones or that of many urban atmospheres so breathe in deeply to taste and savour these contrasting properties. Dream of blue skies with cotton wool clouds reflected in placid lakes of lucid blue before soaring over pristine snow-capped mountain peaks.

Learn about our wild cousins of the forests, birds in the air, fish and mammals in the oceans and ponder the dynamic relationships between all living things. Only Man has the ability to think abstractly and define the qualities of beauty and morality and to seek the purpose of life. Nature is the ultimate force, silent and

serene, constant and infinite. Everything comes from it; it flows through everything and everything returns to it eventually. It provides everything we really need, expects nothing from us but to learn the house rules and play the game fairly. So get to know all about it and participate.

JOHN NUTTALL, Alvor

Beware there's a thief!

SIR, Thought your readers ought to be made aware that there are thieves working in Continente at Guia. I had my purse stolen on Saturday afternoon and as I went to report it another lady came to report hers had been stolen too. I know who they were and how they did it, but this is in hindsight. I was at the bakery, and they have now introduced a ticket system, a fair haired, tall well dressed lady took a ticket before me, as I had already rung the bell for service I moved over to take a ticket too, she did not ask to be served, but waited for me then interrupted the assistant by asking how much the cake I was buying was. She could not speak Portuguese or English, the assistant put up the display amount for her to read, and yes I was watching her and not my handbag then I assume her colleague to the right of me a dark haired younger woman managed to steal my purse. I soon found it was missing and reported it to the Reception desk at the store and to the Administration upstairs. I also went looking round the store for these two women and into the loos for my purse.

On Sunday I had a call from Maxmat. My wallet had been found in the retail outlet at Guia, in a dustbin with other wallets and cards. Most of my cards were there - apart from my Montepio bank card, which on calling the bank, had been used but were unsuccessful at entering PIN nos, and therefore it had been retrieved by machine. Thank God for chip and pin! These thieves are very cute and quick. Tell everyone when shopping, beware, hold on tight to your bag and purse.

MARGARET TOWNING, By e-mail

Roads from page 1

Greece has now taken over top spot as the most dangerous of the old 15 EU member states in which to drive a car. Last year, just over 150 road deaths per one million inhabitants were recorded, while Ireland proved to be the third most dangerous with 92 fatalities per million inhabitants, and Italy the second most dangerous with 112.

But the last country in the enlarged 27 member EU you would want to drive in is Lithuania, where 225 people per one million of the population were killed in road accidents during 2006 - the worst death rate in the whole of the EU followed by Latvia with 170 fatalities per million inhabitants.

Meanwhile, official figures have confirmed that 36 percent of all drivers, who were killed on Portuguese roads in 2005 had alcohol levels in their bloodstream above the legal limit of 0.5g/l.

The findings were made by the National Road Authority, and further revealed that 28 percent of all pedestrians killed in Portugal were also legally drunk. An additional 20 percent of passengers who died in traffic accidents also had high levels of alcohol in their bloodstream.

Since the beginning of the year, 330 fatalities were reported, which is six up from the same

comparative period in 2006. However, the number of serious injuries is down 174 to 1,228 in relation to last year.

In a related story, the government said it is distributing 200 speed radars among the country's various traffic law enforcement authorities. The radars are to be placed at "priority" sites along national roads.

The equipment will be placed in disguised boxes in unmarked police vehicles to measure the speed and take photographs of drivers exceeding the limit. "This measure is aimed at reducing the number of deaths and injuries on Portuguese roads", said Ascenso Simões at the presentation of a study commissioned to find ways of reducing traffic accidents.

A campaign will also be launched in the coming weeks to raise awareness among drivers that "speed kills".

The study further revealed the full extent of deaths on Portuguese roads have had on society. Between 1986 and 2006, a total of 39,096 people lost their lives in traffic accidents. A further 187,137 suffered serious injuries, while more than a million reported slight injuries. In addition to loss of life, road traffic accidents have cost the taxpayer in excess of two billion euros.

328

Portuguese for all

A lição de hoje é sobre frases idiomáticas com o verbo 'fazer'.
Até à próxima lição, Emília Rosendo.

Today's lesson deals with the Idiom which involves verb 'fazer'.

Exercise: Complete the sentences which follow with the most appropriate word from those below.

* *economias* * *parte de* * *dois anos* * *face* *
* *o possível* * *frio* * *companhia* * *a barba* *
* *de conta* * *as malas* * *calor* * *caretas* *
* *greve* * *a vontade*

1. Ele vestiu um sobretudo porque fazia imenso _____ lá fora.
2. A Telma queria ir jantar a um restaurante chinês e nós fizemos-lhe _____. Ontem fomos jantar com ela.
3. A família está a fazer _____, pois vai viajar dentro de poucos dias.
4. Faz hoje _____ que eu cheguei a Portugal.
5. Eles mergulharam para a piscina porque fazia muito _____.

6. Todas as manhãs o nosso pai faz _____ depois do duche e antes do pequeno almoço.
7. É comum as crianças fazerem _____ umas às outras para mostrarem sarcasmo.
8. Nós fizemos _____ à Ana até os pais dela chegarem.
9. É comum as crianças, enquanto brincam umas com as outras, fazerem _____ que são polícias, ladrões, reis, princesas...
10. Nós decidimos fazer _____ para comprar um carro novo.
11. Anteontem a fábrica esteve fechada porque os trabalhadores fizeram _____.
12. A Paulina faz _____ um grupo coral amador.
13. Os donos fizeram _____ para salvar o cão mas, infelizmente, não conseguiram.
14. Para fazer _____ aos crescentes problemas ambientais, o governo vai aplicar sanções às empresas infractoras.

Help your heart

Nearly 600 people die from heart attacks daily in the UK, and it's the number one killer of men and women. We find out how to keep that ticker healthy to mark Help A Heart month.



If you assumed it was mainly overweight, over-stressed middle-aged men who were most at risk of heart attacks, think again.

In the UK almost 600 sons, daughters, mothers, fathers and friends lose their lives every day to heart and circulatory disease, with someone having a heart attack every two minutes.

June Davison, cardiac nurse with the British Heart Foundation says: "Heart disease is the most common cause of death in the UK, and the stereotype that it mainly affects middle-aged men is wrong.

"Heart disease can affect anyone. For instance, four times more women die from heart and circulatory disease than from breast cancer, and the age of people affected by it is likely to become younger with the increase in obesity and diabetes, the two major factors that increase the risk of heart problems."

During June the BHF's Help A Heart campaign aims, through voluntary fundraising and events, to raise £1.5 million for heart research.

Davison points out that one in three people fail to recognise the signs of a heart attack, delaying an average of 90 minutes before calling an ambulance, and so die before they get to hospital.

"We want people to become more aware of heart health and symptoms so they avoid a heart attack in the first place. After a heart attack people can suffer lifelong debilitation because their heart muscle has been permanently damaged.

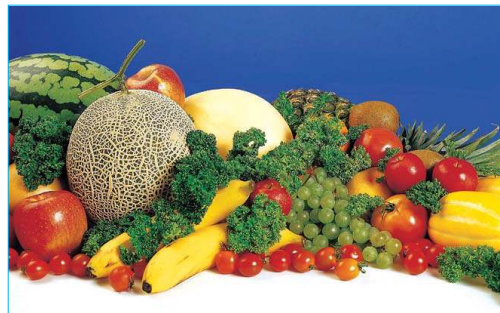
"Although treatment is improving all the time, and death rates are dropping, more and more people are having to live with heart and circulatory problems which could be avoided through making simple lifestyle changes."

Check out your heart health with our guide.

WHO'S AT RISK?

:: In general, heart attacks are more common in elderly people, and up to the age of 50 more common in men than women. It is thought that women may have a hormonal protection before the menopause which reduces their risk of heart attack.

In 2004 105,000 people died of



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coronary heart disease, 58,000 men and 47,000 women.

But heart disease is no respecter of age. TV sports presenter Gabby Logan lost her 15-year-old brother to heart disease. She supports the BHF campaign and says: "I'd give anything to get my brother back. He was so young and full of life, which shows that heart disease can affect anyone."

WHAT IS A HEART ATTACK?

A heart attack happens when a coronary artery carrying oxygen-rich blood to the heart muscle is blocked. If the blood supply is cut off, a part of the heart muscle dies.

WHAT ARE THE SYMPTOMS?

Symptoms can come on sud-



denly, but sometimes the pain develops more slowly. It can sometimes feel like severe indigestion.

Most heart attacks cause extreme pain in the centre of the chest. It's often described as heaviness, squeezing or crushing and may come on suddenly, causing a person to collapse.

The pain can also be a dull chest pain that may spread to the arms, neck, jaw, face, back or stomach. The person may be pale, sweaty and breathless, and possibly suffering nausea or vomiting.

Women especially can experience other symptoms such as dizziness, nausea, weakness, sweating and fainting with or without chest pain during an attack.

WHAT SHOULD I DO?

:: Emergency medical treatment is vital. You should call 999 for urgent medical attention if you have the symptoms - delay can kill. Yet four out of 10 people prefer to 'wait and see' if the pain gets better, and around 64% would call someone else first, like a friend for advice, according to the British Heart Foundation.

Professor Peter Weissberg, BHF medical director, points out: "Every second counts when you are having a heart attack. The quicker you call 999 the greater your chances of survival. Unfortunately, too many people waste vital minutes questioning their symptoms."

"Central chest pain is the most common warning of a heart attack, but it does not have to be excruciating to be a serious problem."

WHAT CAN I DO TO AVOID

A HEART ATTACK?

:: CHOLESTEROL

Cut down on saturated fats in your diet to help lower your blood cholesterol. Avoid sausages, burgers, biscuits, cakes, pastries and dairy products, which can lead to fatty deposits in your coronary arteries. "Get your cholesterol level checked and if it's high be aware that saturated fats are hidden in foods like pastries, pies and biscuits," Davison advises.

:: DIET

Eat more healthy food like fresh fruit and vegetables, oily fish, lean meat, wholegrain bread and cereals - this can help look after your arteries and your heart.

:: EXERCISE

People who are active halve their risk of getting heart disease. Taking half an hour of moderate exercise a day (around 1,000 steps) will help. "At first split it into three 10-minute sessions if that makes it easier and either walk, swim or cycle. You just need to raise your heart rate comfortably, it does not have to be a strenuous gym workout," Davison says.

:: SMOKING

If you are a smoker, you're twice as likely to have a heart attack so give up now. From the moment you stop smoking the risk of a heart attack starts to reduce.

:: ALCOHOL

Check your alcohol intake: binge drinking increases your risk of a heart attack. One to two units a day is acceptable. The daily maximum is three to four units for men,

and two to three for women.

:: WEIGHT

Statistics now show that around half the population is overweight, and obesity greatly increases your risk of heart problems. Find out if you are obese and talk to your doctor about moderating your diet and starting an exercise programme.

:: SALT

Cut down on salt, because too much can lead to high blood pressure. Davison says: "Around 75% of salt intake comes from processed foods and others such as sausages and bacon. Check food labels - as a guide 1.2g of salt per 100 is high, while 0.25g or less is low."

:: FAMILY TREE

Get your blood pressure and cholesterol levels checked by your GP, especially if you have a family history of coronary heart disease or diabetes.

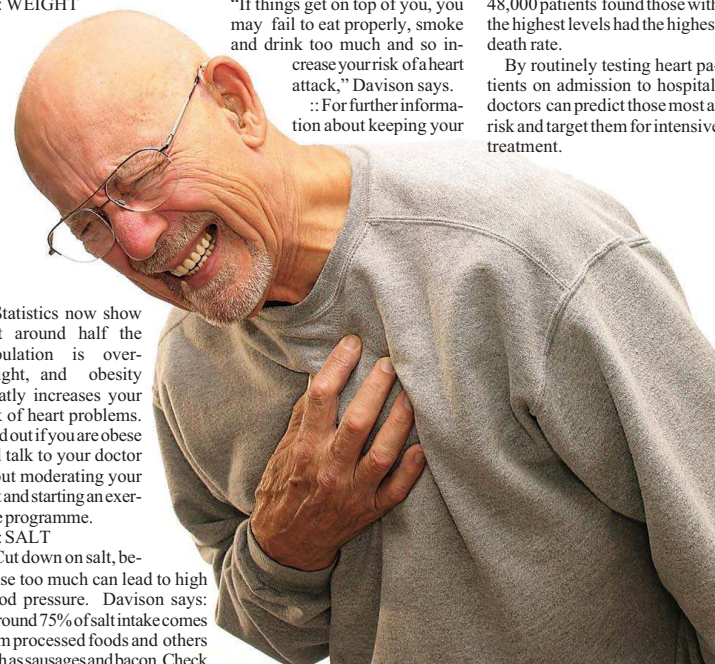
:: STRESS

Learn to manage stress levels. "If things get on top of you, you may fail to eat properly, smoke and drink too much and so increase your risk of a heart attack," Davison says.

:: For further information about keeping your

stressed or damaged. A study of 48,000 patients found those with the highest levels had the highest death rate.

By routinely testing heart patients on admission to hospital, doctors can predict those most at risk and target them for intensive treatment.



heart healthy, or on supporting the campaign visit www.bhf.org.uk or call 0845 241 0976.

:: A simple blood test could reduce heart failure deaths, according to a new American study.

The test picks up the hormone B-type natriuretic peptide, BNP, released by the heart when it's

Research leader Dr Gregg Fonarow from the University of California, Los Angeles says: "This is the first study to demonstrate a connection between BNP and mortality risk among heart failure patients." Forty per cent of heart failure patients die within a year.

Gabrielle Fagan

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Falklands flashback

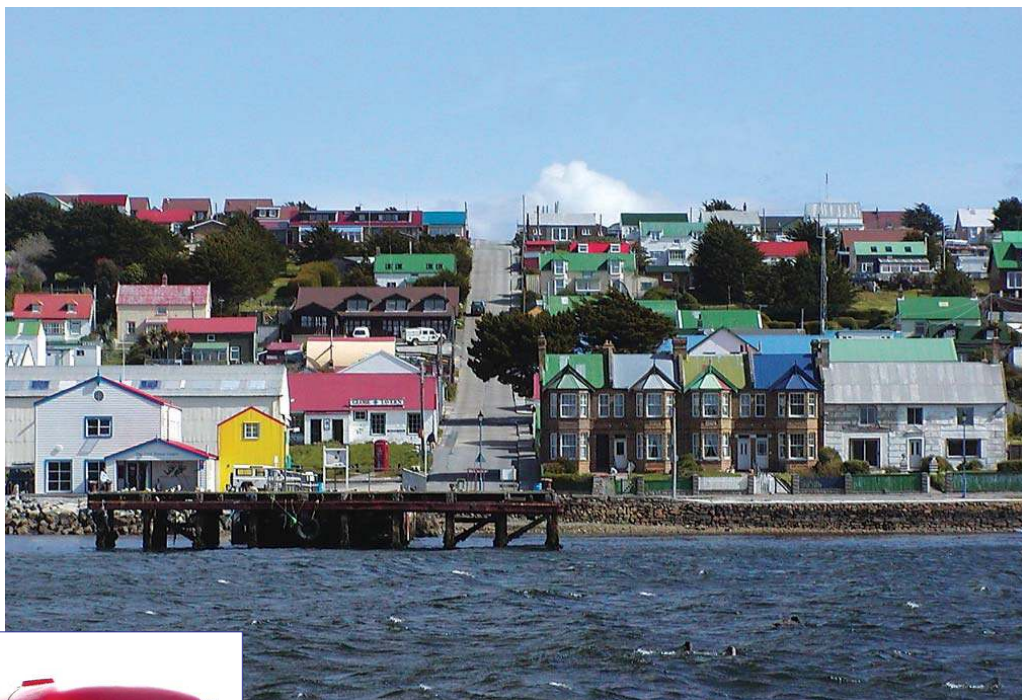
"For Sale: ...two small tussock islands... home to Magellanic penguins ...Southern sea lions and elephant seals.... Payment terms negotiable."

This is not the sort of property advert I am used to seeing in a local paper. Surrounded by notices offering secondhand cars, it is tucked away among the small ads at the back of Penguin News, the weekly paper of the Falkland

Islands.

I came here primed to find a Little Britain and in some ways that's what I discovered. But they don't have elephant seals in the Home Counties.

Twinned with Whitby, the



ted in after the news on the radio, you can hear The Archers.

I can't help noticing, parked in a windswept yard along the seafront, a double-decker London bus. A number 38, its destination board is still set to Victoria Station. And it is still advertising performances of Les Miserables and Phantom Of The Opera at the other end of the world.

It is obviously a tour bus, but sitting here with the South Atlantic crashing behind, it looks as odd as Dorothy's Kansas house in the land of Oz - as if the old Routemaster had been picked up by a whirlwind as it chugged through the West End and transported nearly 13,000 kilometres.

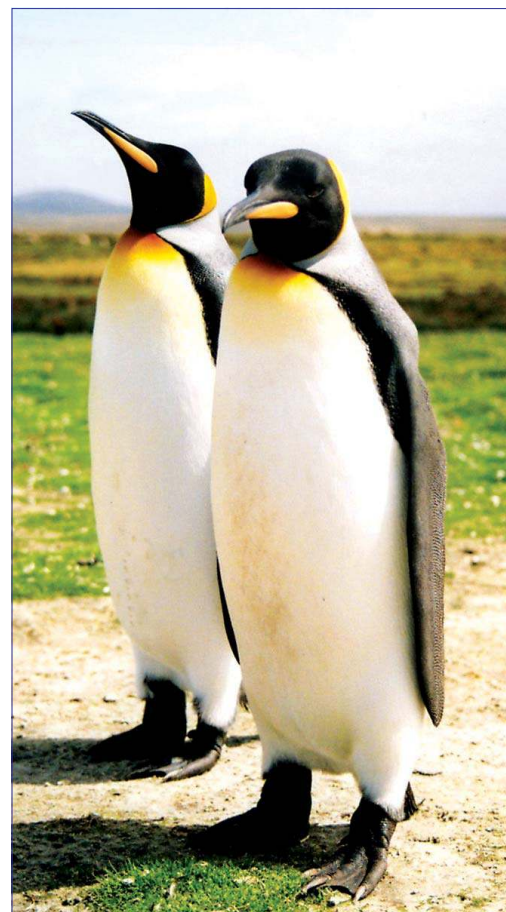
Outside the supermarket - where Waitrose branded goods are on sale - there is a small line of 4x4s. But you only have to glance at the barren rocky headland across the bay, or the rugged mountains outside town, to know that these could not fairly be called 'Chelsea tractors'.

This is not just a British town which got a bit lost - this is the southernmost capital in the world, the last stop before Antarctica for thousands of cruise ship passengers every year. They disembark from gigantic liners moored nearby to swell the population of Stanley for an afternoon, drinking tea or queuing to pick up a penguin - a fluffy one - from the souvenir shop.

For all the similarities to home, the sense that I have arrived at the Ends of the Earth is inescapable. Despite the surprisingly warm summer sun, the South Atlantic winds blasting along the

seafront are not like those I'm used to. The sight of giant birds gliding past, more like pterodac-

tyls than seagulls, hints at the wilderness just outside town. I take a 10-minute taxi ride out



capital Stanley does have more than a hint of home about it. But similarity is only half the story.

There are red phone boxes dotted around, pillar boxes too - surviving from the reign of George VI. Pubs have names like The Globe Tavern and The Victory Bar - known locally as "the Vic". Every evening, reassuringly slot-





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Aeroporto de Faro

to a bay called Gypsy Cove to see my first penguins. On the way Mr Bonner, the cab driver, points out the rusting hulk of the Lady Elizabeth, one of several romantic wrecks long since run aground in the area. Built of cast iron in Sunderland in the 19th century, her three masts and narrow shape give her the look of a lost pirate ship.

Outside Stanley I see the 'campo' - from the Spanish word 'campo' for countryside.

A place where sheep outnumber people more than 200 to one, the Falklands landscape is wild, barren and eerily beautiful. Treeless and covered in gorse, 'white' grass and peat bog it is part Hebridean, part Martian.

The cove itself is an Eden with perfect white sand and vivid blue water. But the beach is out of bounds - 25 years after a war that left a legacy of more than 100 mine fields, it is still 'suspect'. Only the penguins venture onto the sands - apparently too light to set off mines.

Beside the path, hundreds of them are waddling around on the grass, others peering from burrows, heads wagging. These are Magellanic penguins, a variety which nest underground.

But the real show-stoppers are the majestic king penguins. A

two-hour Land Rover drive from Stanley, easily arranged through local tour firms, takes visitors to Volunteer Point. The path to the beach here is marked by a surreal mix of sheep, geese and Magellanic penguins. I arrive at the sea in time to watch a wave of larger gentoo penguins pouring over a miniature sandy cliff and heading into the water.

But it is only as I glance behind me that I see what at first looks like a crowd of tourists dressed in black cagoules. Walking closer, a colony of kings comes into focus. Surprisingly tall and unnervingly curious, there are 500 breeding pairs here.

Back in town I stay in the Upland Goose, the hotel made famous by war correspondents after the liberation of Stanley in 1982. With clumps of lupin in the front garden and whitewashed walls it could be a British seaside boarding house. But I never did spot Basil Fawley. Inside it serves up full English breakfasts and, later, fish and chips - Patagonian Toothfish, I'm told.

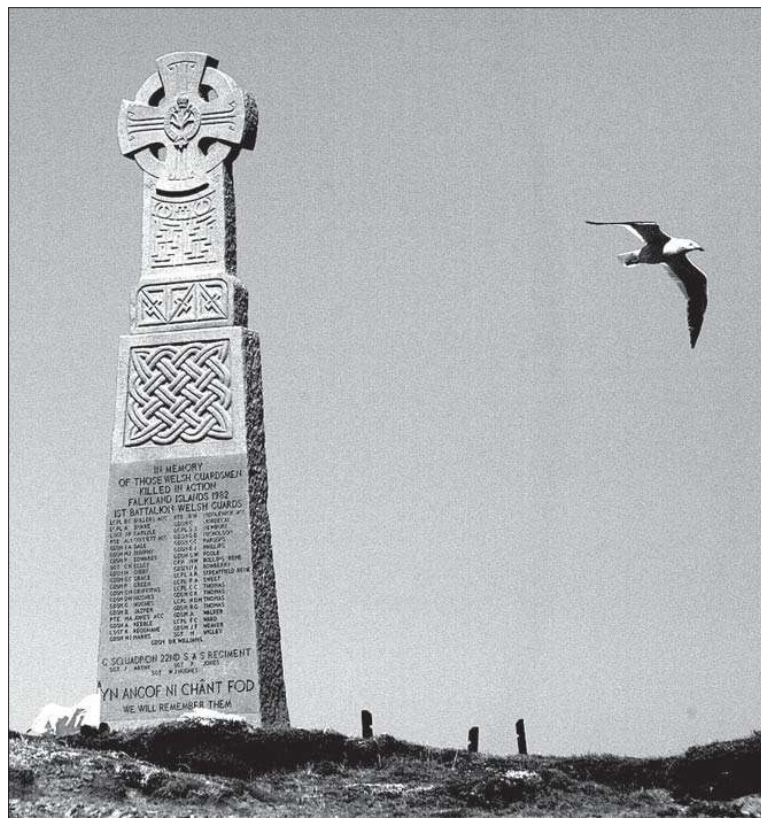
While the tin-roofed houses of Stanley are instantly recognisable from archive television footage of 1982 I have seen over the years, much has clearly changed about the place since then.

Those who were here at the time are struck by how Stanley has doubled in size. New houses, new cars, new aspirations are everywhere. But with only 4,000 people - most of whom live in or near Stanley - the islands look set to retain their unique, remote, identity in a shrinking world. There is no Starbucks, no McDonalds, no Tesco.

No visitor to the Falklands can, or should, avoid the legacy of what happened here 25 years ago. Just outside town, mountains that became household names in 1982 - Tumbledown, Two Sisters, Harriet - still vividly tell the story of what happened.

Shell holes have now filled up to become peaty pools and occasional rusty remnants of battle lie around. On top of Tumbledown a proud cross sits on top of a cairn honouring the men of the Scots Guards who fell in one of the last battles of the war.

A day excursion by Land Rover to the west of the main island of East Falkland takes in Goose Green, the remote sheep-farming settlement where in May 1982 the first and one of the fiercest land battles of the war took place. On the road in from the forlorn Argentinian cemetery at Darwin we stop off to visit the



Pictured above: A memorial overlooking the bay at Fitzroy on the Falkland Islands to commemorate those who were killed on the RFA Sir Galahad in the bay; left: the Upland Goose Hotel, located in Stanley, the capital of the Falkland Islands. Opposite page - top: Jetty centre, Stanley; middle left: a piece of military equipment and an old No.38 bus next the jetty; bottom: A pair of King Penguins, and a male King Penguin feeds its chick at Saunders Island in the West Falklands. They make no nest, instead holding the single egg on their feet for the entire incubation period of about 55 days.



gully where the now-legendary Col 'H' Jones died charging an enemy position, an act which won him the Victoria Cross. A simple memorial marks the spot.

Further around the coast sits San Carlos Bay where the British landings to retake the islands took place. A round stone corral encloses the British cemetery where 'H' Jones and others are buried. Neat rows of war graves stand like those in Flanders or Normandy but honour a much more recent generation.

It is to places like this that thousands of ex-servicemen have returned in recent years, to retrace their steps, relive their experiences and deal with the ghosts of the past. The bay below looks oddly familiar from news footage - but now at peace, strangely beautiful. This may be a corner of another hemisphere which is 'forever England', but the rugged landscape around has the air of another world.

TRAVEL FACTS

John Bingham flew from RAF Brize Norton to Mount Pleasant, Falkland Islands, on a Ministry of Defence flight. These start at £1,892/£2,790 return, with three flights per fortnight currently available. Details from Falklands Islands Government Office on 00 44 (0)20 7222 2542 or you can e-mail:

travel@falklands.gov.fk

Via South America, the weekly British Airways/LAN service links Mount Pleasant, Falkland Islands with Santiago via Punta Arenas, Chile (stopping once a month at Rio Gallegos, Argentina), at £1,000/£1,475 each way. Details at the website: www.falklandstravel.com

Tour operators to the Falklands include Island Holidays Plus, which offers a two centre stay taking advantage of the new flight from Rio Gallegos to the Falklands, from £5,275/£7,780 (two sharing) based on Aerolineas Argentinas flights ex-Gatwick to Buenos Aires on November 3, 2007.

Further destination information is available on www.visitorfalklands.com

John Bingham

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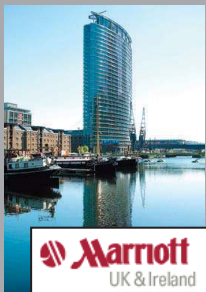
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Kid's stuff

Who better to create recipes that every child will love to eat than the nation's mums themselves? We talk to Siobhan Freegard, co-author of *Feeding Kids: The Netmum's Cookery Book*, about how to make simple, nutritious dishes for your kids every day of the week.

Kids are notoriously tricky to please at mealtimes, but if you're struggling to come up with simple but nutritious dishes that your little monkeys will ask for time and time again, relax, as expert help is at hand from the nation's mums.

"Home cooking is important in so many ways and yet, for so many reasons, it can be the thing that slips close to the bottom of our long list of daily chores," says Siobhan Freegard, founder of Netmums.com, the UK's fastest growing parents' organisation, and co-author of *Feeding*

Kids: The Netmum's Cookery Book, by Netmums and Judith Wills, published by Headline, priced £14.99/€22.13.

"But does cooking have to be such a chore? It shouldn't be and doesn't need to be - a little knowledge, a few ideas and a bit of planning can make all the difference."

The 100-plus recipes in the book are designed to help you put appetising and healthy meals on the table every day, 365 days a year, Siobhan says.

"They will help you to help your child enjoy good food, to understand what a healthy diet for

kids is, and how to provide it without too much hassle."

Trying to buy healthy foods, but confused by all that packaging and talk of RDAs and calories per portion? Netmums have already done the work for you, Siobhan explains: "We also help you to understand food labels so that you can buy commercial products that fit happily into a balanced diet for the family."

"We've offered you some help as well with planning the

family meals, as a little planning really does go a long way," she says.

"Each recipe is health rated using traffic light symbols for salt, fat, saturated fat and sugar levels, and includes nutrition notes to give you some pointers on the health benefits."

Here Siobhan shares one of her favourite recipes - yummy enough to keep even the most devilish of little angels happy.

Emma Pomfret

Moist Lemon Cake

(sent in by Priti from Lewisham)

Ingredients

110g butter
175g caster sugar
175g self-raising flour
1 level tsp baking powder
2 large eggs
finely grated rind of 1 large or 2 small lemons
60ml milk

Drizzling Sauce

Ingredients

3tbsp granulated sugar
juice of the lemons

To prepare:

Pre-heat the oven to 180C/350F/Gas 4. Lightly grease a 450g loaf tin.

Put everything except the sauce ingredients in a food processor and whiz until really smooth (the mixture is quite runny). Pour into the prepared loaf tin and bake in the pre-heated oven for 40-50 minutes.

Meanwhile, dissolve the sugar for the sauce in the lemon juice.

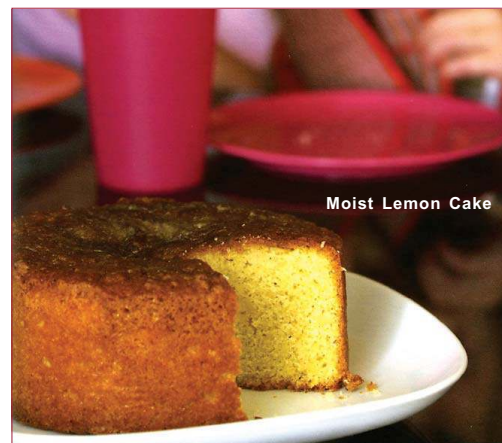
Test that the cake is done by inserting a metal skewer into the centre. If it comes out clean it's okay.

Place the cake, still in its tin, on a cooling rack and prick all over with a skewer. Spoon over all the sugar/lemon liquid and leave the cake in the tin until quite cold.

Mister Grilo Restaurant is a tricky place to find in Porches, but well worth the discovery. Not only well known to local residents, but also travellers from afar. The bar/waiting area is comfortable, often with an exhibition of local artists on display, and the Bistro dining room is painted with warm paint - washed walls with miniature palm trees and mosaic-tiled tabletops creating a lazy, sunny feeling as you sample the quite extensive menu. There are lovely sea and country views from the terrace,

where you can try their delicious chicken 'cabidela' or octopus rice with coriander. A children's menu is available and there is live music on Thursdays.

Restaurante O Monte is located at Quinta Velha Cabanas in Cabanas de Tavira and your hosts Louis and Debbie welcome you to their old, farmhouse-style eatery. Their international team of chefs offer a mixed cuisine of traditional roasts, creole and eastern dishes at very good value. The interior of the spacious restaurant is decorated in pink and lilac presenting a chic yet cosy atmosphere. There is a large terrace sur-



Moist Lemon Cake

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Mister GRILO
Restaurante

One of the most beautiful restaurants in the Algarve. Nelita, a fantastic chef, serves wonderful dishes: duck breast with peaches or plums, many fillets (with sauces) flambéed at your table, Tournedos wrapped in bacon, Vegetarian dishes, cataplanas etc. Very good service. Lovely sea & country view from terrace. Clients always return!

Bookings, Domi: 282 381 176 or 918 365 426
Rua António Joaquim Cabrita N° 7
Porches 8400-471

A newly opened restaurant in the traditional Algarvian village of Alte. Restaurant A Ponte invites residents and visitors to come and enjoy relaxed dining in unspoilt surroundings.

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- ◆ Evening A La Carte menu
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"His passion for food is as obvious as his culinary creativity and genius" - Portugal News

WWW.BISTRO-DES-ARTES.COM

Rua Calvario 69 - Almancil (see site for routemap)
tel 289-395 114 • mob: 967 785 601 • closed Monday

rounded by beautiful gardens, where you can relax and enjoy your meal, served by their smart and helpful staff, who speak French and Portuguese as well as English. Children have their own menu and you are advised to reserve your table rather than be disappointed.

Exquisitely-decorated with modern works of art, **Bistro des**

Z'Artes restaurant in Almancil is co-owned by re-nowned chef Stanley Van Buren and Simon Visser Domus. Presentation is always of the highest level of professionalism, a must for Stanley, who believes that first impressions are most important as "food must look as good as it tastes". Together they produce unique dishes such as: Peanut Butter

Soup with Baked Banana and Yellow Curry Soup with Lemon Grass and Coconut Milk. Whether you are a meat or a fish person the menu offers something to satisfy even the most discerning connoisseur.

Shanghai Chinese Restaurant offers excellent quality, and only fresh produce in all its delicious dishes from

Shanghai. These regional dishes are not found in other Chinese restaurants. Your hosts Wen and Ying, along with their friendly staff give a fast and efficient service, which includes take-away. They will even prepare your favourite special Chinese dish! Just give them time to make it. However, you might like to try their Sizzling Prawns

with ginger and onion or maybe Canton Spicy Duck, or how about their sweet Thailand Fried Rice. They are easy to find, on the Almancil road going to Vale do Lobo - look out for the fishpond in the front.

Dolce Vita Restaurant Pizzeria is located in the centre of Lagos opposite the Cultural Centre, between two streets - with two different entrances! The decor inside is black and white, which gives a fresh clean look. Your host, António suggests you book a table so as not to miss his Stuffed Salmon with Seafood or Leg of Lamb served with a Red Wine and Rosemary Sauce, as well as traditional Italian dishes such as pizzas and pastas, and a variety of salads. There is a bar and a wide selection of wines on offer. All this at excellent value and staff who are friendly, smart and helpful! The atmosphere is relaxed and in summer you can enjoy eating outside on their rustic terrace amongst the shrubs and flowers, or at the front of the restaurant on the pavement watching the world go by.

Restaurante A Ponte is a newly-opened restaurant in the traditional Algarvian village of Alte, where residents and visitors alike are invited to enjoy relaxed dining in unspoiled surroundings. They offer a very varied menu, including vegetarian

dishes, snacks and a children's menu. You can also choose from a selection of freshly caught fish and an evening 'A La Carte' menu. The non-smoking dining room is air conditioned and has a family atmosphere to complement the children's play area. During the long summer months you can dine under the stars on their large terrace. Reservations are advised.

Restaurante Florestal is a gastronomic oasis lying within the National Forest close to the village of Barão de S. João, which is located between Luz and Lagos. Whilst the ambience inside the restaurant is rustic and romantic, the terrace and garden outside offer peaceful surroundings to enjoy al fresco dining at its best, with fantastic views. Your hosts, John from England and American Sharlene present a very cosmopolitan menu including their delicious Breast of Duckling, vegetarian choices and dishes with a taste of Mexico! Every Sunday there is a special brunch from 12 noon to 3 pm, with occasional live music and a good selection of wines. Don't forget to reserve your table!

Pousadas de Algarve can be found in Tavira, St. Clara A. Velha, S. Brás de Alportel and Sagres. Call to reserve your table for the best in Algarve cuisine and receive a 10% discount!

Restaurante O Monte

Relax in beautiful surroundings

Our international team create cuisine flavours from all over the world

Traditional Sunday lunch

Something different

RESERVATIONS RECOMMENDED

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Tavira

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Rua do Comercio 94, Almancil
289 397 642
Open from 12pm to 11pm

Restaurant guide

ALMANCIL

Bistro des Z'Artes
International Menu
Open: 12.00- 15.00 & from 7pm.
Closed Mondays
Rua Calvario, 69, Almancil
Tel: 289 395 114 / 967 785 601

Shanghai Restaurant
Delicious dishes from Shanghai, China
Open: Daily 12.00-15.30 & 18.00-23.30
Rua do Comércio, 94 R/c, Almancil
Tel: 289 397 642

A Floresta
Portuguese & International cuisine
Open: Mon-Fri 12-15.00 Mon-Sat 18.30-22.30
Est. de Vale do Lobo, Almancil
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Closed Mondays
Rua D. Sancho, 14, Alvor.
Tel: 934 206 102

ESTOI
Quinta dos Poetas
Portuguese Gourmet
Open: Tues - Sun for Lunch & Dinner
Apartado 1126, Nr. Estoi
Tel: 289 990 990

LAGOA/SILVES

Mister Grito
National, International & Vegetarian dishes
Open: 17.00 - midnight
Rua António Joaquim Cabrita, Nº7, Porches, Lagoa
Tel: 282 381 176 / 918 365 426

O Cantinho dos Italianos
Pasta dishes
Open: 12.00 - 15.00 and 18.00 - 23.00
Largo 25 de Abril, No 1, Pêra
Tel: 914 844 269

Porches Velho
Portuguese Cuisine with Fado every Friday night
Rua da Praça 8400-477 Porches
Tel: 282 381 692
Mob: 919 255 992

LAGOS/LUZ
Florestal Restaurante
Cosmopolitan menu
Open: Tues-Sat. 12.00-2.30pm & 7.00-10.00pm Sun. Special Brunch 12-3pm
Barão de S. João, Nr. Luz
Tel: 282 687 204

Dolce Vita
Pizzeria and International Menu
Open: 12.00 - 15.00 & 18.00 - 22.30
Rua Soeiro da Costa & Rua Lançarote de Freitas, Lagos
Tel: 282 768 466

O Beiral
International & Vegetarian menu - Italian specialities
Open: Tue - Sun 11.00 - 15.00 & 18.00 - 24.00
Closed: Mondays
Rua Dr. Guerreiro Tello, Barão de São João, Luz
Tel: 282 688 004 / 912 299 672

O Mandarin
Chinese & Asian dishes
Open: 19.00 - 23.30

Caliças, Albadeira, Lagos
Tel: 282 762 401 / 282 760 424

Vila Palmeira
Gourmet restaurant
Open: Restaurant - 19h to 24h
Bistro & Bar - 11h to 24h (Both closed Mondays)
Meia Praia, Lagos
Tel: 282 770 902

Don Toro Steakhouse
Steaks, gourmet burgers, fish grills & vegetarian
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Rua Lançarote de Freitas, 12, Lagos. (Opposite the Cultural Centre)
Tel: 282 767 234

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TAVIRA
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www.pousadas.pt

Restaurante O Monte
International Cuisine
Open: Tues-Sun from 7pm and for Sunday Lunch
Cabanias de Tavira
Tel: 964 432 465

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Look sensational this summer with Gardeur Direct



Long hot days, long balmy evenings, Summer is one of the nicest times of year. After months of chilly temperatures the multiple layers of clothing can finally be stripped off and we can revert back to minimal garments.

Located in Praia da Luz, Gardeur Direct specialises in ladies' fashion for all occasions, always stylish and always elegant. But now, in summer, fashion really comes into its own. Vibrant colours, floaty, shimmery materials, exquisite embroidering and embellishments – this is the season to make a statement.

At Gardeur you will find rail after rail of beautiful, high quality separates, catering for ladies of all ages and shapes, with well-cut designs that range from size 36 to 48.

All you need for cool and classically casual summerwear can be found in stock; light linen trousers or jeans (for which Gardeur are internationally-renowned as specialists for their tailored and tapered cuts), three-quarter leg or cut-offs, sundresses, skirts, pretty t-shirts and spaghetti-strap tops, as well as fashionable kaftans, to be worn maybe to the beach or in evenings over a top and jeans. Floaty, shimmery kaftans can be seen on most catwalks and are one of the season's must-haves, as are the oversized, practical beach-bags now available from Gardeur for fantastic prices.

Now in stock is a new collection of Panama sun hats for both men and women, as well as a range of men's shorts that accommodate waist sizes 30–46. Another recent introduction is the trendy 'Sasperilla' range, for the younger market.

According to Katie Robinson, executive assistant, this season's colour palette includes lots of natural and nude colours, as well as vibrant turquoises, hot pinks, and refreshing citrus colours. Therefore, on the rails you will find deliciously-named collections such as

the 'fruit cocktail' range, or the 'coffee and cream' collection. All Gardeur staff are happily on-hand to make the shopping experience even more pleasurable, by offering personalised assistance and advice, if asked for. The store is comfortably air-conditioned with spacious changing rooms.

To perfectly complement any outfit there is a vast range of beautiful hand-made jewellery in a rainbow of colours, made by a local artisan using beads, shells, wood,

and semi-precious gems. Stunning creations to complete a unique outfit. Also, for cooler evenings, there are a selection of light cardigans and jumpers. Still available are the reduced-price rails of garments, with 50 per cent off selected items, as well as a special offer on polo shirts for €15, and a range of jeans sizes 36–48, all at €59. The shop is open Monday to Friday, 10h00 – 18h00, and Saturdays from 10h00 – 14h00. For more information, call: (+351) 282 788 630.



Katie Robinson

Thomas Baur – Raising the standards of living



Thomas Baur has lived in Portugal for seven years. Over that time, as well as importing the highest quality German stone and wood construction materials, he has gained an impressive insight into the Portuguese bureaucratic system for habitation projects and licensing. Altogether, he offers a simple and straightforward path to obtain the finest in bespoke property construction.

Thomas has over 20 years' experience in the construction trade, having built and restored numerous properties in Germany, including large farmhouses and listed buildings. He has taken his past expertise and tailored it to Portugal, having gained expert knowledge concerning bureaucratic issues like acquiring building per-

mission (where and how you can build), approval and legalisation of projects, how to read PDMs (Municipal Plot Maps), and topography.

His services cover basic property construction, connecting or creating boreholes, and installing electrics and water. If you do not own land on which to build your

house, Thomas has over 350 plots at his disposal, or will source your ideal location for you.

Specialising in bespoke wooden homes, only the best materials are used, like thick solid beams, (as opposed to the standard tongued and grooved method),

deep, sturdy foundations, quality insulation, and fire retardant plasterboard that can be painted to resemble regular smooth or rustic plaster finishes. Any type of wood can be used, including woods from all over the world.

Wooden homes offer many advantages over conventional constructions, being more cost efficient to build and maintain, as well as offering numerous health-related benefits. They are most beneficial for allergy and asthma sufferers as damp and humidity are eradicated, and afford a dry, fresh, living environment with comfortable temperatures, any time of year.

Thomas's expertise means that he can incorporate any number of materials into his projects achieving features that would normally

Apologies to Mr. Raymond Compton of the Algarve Book Cellar for misspelling his name in last week's article.

be unattainable, for example triple size doors and double windows.

All of his techniques were learnt in Germany, and comply with German standards. Additional services include building with white stone, metal work, roofing, terraces and decking.

Now, Thomas Baur can also pre-fabricate exterior walls in his own factory, making the entire process even swifter. So all that stands between you and the property of your dreams is a phone call. For more information contact Thomas on: (+351) 914 595 693.



Inside you can have Mezzanines...



...large spacious dining areas...



...and the exteriors can be finished off with any style of rendering.

The Bowen 'wave' heads East



After experiencing the benefits of the Bowen Technique first-hand, Gareth Bullock decided to endorse his belief in the treatment by undertaking a radical change of life.

He quit his previous full-time career as a successful landscaper to extend the availability of treatments to the Eastern Algarve by becoming a fully-trained and recently-qualified Bowen practitioner.

Following in the footsteps of the hugely popular Patrick Matthews, one of the first practitioners to introduce the Bowen Technique to the Algarve, Gareth was in fact treated by Patrick for aches and pains caused by his landscaping.

Gareth responded so well to the treatment he decided to take it up himself, and is now 100 per cent dedicated to helping others through the Bowen Technique. Encouraged by Patrick, he underwent training for a year and a half and qualified last month as an authorised practitioner, registered with the Bowen Association UK. It is a considerable change for the former retail/project manager, who spent 10 years in London, before moving to the Algarve four and a half years ago for a better quality of life, and to spend more time with his family. In the simplest terms, Bowen consists of light, non-inva-

sive movements on the skin or clothes; gentle muscle manipulation that triggers a nervous impulse in specific areas to help the body to heal itself.

It is ideal for any ailment, physical or emotional, and offers almost instant relief. It is both curative and preventative, and can be used to detox, invigorate or energise the body, as well as prepare the body before operations, and speeding up the healing process afterwards. In fact, the Bowen Technique has proved so effective that it is increasingly recognised by the conventional medical world as a possible alternative to medicines and surgery. Interestingly, the Australian cricket team, the country from where the Bowen Technique originates, has a practitioner as part of its team.

Amongst many other problems, common and unusual, the Bowen Technique can be used to successfully treat:

- Migraines
- Back pain
- Post-traumatic shock
- Stress
- Incontinence
- Depression/Grief

- Frozen shoulder
- Hay fever
- Chronic pains
- Digestive and bowel problems
- General performance

It is appropriate for anybody, of any age, from newborns to the elderly.

It has also recently been given added attention due to its positive influence on conception, not being a miracle cure, but a ray of hope for those with fertility problems. It has proved popular and successful amongst couples, who are given the treatment in the same room, at the same time.

Gareth has now treated more than 30 case studies and has an increasing number of dedicated patients, including many former sceptics. This week he gave a talk at the Eastern Algarve Ladies Luncheon, and will soon be opening his first clinic in Tavira, hopefully to be followed by Ayamonte. Consultations are also held in Vale do Lobo, or home consultations can be requested. Call Gareth Bullock BTA on: (+351) 912 540 071, or email: gareth@bowenportugal.com. Alternatively see website: www.bowenportugal.com.



PROPERTY

An 11 page weekly guide to the latest and the best properties on the market in Portugal • The *Portugal News* • 9 Jun 2007

PROPERTY OF THE WEEK

A traditional townhouse in fabulous Ferragudo



If it is something a little more charismatic than a new-build home you are looking for, something with charm and grace, then this may be the property for you. Lovingly restored from ruins to the beautiful standard it presents today, this three-bedroom townhouse is located in the heart of old-town Ferragudo, on a picture-perfect street awash with quaintness.

It is only a short stroll to the quintessential fisherman's village square, to the beach or the many first-class restaurants that Ferragudo has to offer.

Once a sleepy hamlet, the village is now set to become a popular destination for international high society, with a luxury Marina soon to be built near its almost-complete conference centre.

Popular neighbouring village Carvoeiro and its golf courses are but a 10-minute drive away, with Portimão city on the other side of the river. Just a stone's throw away from this week's 'Property of the

Week' is the charming church, whose bell is the only noise you will hear ringing throughout the peaceful streets.

Down a cobblestone side street we come to the property's main front door, a heavy-set dark wood door that is typical of traditional houses.

Through the doorway, up a few steps, we arrive directly into an open-plan living room, to the left of which is a guest bathroom. There is also an original, raised, woodburning stove in working order, and glass-door enclosed alcoves for storage.

Towards the back of the property, up a few more steps, we come to a raised dining area, a very spacious area that is completely encased by beautiful patio doors with dark wooden frames—a feature that is found on all windows—and has an open corner fireplace. In keeping with traditional Algarvean design this house has been meticulously restored with authentic characteristics and features such as high wood-beam ceilings, polished brick floors throughout, tiling reminiscent of the era, and dark timbers.

To the right of the dining area there is a good size kitchen, rustic in style, with a corner-fitted cooker and dark wood cabinets, as well as a separate larder.

From the kitchen or through the various patio doors that encase the dining area, we enter a fully enclosed outdoor patio area that is largely stepped. A beautiful suntrap, it is the perfect place for summer barbecues, lazy lunches, or long evenings in completely secluded privacy. There is also a small outhouse for additional storage.

Up a flight of stairs from the living area we climb to the first floor where the bedrooms are.

Left is a single bedroom, which would be ideal as a study or home office, followed by a larger double bedroom complete with inbuilt wardrobe. Both these bedrooms



A traditional townhouse in fabulous Ferragudo with authenticity and originality, charm and charisma.

have windows that offer stunning views over the Ferragudo rooftops and out to the bay that will soon become a luxury Marina. From the landing and right there is a WC with a washbasin, and another big family bathroom complete with toilet, two free-standing square washbasins, a partially-sunken tile-encased bathtub, and a walk-in shower.

The third bedroom, a very spacious master bedroom, has a full wall of deep fitted wardrobes, and a full wall of windows that overlook the pretty backyard patio.

An additional bonus is a roomy linen closet, and another door that leads to an attic, which could easily be opened up and converted into a fantastic roof terrace with views all over the village.

It is priced at €350,000.00.
For more information, contact Golden Tree on: (+ 351) 289 392

123, fax 289 392 238, e-mail: info@goldentre e.net, or see website: www.goldentre.net.



Meticulously restored, authentic characteristics like high wood-beam ceilings, polished brick floors and dark timbers have been incorporated in this property.



The living area with raised fireplace and stepped dining area.



The brick-paved backyard patio.



This three-bedroom townhouse is located in the heart of old-town Ferragudo, on a picture-perfect street.

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(Marginal) - 8800 Tavira
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Fax: 281 370 761
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Apartment - Cabanas
High quality 2 bedroom apartment on top floor (2nd) w/ 40m² terrace + 31m² roof terrace w/ lovely sea-view in new urbanization. 4 swim.pools, walking distance to Cabanas w/ its beautiful lagoon, shops, bars & restaurants. 1km from Benamor golf course.
Ref: EA 001 Price: € 225,000

Neighbourhood Luz de Tavira
Very attractive and comfortable 3 bedroom, 2 bathroom villa, on ground and first floor, with pretty garden of 585 m², built 6 years ago, situated in the neighbourhood of Luz de Tavira, 5 kms from Tavira in a pretty green area.
Ref: EA 002 Price: € 330,000

Neighbourhood of Altura
Semi-detached 3 bedroom villa with converted loft and garage on a plot of 308,25 m² with liner swimming pool, built in 1992 situated approx. 2 kms from the beach, 1 km from Altura and 5 kms from various golf-courses.
REF: EA 003 Price: € 330,000

Villas - Manta Rota
2 bedroom villas nearing completion consisting of ground, first and second floor, with pre-installation for air conditioning, back patio with BBQ, garage and access to swimming pool (10 x 6 m), within walking distance to the beach and village.
Ref: EA 004 Price: € 235,000

Neighbourhood Altura
High quality 3 bedroom villa with 2 bathrooms (one with sauna), prepared for air conditioning, with salt system swimming pool, surrounded by 450 m², situated within an urbanization, 2 kms from the sea and 1 km from Altura.
Ref: EA 005 Price: € 370,000

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If you want to see more detailed information about these - and other - properties, please visit our website:
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8800-354 Tavira - Tel: 281 320 281
VILAMOURA: EN125, Boliqeime
Opposite Barclays Bk - Tel: 289 301 294

Moncarapacho
Tastefully decorated modern villa w/ 4 large bedrooms, 3 bathrooms. Beautiful and mature gardens w/ swimming pool. Property is located in a sought-after residential area, marvelous views. Constr. approx. 250m², plot 5000m².
Ref: LHV-930 Price: € 875,000

Tavira
Bright 2 bedroom / 2 bathroom townhouse on elevated position offering stunning views over Tavira and ocean. Communal pool and gardens. Loft can be converted into 3rd bedroom with bathroom.
Ref: LHT-824 Price: € 267,000

WANTED

Good quality properties

If you are the owner of a good quality property and wish to sell,

please contact us to arrange an appointment.

Moncarapacho
Well-presented 3 bedroom villa w/ distant sea views, consisting of large living w/ separate dining area, fully equipped kitchen, 3 bedrooms, 2 bathrooms, large terrace, mature & landscaped garden. Approx. 898m² plot, 186m² covered area. Built 2003.
Ref: LHV-910 Price: € 380,000

Cabanas de Tavira
Well presented 3 bedroom / 2 bathroom Townhouse with communal swimming pool close to all amenities and beach. Lovely location and in excellent condition. Very good price. Covered area approx. 112m², built in 1997.
Ref: LHT-798 Price: € 285,000

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Santa Maria (Tavira)
New apartment situated in a residential and very calm Urbanization. It is constituted by bedroom, suite, living room with balcony, half-equipped kitchen, hall with store-room, bathroom and parking with automatic gate and access to the interior of the building.
Ref: 1700 Price: € 126,000

Santo Estevão (Tavira)
Old Olive Lagar from year 1816 in calm area a few mins from Tavira. Property has 448m² & 1,042m² land. Roof has been renovated in wood & some walls had been recovered. Some studies for restaurants & habitation have been submitted to council, excellent investment for restaurant.
Ref: 1690 Price: € 265,000

Biais do Sul (Olhão)
House w/ approx. 175m² construction area, close to beaches from Fuzeta. Ground floor: Hall, living room w/ fireplace & A/C, spacious kitchen w/ access to garage & garden, WC & storage. 1st floor: 3 beds, office, bathroom & large closed roof terrace.
Ref: 1693 Price: € 275,000

Fuseta (Olhão)
Nice Townhouse in Fuseta centre, completely renovated including plumbing. House composed of living room w/ A/C, dining area, kitchenette, bathroom, bedroom & large roof terrace. Possibility to extend property on top of roof terrace by 2 more rooms.
Ref: 1691 Price: € 150,000

Calijos (Olhão)
Nice plot of land w/ beautiful views over hills to sea. Land w/ 9.500m² w/some olive, almond & fig trees in very calm location. Plot has a ruin w/ approved plans for 200m² building. Close to A22 access and Golf courses in the area.
Ref: 1689 Price: € 135,000

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Olhos de Água
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Vilamoura
2 & 3 Bedroom apartments currently under construction, (completion 2009), overlooking Victoria Golf Course. Luxury fully managed complex offers outdoor swimming pools, 1 covered (indoor), gymnasium & guaranteed golf discounts. Great Off-Plan Investment!!!! Prices from: €475,000 / €327,000 (2 Bed) Prices from: €565,000 / €389,000 (3 Bed)

Vilamoura
Beautiful 3 bedroom / 2 bathroom detached villa with magnificent golf views. The villa has a private swimming pool in landscaped gardens and situated in a peaceful location within walking distance of the "Old Village" and its amenities.
Price: €690,000 / £475,000

Vilamoura
Brand new 2/4 bedroom town houses with 2 en suite bathrooms, fully fitted modern kitchen, lounge with fireplace, 2 further rooms in basement for further bedrooms, gym or games room.
Prices from: €480,000 / £331,000 (Based on Ex Rate 1.45)

Vilamoura
Beautiful Ground Floor 2 bedroom / 2 bathroom "Fully Furnished" apartment with front-line golf views. Wood-burning fireplace, radiator heating and air-conditioning. This apartment is perfect for holiday rental income or holiday home.
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Price: € 150,000

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T71824
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Price: € 220,000

Areias São João
V61618
Detached four bedroom villa renovated & excellently located near all amenities. Garden with swimming pool, five min. walk to the beach, excellent sun exposure and superb sea views. Excellent letting potential. Huge Basement.
Price: € 485,000

Vila Sol
A71798
Quality two bedroom apartment located within a five star golf resort just minutes walk to the Vila Sol Club House. Five minutes from Vilamoura and the beach. Large balcony directly facing the garden and swimming pool area. Excellent letting potential.
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Vilamoura

Apartment situated near all facilities composed of 2 bedrooms, bathroom, lounge, equipped kitchen, storage and large terraces. Construction area - 93 square metres.

Ref: A1180 Price: € 150,000



Vilamoura

Spacious 3 bedroom apartment composed of 2 bathrooms, lounge, kitchen, storage and terrace with sea and garden views. Parking space in the basement. Furnished and equipped. Construction area - 119 square metres.

Ref: A1098 Price: € 250,000



Vilamoura

Beautiful semi detached villa composed of 2 bedrooms, 3 bathrooms, lounge w/ fireplace, dining room, kitchen, basement and 4 terraces. Barbecue, swimming pool and garden. Furnished and equipped. Golf view. Plot: 200sqm. Constr. area: 160sqm.

Ref: V12482 Price: € 390,000



Loulé

Country villa composed of 3 bedrooms, 2 bathrooms, lounge w/ fireplace, dining room, kitchen, storage and various terraces. Carport and warehouse with 20 sq.m. Furnished and equipped. Plot area - 1.050 sq.m. Construction area - 197 sq.m.

Ref: V12490 Price: € 400,000



Vilamoura

Situated in a quiet area, villa composed of 4 bedrooms, 2 bathrooms, lounge and dining area with fireplace, kitchen, 2 storages and terraces. Basement and carport. Swimming pool and garden. Plot area: 740 sqm. Constr. area: Approx. 120 sqm.

Ref: V12485 Price: € 775,000



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Fuzeta

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- Pool & terraces
- House 175m², plot 1920m²
- Garden & garage

Ref. V900

Price: € 350,000



Quelfes

- Attractive spacious villa
- Quiet area, country views
- 6 bedrooms, 3 bathrooms
- Pool & terraces
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- Garden & garage

Ref. V895

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Ref. C883

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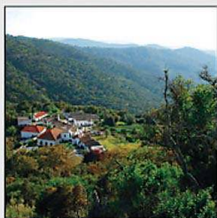
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approx. 560 m² living space, 10,000m² plot.
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Albufeira (Alpouvar): Apartment with
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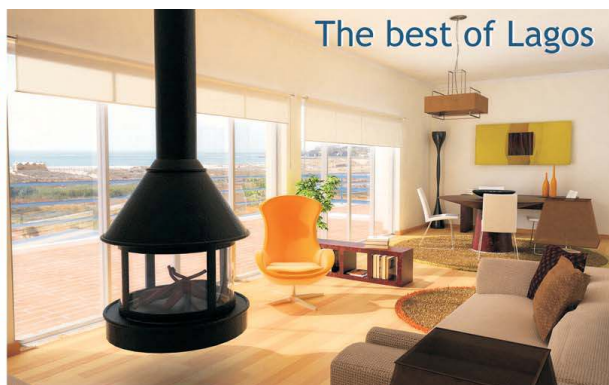
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ALCANTARILHA

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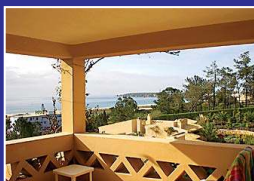
Spacious 4 bedroom villa with ca 7,000m² land near Monte Canelas, close to Penina golf course. 5 bathrooms, kitchen, 2 living rooms, storage and laundry areas. Pool, mature garden and garage. €595,000.



Villa in Aljezur with good access, close to the village and ca 10 km from beaches, with 4 annexed apartments, garage, private lake, kids play-ground, wine cellar, storage and ca 4 ha land. Good rental possibilities. €480,000.



Attached villa in very luxurious complex with tropical gardens, pools, tennis court and restaurant, near Meia Praia beach. Comprises 3 bedrooms, 2 bathrooms and private garden. €325,000.



2 Bedroom apartment with kitchen, spacious living room and large balcony, near Meia Praia with spectacular sea view. In private (closed condo.) complex with heated pool, garden and parking. €325,000.

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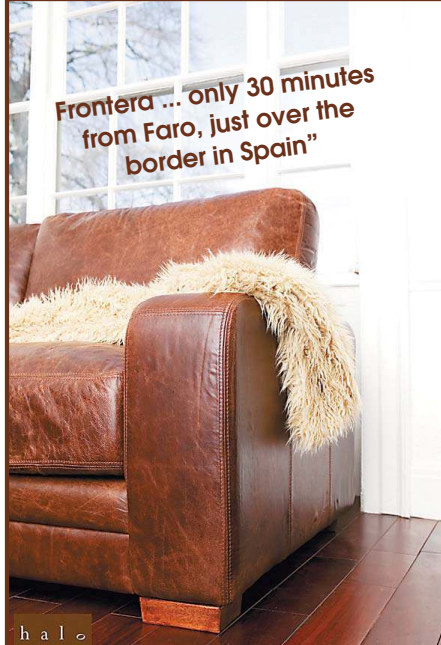
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Villa in Aljezur with good access, close to the village and ca 10 km from beaches, with 4 annexed apartments, garage, private lake, kids play-ground, wine cellar, storage and ca 4 ha land. Good rental possibilities. €480,000.



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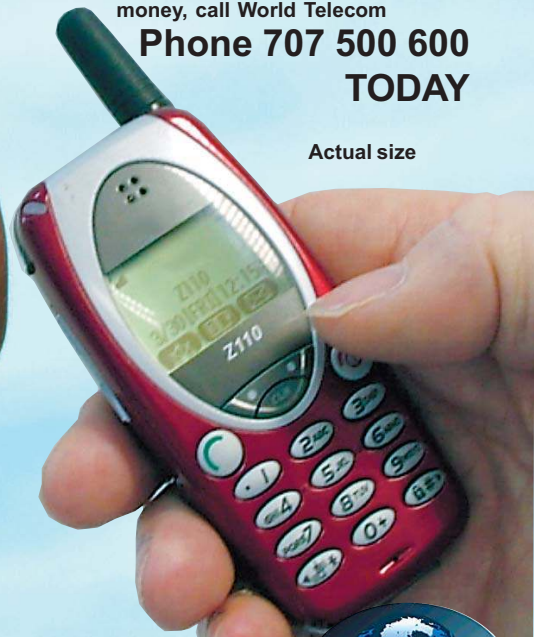
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Chelsea update



A garden at the Chelsea Flower Show.



Top designers made a welcome return to traditional planting at this year's Chelsea Flower Show, with old-fashioned favourites such as lupins, irises, peonies, achillea and cranesbill geraniums featuring in the rich, overflowing planting schemes.

Varying shades of blue, lilac and purple were in abundance and many plants that could easily grow in our own gardens were at the fore, from catmint (nepeta) and salvia to oxalis, delphinium and campanula.

Purple alliums were everywhere, popping up through wispy ornamental grasses like big round lollipops, while deep burgundy heucheras plants provided impressive contrast against silvery-leaved plants.

Deep purple salvia was another popular choice in planting schemes, many of which were dotted with yellow achillea plants to provide splashes of brilliance against deeper hues.

If Chelsea is to set the trend, we should be seeing more structured designs coming into our own gardens than in previous years, with angular geometric shapes, straight pathways lead-

ing to pretty garden seating, clipped boxes and other carefully shaped topiary, with water-saving and recycling techniques also coming into their own. Gimmicks are out. Beautiful, immense borders are in.

Dominant spiky plants such as cordylines have been replaced by softer plantings, more colour and some daring combinations of orange, gold and burgundy. Orange lilies were planted next to burgundy 'Queen of Night' tulips, while yellow achillea perennials and vibrant red crocosmias made some planting schemes sizzle.

History has provided a big influence in this year's show - from Chris Beardshaw's garden, celebrating 100 years of Hidcote Manor and inspired by its creator Lawrence Johnston, to 'Scent of a Roman', the Leeds City Council garden, with a Yorkshire theme influenced by historical evidence

of a Roman settlement in Leeds.

Some designers stuck with contemporary ideas - Andy Sturgeon created a modern amphitheatre and a contemporary pavilion inspired by modern Japanese architecture in his Cancer Research UK garden. His planting scheme was more muted than others - and not an allium in sight!

Gardening maverick Diarmuid Gavin's Westland Garden also had a modern twist, featuring a wood-clad pavilion featuring two glass studio spaces and two bubble chairs from metal rafters which looked like they were straight out of the 60s.

If you want to follow Chelsea's trend, make sure it's your plantings that make the statement - the surrounding buildings, steps and stones should fade into the background.

Hannah Stephenson

What's in store

Madge and John Measures

With some herbs, especially annual ones, you may want to preserve the leaves for use later in the year. We have used a microwave for this with excellent results. First wash the newly gathered leaves then put them in the microwave on top heat for a maximum of a minute at a time. Test frequently and once the leaves are almost dry test every ten seconds or so until they are ready to store being very careful not to dry them too long as they can easily catch on fire! You will find that drying them in this way will retain their wonderful colour.

Sage - *Salvia officinalis* - is one of our favourites as it also makes an attractive flowering shrub in the spring with masses of lilac flowers. Once it has finished flowering cut off the dead flower heads. It can grow to a height of 80cm with a spread of up to a metre. It is fully hardy and grows well in a well

drained, rich soil mixture in full sun or partial shade. In early spring it is best to cut it back to remove any dead wood.

There are several varieties of thyme available including *Thymus citriodorus* - the Lemon Scented Thyme and *Thymus vulgaris* the culinary garden thyme both with lilac flowers. Grow in a well drained soil mixture in full sun close to the edge of a flower border where you can really appreciate the scent.

Mint is another popular herb that is used with potatoes and peas in particular. It is a spread-

ing perennial that can 'take over' your garden if you are not very careful. Therefore it is better to keep its roots under control in small herb beds or large containers as it will spread far and wide if well watered. Alternately, if you have no small beds, put it in a large pot and sink this in the garden. Periodically lift the pot and cut the roots if they are escaping from the bottom of the pot. It grows well in a moist soil mixture in full sun. It is better to remove the lilac flowers as they appear.

Best of the bunch



Allium

These bulbs, otherwise known as ornamental onions, have increased in popularity in the last decade and quite rightly so, as they are easy to grow and provide large lollipop flowers in shades of purple, pink and white in early to mid-summer.

They come in all different sizes, although most are between 30-90cm tall. There's the medium-sized *A. christophii*, but if you want a real statement look to the giants - *A. 'Globemaster'*, which bear flowerheads 20cm across and *A. giganteum*, which reaches 1.5m or more and stand out in the crowd.

They will hold attention long after they have faded, the structural seed heads standing tall, adding to the planting scheme. If you're planting them in a border, surround them with ornamental grasses which will hide the strappy leaves, which start to die away before the flowers bloom and can look a little tatty.

To add rhythm to a planting, repeat through the border in small groups. Plant them in full sun, in well-drained soil in the autumn.

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Clean shiny hair like Penelope Cruz, Jennifer Aniston or Eva Longoria is a joy to have and head-turning to look at, but is more difficult to achieve. Nourish and condition your hair with plenty of love and attention, with the best products for your specific hair type, and it will shine and last for many years.

"Taking care of your locks is a threefold affair: providing nourishment, treating it with care and using the right products," Charles Worthington says.

"Imagine your hair to be as precious as a cashmere twinset - treat it accordingly and you will reap the rewards. Using the right products on your hair could make bad hair days a thing of the past.

"The first thing to do is to determine your hair type. Once you've got that right, then you can think about the extras."

Curly Wurly

"Curly hair can be unruly and out of control, and it is very important to have a good hair cut that is created to work with the natural movement in your hair," says celebrity stylist Anita Cox, who has worked with Anna Friel.

And naturally curly hair, as seen on Katie Melua and Rihanna, can often be misunderstood.

"Very curly hair has a very strong, coarse texture which can often look very dry," Charles says.

"This does not mean that the hair is in bad condition, it is just its natural texture. The rule of 'less

is more' doesn't apply for very curly hair - it will absorb a lot of product. Also, due to its coarse, drier nature, it needs deep nourishment."

The right products will control even the most unruly hair and make it smooth. Bumble and Bumble, Frederic Fekkai, TIGI, and Kerastase have specially designed ranges for curly hair.

Fine and Dandy

"With fine hair, the best cut is usually based around strong perimeter lines, like a classic or graduated bob," Anita explains.

"They also always work better with more solid form, especially if they are worn longer. Fine hair needs to be regularly trimmed every six to eight weeks, to keep ends looking thicker."

Charles adds: "This type of hair can look lank and lifeless soon after washing. Overconditioning

will weigh the hair down, so only use it sparingly. Always use volumising products especially formulated for fine hair too."

Charles says: "If you want dramatic lift, dry your hair upside-down. For extra height, don't be frightened to gently backcomb hair at the roots."

Thick

"Thick hair is open to a variety of haircuts, from short to mid-length to long. You should talk to your stylist, who will be able to advise you on a cut to best suit you, taking into consideration your face shape and position of your hair line," Anita says. Thick hair can sometimes be coarse, so you should use a good frizz shampoo and conditioner that penetrates the hair shaft and reacts with damaged areas, as well as forming a smooth and glossing film over the hair surface. *Shereen Low*

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Café-Concerto (Coffee-Concert) with Jazz and other music genres • Centro Cultural Vila Flor in Guimarães • Please see the website or telephone to find out what's on • Av. D. Afonso Henriques, 701 • Tel: 253424700 • Fax: 253424710 • www.aoficina.pt

www.the-news.net

ALMANCIL

EVERY SUNDAY

Summer Jazz • Every Sunday afternoon from 16h00 to 20h00 • free entrance • Monte de Vale d'Éguas (behind Apolónia carpark • Fax: 282320209 • admin@capeladasartes.com • www.capeladasartes.com



ARMAÇÃO DE PERA

MONTHLY

Monthly Writing Circle by Jenny Grainer • Hotel Garbe • The Monthly Writing Circle is on the first **Thursday** of the month from 10h30 to 12h30 • All welcome! • For more information ring Jenny on 963518184



PORTIMÃO

16 JUNE



Ballroom Dance Workshop • 16th June: Mambo & Final Show (time and place to be announced) • Participate and learn the steps and times of each dance. Do not miss this opportunity to discover new sounds and rhythms • Municipal Gimnodesportivo Pavillion from 16h00 to 18h00 • Av. Miguel Bombarda • 282470825 • www.cm-portimao.pt

QUARTEIRA

UNTIL 10 JUNE

Gastronomic Festival 'Sabores à beira-mar' (Tastes by the seaside) • Seafood festival at the restaurants on the waterfront

SANTANADA SERRA

DAILY

Horse Riding and Walking at Equi-Serra • For more details or to book: 1 hour, 1, 2, 3 days, or 1 week rides, 938147718 • www.equiserra.com

SÃO B. MESSINES

SATURDAYS & WEDNESDAYS

Quinta da Bica Saturday Mornings & Wednesday afternoons • Livery, Lessons, Hacks & Horse Share for all ages and abilities • For more information, please call: 282332746 or 914795301 • quintadabica@hotmail.com

SERPA

DAILY

Museu Arqueológico (Archaeological Museum) • Alcáçova do Castelo • 9h30-13h00 / 15h30-19h00 • 284540100 • www.cm-serpa.pt

TAVIRA

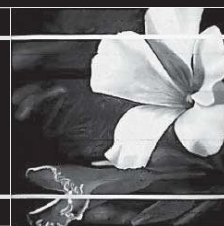
DAILY

Cachopo Museum • Centro Paroquial de Cachopo • 289844191 • www.cm-tavira.pt

South



**JESSICA DUNN
SEEGRUN LUBKE
TIAGO OLIVEIRA**



Exhibition at **Galeria Atlântica, Hotel Vila Sol, Vilamoura**

Until 5 July, from 19h00 to 21h00
(refreshments will be served)

Vila Sol is located just off the N396, between Quatro Estradas (E.N.125) and Vilamoura

Tel: 289 300586 or 289 320320
mob : 96 2544650 (Jessica)

Art Exhibition by the Lua Azul Art Group at Armazém Regimental, Lagos, until 10th June



On show are garden and patio metal sculptures, decorative tiles & paintings by local artists



Centre



CASCAIS

DAILY

Cascais Cultural Centre • Features shops, a coffee shop and a terrace • Open from 10h00 to 18h00 (Closed on Mondays) • Av. Rei Humberto II de Itália • Tel: 214848900

DAILY

Sea Museum - Rei D. Carlos • R. Júlio Pereira de Mello • 214825400

ESTORIL

UNTIL 12 JUNE

XX Salão Primavera (20th Spring Salon) at Casino Estoril • Four dozen young artists exhibit their works at the Art Gallery of Casino Estoril • Info.estoril@estoril-sol.com 214667700 • 214825400

DAILY

National Coach Museum • Set in a 17th century riding school, with a varied collection of royal coaches, uniforms and portraits of the royal family • Open from 10h00 to 17h30 (Closed Mondays and public holidays) • Praça Afonso de Albuquerque • 213610850

DAILY

Casino Estoril • Praça José Teodoro dos Santos • Tel: 214 667 700 • Fax: 214 667 965 • Email: info.estoril@estoril-sol.com • www.casino-estoril.pt

LISBOA

FRIDAYS AND SATURDAYS

Italian Nights at A Commenda • An enjoyable combination of gastronomy and live music • Centro de Reuniões at Belém Cultural Centre (1st Floor) • Lunch: 12h30-15h00; Dinner: 19h30-22h30 (except Sundays) • Opens at 19h00 on days of shows at the Grand Auditorium • 213648561

www.the-news.net

DAILY



Belém Cultural Centre • One of the great cultural centres in Europe in one of Lisbon's areas of outstanding architectural beauty it hosts exhibitions, performing arts, restaurants, gardens, shops and conference centre • 213612400

DAILY

BIL - Lisbon International Bowling Centre • With 30 lanes, BIL is the largest Bowling alley in Portugal and one of the largest in Europe • restaurants, gaming machines and a shop

DAILY

Mercado da Ribeira is the **Cooldest Place in Town** - a very popular market • Tagus crafts, events, gastronomy • Av. 24 de Julho

DAILY

Oceanarium • Spectacularly designed by architect Peter Chermayeff, it is one of Europe's biggest oceanarium • Park of Nations • Open from 10h00 to 18h00 • 218917002

10, 11 JUNE



Concert by Gulbenkian Choir conducted by Simone Young •

Works from Giuseppe Verdi and Anton Bruckner • 10th at 21h00 at the Grand Auditorium; 11th at 19h00 at the Grand Auditorium • Calouste Gulbenkian Foundation • Avenida de Berna, 45A • 217 82 3000 • www.gulbenkian.pt

11 JUNE



Tora Tora Big Band debut in a concert at Casino Lisboa • Twelve musicians on stage performing different rhythm nuances like afro, arabic, latin or funk • free entrance • 22h30 • Arena Lounge of Casino Lisboa at the Park of Nations • 214667791

SINTRA

DAILY



Pena Palace • The Palace dates back to 1839 • Visits info: Sintra City Hall on Largo Dr. Vergílio Horta • 219238500 • geral@cm-sintra.pt

DAILY



Leal da Câmara Museum • Calçada da Rinchoa, 67, Rinchoa • Also has access through Algueirão Velho, Fitares and Meleças • Tel: 219164303 • Fax: 219236150

DANCE WEEK '07
Lagos 18. - 24. July
ALGARVE in Portugal

Workshop for kids and adults

MODERN JAZZ

HIP HOP

AFRICAN DANCE

with:

Ulla Agbetou
(Germany)

Rodrigue Louise
Ambroisine
(France)

Tchekpo Dan
Agbetou
(Germany/Benin)

info:

www.sanderdance.com

Art and Photography exhibition by David Haines and João Paulo Carrondo at Armazém Gallery in Lagos until 10th June

Exhibition featuring David Haines oil paintings of quintessential Algarvean scenery, works by Luso-Canadian photographer João Paulo Carrondo and works, after the 1st successful public showing, by the inmates of Faro prison • or info, contact David Haines on: 968 290 627, or João Carrondo on: 966 887 767 • The gallery is located in Lagos, off the square between the Slave Market and the main church.



HARRY POTTER

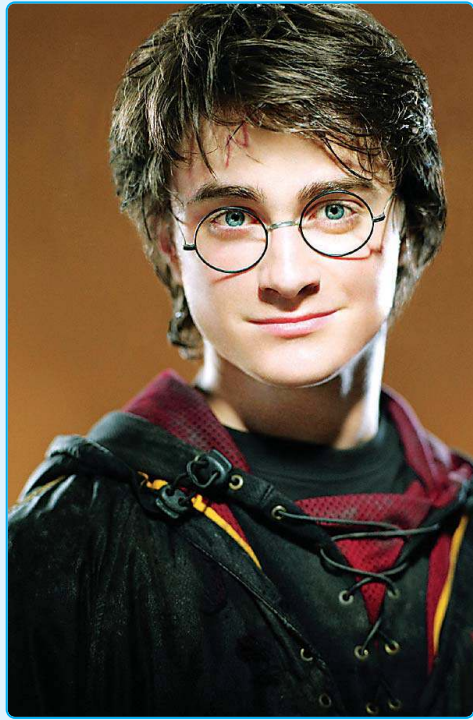
Wizards and Witches Breakfast

To celebrate the release of the seventh Harry Potter book Magna Carta Book Shop in Alvor is holding a Wizards and Witches Breakfast on the 21st July from 9am to 1.00pm in the Bar Boa Vista of the Hotel Garbe.

As well as buying your edition of this much awaited book, you will be able to enjoy a break-

fast fit for Wizards. Dress up-prize for the best Harry Potter look-alike.

Please contact Susanna at Magna Carta to reserve your copy of the book now (for collection on 21st July). E-mail info@magnacarta-bookshop.com or call (+351) 282 496 001 for more information.



Popular Saints

Evenings full of festivity, music, wine and plenty of grilled sardines in honour of St Anthony, St John and St Peter.

Albufeira: Largo dos Pescadores, Praia dos Olhos de Água (beach) - 12, 23 and 28 June - 8.30pm
Quarteira: Quarteira Seafront Avenue - 12, 23 and 28 (fireworks on the 28th) June - 9pm
Lagos: Headquarters of the Philharmonic Society 1.º Maio - 12, 23 and 28 June
Portimão: Riverside area - 9 June - 10pm
Alvor: Riverside area - 15 June - 10pm
Figueira: Figueira Sports Hall - 16 June - 10pm
Praia da Rocha: Av. Tomás Cabreira - 23 June - 10pm
Tavira: Praça da República - 23 June - 9.30pm
Conceição de Tavira: Rua 25 de Abril - 12 and 13 June - 7pm

21st Alcoutim Handicraft and Ethnography Fair

With the Rio Guadiana as a backdrop, come and discover traditional items of basket-work, wood, embroidery and

others. The Alcoutim Handicraft and Ethnography Fair is already regarded as a key event for people who want to find all

This special ambience is something that should not be missed during the warm evenings of June.

Algarve cricket

Don't miss the Barringtons Cricketmatch on Sunday, June 10th from 11am. If you would like to take part in the match, call Sam on 967 576 856.



BOOK REVIEW

Falling Man

By Don DeLillo, is published in hardback by Picador. Available now.

Since his monumental *Underworld*, Don DeLillo has understandably been producing shorter works; if that was a magisterial secret history of America in the twentieth century, this could be taken as the coda required since September 11th, 2001.

It's told through one separated couple, tentatively reunited after he narrowly escapes the World Trade Centre's collapse - but this being DeLillo, he's made sure that his protagon-

ists and their circle give him all the perspectives he needs on a time when "Nothing seems exaggerated anymore".

She works with Alzheimer's patients, whose vertiginous terror of "the breathless moment when things fall away" seems to become endemic in a city where old certainties no longer apply; his regular poker game with friends lost in the attack was encompassed by increasingly restrictive rules for rules' sake, mirroring the glimpses we are given of the hijackers as they radicalise towards the fatal day, which recall in turn the deadly serious spirit of the games the couple's

son plays.

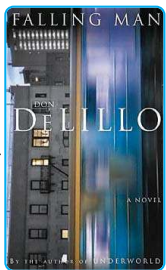
The way in which these glimpses of strategies for making sense of the world coalesce and then flip into each other is kaleidoscopic; at times it's also cinematic, while still being aware of (and avoiding) cinema's little evasions and elisions.

If the book has a flaw, it's that sometimes the dialogue and internal monologues are almost too faithful to the patterns of reality; what one can follow in one's own head, or accompanied by non-verbal cues in conversation, becomes dizzying in textual isolation.

And the book's final section,

set three years on a mid anti-war protests, isn't quite the equal of the 2001 material - if only because there's not been enough distance for anyone to get the same grasp of an age still under way as DeLillo shows earlier with those first shocking days. It's a stunning achievement nonetheless.

Alex Sarll



COMING SOON

COMING SOON

BOX OFFICE

COMING SOON

COMING SOON

MUSIC FESTIVALS

JUNE

Super Bock Super Rock - Parque do Tejo in Lisbon on June 28th. Performers: Metallica+ Joe Satriani+ Mastodon+ Stone Sour+ The Blood Brothers+ More Than a Thousand + Men Eater. Tickets: €40 - day pass. €78 - four day pass with free camping. Doors open at 5pm.

Mediterranean Festival - At Loulé historical centre in the Algarve. June 29th: Tinariwen + Akli D + Taraf de Haïdouks. June 30th: Yerba Buena + Vincio Capossela + L'Ham de Foc. July 1st: Chambao + Bajofono Tango Club. Further info TBA.

Vans Club Tour - Strike Anywhere, Devil in Me, Tara Perdida, Humble, SK6, Triplet, Fita Cola at Vilamoura Casino on June 29th and Alameda Incrivel Club on June 30th from 6pm. JULY

Cool Jazz Fest - July 2nd until 22nd at Oeiras Cascais and Mafrá. Performances: **Gotan Project** on July 2nd at Marquês de Pombal garden. Tickets: €30. **Mariza & Friends** on July 8th at Jardim do Cerco in Mafrá with Rui Veloso, Carlos do Carmo and Tito Paris. Tickets: €20 to €40. **Buena Vista Social Club** on July 10th at Jardim do Carco in Mafrá. Tickets: €20 to €35. **Nouvelle Vague** on July 15 at Casa da Pesca in Oeiras. Tickets: €25. **Norah Jones** on July 22nd at Jardins do Casino Estoril in Cascais. Tickets: €30 to €60.

Super Bock Super Rock - Parque do Tejo in Lisbon from 5pm. Performers: July 3rd - Bloc Party+ Arcade Fire+ Klaxons+ The Magic Numbers+ The Gift+ Bunnyranch. July 4th - The Jesus and Mary Chain+ Maximo

Park+ LCD Soundsystem+ Clap Your Hands and Say Yeah+ The Rapture+ Mundo Cão+ Linda Martini+ Maximo Park. July 5th - Scissor Sisters+ Interpol+ Underworld+ X-Wife, TV on the Radio, The Gossip, Micro Audio, Waves + Anselmo Ralph. Tickets: €40 - day pass. €78 - four day pass with free camping.

Festival Marés Vivas - From July 12th and 13th at Gaia Praia do Areinho. July 13th: Young Gods + The Datsuns. Further info TBA.

Nokia Live - July 12th The Chemical Brothers + !!! + Tiga + Junior Boys in Lisbon. Further info TBA.

Vilar de Mouros - July 20th until 22nd in Vilar de Mouros. July 20th: Super Ratones + Dan McAlister. July 21st: The Gift. July 22nd: Brian Wilson, Marky Ramone, The Queers. Further info TBA.

Delta Tejo - Alto da Ajuda in Lisbon. July 20th: Os Mutantes + Daniela Mercury + André Sardet + Papas na Língua + Bebel Gilberto + Los Abajo. July 21st: Carlinhos Brown + João Gil + Luis Represas + João Pedro Pais + Mafalda Vieira + Lila Downs + Odlum + DJ Marcelinho da Lua. July 22nd: Orishas + Sizzla + Macaco + Marcos Sacramento + Bei Gua + Mercado Negro. Tickets: €25 to 40.

Music of the World - July 20th until 22nd in Porto Covo. July 20th: Etran Finatwa + Darko Rundek + Galandum Galundaina. July 21st: Don Byron. July 22nd: Haydamaky. Further info TBA.

Music of the World - July 25th until 28th in Sines Avenida da Praia. July 25th: Oki Dub Aino Band + Kasai All Stars + Sétima Legião from 2.30am.

July 26th - Tartir + Carlos Bica Trio Azul + Sly + Robbie + Bitty McLean. July 27th: Señor Coconut + Richard Taha. July 28th: Gogol Bordello + Salif Keita + K'Naan. Entrance is free.

Music of the World - July 25th until 28th Sines Castle from 9.30pm. July 25th: Kasai Allstars + Bellowhead + Triolok Gurtu + Anke String Quartet + Reena Bhardwaj. July 26th: Mahmoud Ahmed + Tartir + Carlos Bica + Trio Azul + DJ Ill Vibe. July 28th: Rachid Taha + World Saxophone Quartet + Hamilton de Holanda Quintet. July 28th: Gogol Bordello + K'Naan + Erika Stucky + Roots of Communication. Entrance €10.

AUGUST

Sudoeste Festival - August 2nd until 5th at Herdade da Casa Branca in Zambujeira do Mar everyday from 5pm. Tickets: €70 with parking & camping included. Performances: Aug 2nd: Damien Marley + Editors + I'm From Barcelona + Gilberto Gil + Mayra Andrade + Cassius + Rui Vargas + Camera Obscura + Noisettes + Ojos de Brujo. Aug 3rd: Cypress Hill + The Cinematics + Just Jack + Outlandish + Amândinho + Buraka Som Sistema + Mary Ann Hobbs + Bonde do Relê + Datarock + Balla + Os Lambas + Nástio + General Velô + Robbooo Ranx + Steel Pulse + Soldier of Jah Army + Mani3stos. Aug 4th: Goove Armada + The Streets + Sam The Kid + Sérgio Godinho + Koop+ The Australian Pink Floyd Show + Nature of Human Art + Air Traffic + Patrick Wolf + Sondre Lerche + Sonic Junior + Vanessa da Mata + Tiago Bettencourt + Eta Carinae + Sounds Portugueses + Saian Supa Crew + Martin Jondo + Stepacide. Aug 5th: James + Babylon Circus + The

National. Further info TBA. Dates still to be confirmed: Mika+ The Streets. Tickets: €40 to €70.

Intercéptico de Sendim - Two day festival in Sendim. Performances: Aug 3rd - Solas, Tradere, Trasca. Aug 4th - Four Men and a Dog, Kepa Junkera, Dazkari. Further info TBA.

Festival Paredes de Coura - August 12th until 15th at Praia Fluvial do Tubarão in Paredes de Coura. Performances: Aug 13th: Mando Diao. Aug 14th - New York Dolls + Gogol Bordello + Architecture in Helsinki. Aug 15th - Sonic Youth + Cansei de Ser Sexy + Sunshine

JUNE

Ney Matogrosso - June 16th at Lisbon Coliseum from 10pm. Tickets: €20 to €60. **Il Divo** - June 20th at Pavilhão Atlântico in Lisbon from 9pm. Tickets: €25 to €80. **Balla** - June 23rd at Albufeira Fnac, AlgarveShopping. Entrance is free. **My Chemical Romance** - June 24th at Lisbon Coliseum. Tickets: €25. **Rolling Stones** - June 25th at Lisbon Estádio Alvalade XXI. Tickets: €69 to €142.

Type O Negative - June 27th at Lisbon Coliseum from 9pm. Tickets: €25.

Ricky Martin - June 30th at Pavilhão Atlântico from 9pm. Tickets: €30 to €42.

JULY
Snoop Dogg - July 8th at Pavilhão Atlântico. Tickets: €25 to €35.

Arctic Monkeys - July 18th at Coliseu in Lisbon from 9pm. Tickets: €27.

Rockstock tribute to Beatles - July 19th at Guarda Municipal Theatre from 10pm. Tickets: €4.

Luis Represas - July 19th at Estoril Casino from 10.30pm. Entrance is free.

Underground. Tickets: €40 to €70.

Super Bock Surf Fest - August 14th and 15th in Sagres Praia do Tonel. Aug 14th: Jamaram + João Maria + Mary B. Aug 15th - Gentleman, Lily Allen+ Dub Incorporation+ Mad Caddies+ Culcha Candela. Further info TBA.

Festival Maré de Agosto - Aug 23rd until Aug 26th at Santa Maria Praia Formosa in Açores. Aug 23rd: Buraka Som Sistema + Luis Leite + Double Face. Aug 24th: Gocoo + Miss Blondie. Aug 25th: Pimpstress Rah. Aug 26th: Marcelo D2 + Tânia Pascoal.

SEPTEMBER

Kiss Forever, Pat Savage, Blasted Mechanism - July 22nd at the Motorbike concentration in Faro.

Aimee Mann - July 25th at Lisbon Coliseum from 9pm. Tickets: €20 to €50. **Type O Negative** - July 27th at Coliseum in Lisbon.

Nelly Furtado - July 27th at Albufeira Municipal Stadium €35 - €40 and July 29th at Cantanhede. €17.50 to €37.50 **Ziggy Marley** - July 29th at Lisbon's Coliseum from 10pm. Tickets: €25.

Elvis Costello - July 31st at Vilamoura The Lake Resort from 10pm. Further info TBA.

JUNE

My First Festival - June 28th until July 1st with daily sessions at 9am at Pavilhão Atlântico. A festival for the young ones, with performances from Noddy, Bob the Builder, and other well known children characters yet to be confirmed. Tickets: €25 to €220 (VIP Pack)

LIVE CONCERTS

AUGUST
Lionel Richie - August 1st at Hotel Sheraton Pine Cliffs in Albufeira. Further info TBA.

Keane - August 3rd at Oporto's Parque da Cidade. Further info TBA.

Lloyd Cole - August 3rd at Royal Golf Course in Vale de Lobo. Further info TBA.

SEPTEMBER
GNR, The Guff, Boss AC, Blasted Mechanism, DJ Henrique Amaro, Dezerperados - September 7th at Pavilhão Atlântico in Lisbon. Further info TBA.

LIVE SHOWS

DECEMBER

Noddy Live - Noddy is returning to Portugal for a Christmas special on December 8th and 9th with daily sessions at 11am 3.30pm and 7.30pm on December 8th. Minimum age of 3.

TICKETS: Most tickets are available at FNAC outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night.

Websites: www.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: 21 891 84 09 (Pavilhão Atlântico); 707 234 324 (Ticketline); 213 240 580 (Lisbon Coliseum)

Events on these pages are published in good faith and in accordance with information given to us. We regret that we cannot accept responsibility for events which are cancelled, delayed or fail to live up to their billing. Send your events to copy@the-news.net

CONCERTS

Beastie Boys instrumental

The six years it took for the Beastie Boys to follow *Hello Nasty* with *To the 5 Boroughs* may have doubled their usual time between full-length releases, but their new album, *The Mix-Up*, is scheduled for a June 26 release. Even though *The Mix-Up* is a "post-punk instrumental" album, the Beasties have no plans to ditch vocals for good. However, fans will have to make do with it until the next album. And that is what their concert on June 11th at Aula Magna in Lisbon is all

about. Instrumental music at its best. Tickets are €30 to €50.



Thin Lizzy - Lisbon

Thin Lizzy are a hard rock band who formed in Dublin, Ireland in 1969. The band was originally led by bassist, songwriter and singer Phil Lynott. They are

best known for their 1976 songs Jailbreak and The Boys Are Back in Town, both major international hits still played regularly on hard rock and classic rock radio stations. However, Lynott died in January 1986, a victim of

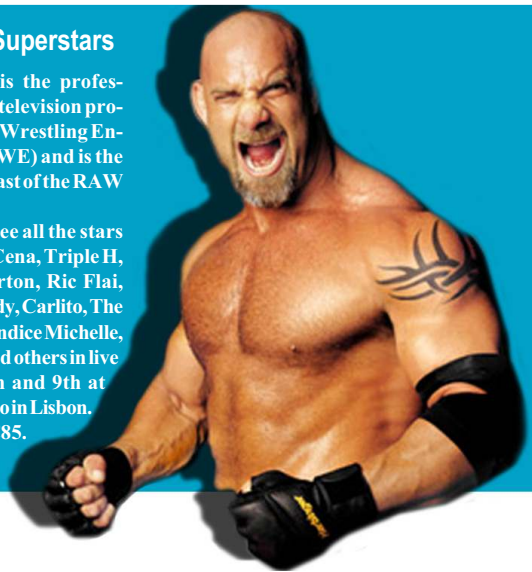
drug abuse. In the summer of the same year the band members reunited for the Self Aid concert in Dublin with Bob Geldof stepping in on lead vocals. The remaining members of Thin Lizzy: John Sykes and Scott Gorham are the only 'classic' members left, after Brian Downey declined to join the band, describing it as "too disorganised", when they reunited in 1999 for a European tour and live album. Having toured with Deep Purple in the USA in 2004, Thin Lizzy are currently, touring Europe, making a stop on June 15th at Lisbon Coliseum.



WWE RAW Superstars

WWE RAW is the professional wrestling television program for World Wrestling Entertainment (WWE) and is the primary broadcast of the RAW brand.

Now you can see all the stars including John Cena, Triple H, Edge, Randy Orton, Ric Flair, Umaga, Jeff Hardy, Carlito, The Highlanders, Candice Michelle, Torrie Wilson and others in live action! June 8th and 9th at Pavilhão Atlântico in Lisbon. Tickets: €25 to €85.



WALKS

Lets Walk along the Quarteira River to Paderne Castle

A fairly easy two hour circular walk on Wednesday, June 13th that will take you past a restored olive mill, to the medieval bridge that spans the Quarteira river and then up to the Moorish castle of Paderne.

09.30 start - meet at the Fontes de Paderne. From the EN 125 take the exit for Albufeira but then turn left to drive north along the EN270 towards Alte and Messines. After 5km you come to Purgatório where you

go left to Paderne, after passing over the bridge take the first road right to the Castelo. The Fonte is on the right after about 1km. Walk leader: Silvia Smeman 289 478 845 or 963 737 170

EXHIBITIONS

Nellie Quäkernaat – Lagoa

Dutch artist Nellie Quäkernaat (Amsterdam 1935) is holding an exhibition of her work at the I-QMed Clinic in Lagoa from June 1st until the end of July. She shows work she mainly made during the last three years in Portugal, as she now lives, together with her husband Nico, in Corte António Martins, in the hills above Cacela. Her paintings are made with acrylic on linen. The majority of the paintings are not framed, so prices can be very reasonable and

everyone can choose a frame fitting their own interior. An exhibition of Nellie Quäkernaat is still very special; the exhibition at the I-QMed Clinic is at the clinic's request. Before that she had a first and also very extensive exhibition last year in May at the Centro Cultural António Aleixo in Vila Real do Santo António.

Address: I-QMed Clinic - Parque Empresarial do Algarve No 12 - Lagoa - Tel. 282 353 486. Open: Monday - Friday from 09:00 till 17:00.



See the Algarve from a different perspective

Now open in Lagos is one of the most outstanding local exhibitions featuring four of the region's most talented individuals; artist David Haines, photographer João Carrondo, gallery specialists Lua Azul, and modern photographers Inspirina.

The exhibition will run until June 10th, after which David and João will take over the gallery until June 21st, for a joint exhibi-

tion of their works of art.

The increasingly popular duo have achieved an impressive following as a result of their previous exhibitions.

This latest exhibition features close-up portraits of sardines, beautiful 'pop-art' portraits, oil paintings of storks, chimneys, and other quintessential Algarvean trademarks. Images of charm and quaintness captured

by João Carrondo's camera are all on display at the exhibition and have so far impressed the crowds that have flocked to the Armazém.

Equally breathtaking are the specialist paintings of ocean waves, courtesy of Lua Azul. The translucent water folding over is so realistic it can almost be heard in movement.

Also on display are world of

art by the inmates of Faro prison, which is also proving to be very popular and appreciated.

For more information, contact David Haines on: (+351) 968 290 627, or João Carrondo on: (+351) 966 887 767.

The gallery is located in Lagos, off the square between the Slave Market and the main church.

Let's Walk along the River Banks

This easy 2 hour circular walk on Wednesday, June 20th takes you along the banks of the Arade and Odelouca rivers and passes through the old hamlet of Vale de Lama.

09.30 start - meet at the Mira Rio cafe. From Silves take the road left towards Monchique. You drive out of

the town passing Modelo and after 4 km you will see the Mira Rio on the left (take care there is a sharp bend when turning).

Walk leader: Silvia Smeman All are very welcome to come along, there is no need to book but there is a small charge (4 euro) for each walk.

Advertise your company on the radio!

Algarve

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Rádio Atlântico Sul 104 Lagos

Alentejo

Rádio Guadalupe 88.5 Serpa

Rádio Praia 89.3 Odemira

Rádio Ourique 94.2 Ourique

Rádio Mértola 95.2 Mértola

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8100-579 Loulé

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ALGARVE

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FORUMALGARVE
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7 JUN-13 JUN



1 Breach
Chris Cooper, Ryan Phillippe
13.40-16.10-18.40-21.10
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
(23.40 Thu-Sun)
2 Fracture
Anthony Hopkins, Ryan Gosling
(14.15 except Sat & Sun) 16.50-19.25-22.00 (00.40 Thu-Sun)
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
(10.10-12.25-14.35 Sat & Sun)
3 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
(10.50 Sat & Sun) 14.20-17.50-21.20
Slow Burn
Ray Liotta, LL Cool J
(00.50 Thu-Sun)
4 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
14.00-17.30-21.00
Breach
Chris Cooper, Ryan Phillippe
(00.25 Thu-Sun)
5 Ocean's Thirteen
George Clooney, Brad Pitt
13.45-16.30-19.05-21.50 (00.30 Thu-Sun)
6 Zodiac
Jake Gyllenhaal, Robert Downey Jr
(14.20 except Sat & Sun) 17.50-21.05 (00.20 Thu-Sun)
Wild Hogs
Tim Allen, John Travolta
(12.05-14.20 Sat & Sun)
7 Spiderman 3
Tobey Maguire, Kirsten Dunst
(12.20 Sat & Sun) 15.20-18.20 (21.30 except Wed 13th) (00.35 Thu-Sun)
8 Blades of Glory
Will Ferrell, Jon Heder
(13.05-15.25 except Sat & Sun) 17.35-19.50
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe
(10.40-13.00-15.20 Sat & Sun)
The Messengers
Kristen Stewart, Dylan McDermott
(00.45 Thu-Sun)
Indigènes
Jamel Debbouze, Samy Naceri
22.05
9 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
(23.50 Thu-Sun)
Slow Burn
Ray Liotta, LL Cool J
(15.05 except Sat & Sun) 17.20-19.30-21.40
Teenage Mutant Ninja Turtles
Animation PV
(10.50-15.10 Sat & Sun) 13.00

CASTELLO LOPES CINEMAS
ALGARVESHOPPING
TEL: 707 220 220
7 JUN-13 JUN



1 Ocean's Thirteen
George Clooney, Brad Pitt
13.25-16.05-18.55-21.35-00.15
2 Ocean's Thirteen
George Clooney, Brad Pitt
13.25-16.05-18.55-21.35-00.15
3 Fracture
Anthony Hopkins, Ryan Gosling
12.50-15.25-18.10-21.40-00.00
4 Spiderman 3
Tobey Maguire, Kirsten Dunst
12.40-15.20-18.00-21.05-00.10
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
23.55
5 Wild Hogs
Tim Allen, John Travolta
13.30-16.20-19.00-21.30-23.45
6 La Môme / La Vie en Rose
Marion Cotillard, Sylvie Testud
13.00-16.10-19.05-21.50-00.35
7 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13.45-17.00-21.40
8 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13.15-16.30-21.10-00.20
9 Zodiac
Jake Gyllenhaal, Robert Downey Jr
13.20-16.40-21.00-00.10

CENTRE

LUSOMUNDO
ALMADA FORUM
TEL: 707 246362
7 JUN-13 JUN

Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Trust the Man
David Duchovny, Julianne Moore
Snow Cake
Sigourney Weaver, Alan Rickman
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Breach
Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
The Reaping
Hillary Swank, Idris Elba
Meet the Robinsons
Animation PV Digital 3D

MILLENIUM
ALVALAXIA
TEL: 21 754 9000
7 JUN-13 JUN



1 10 Items or Less
Morgan Freeman, Paz Vega
Ocean's Thirteen
George Clooney, Brad Pitt
2 The Astronaut Farmer
Billy Bob Thornton, Virginia Madsen
3 Ocean's Thirteen
George Clooney, Brad Pitt
4 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
5 Fracture
Anthony Hopkins, Ryan Gosling
6 Alatriste
Viggo Mortensen, Eduardo Noriega
7 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
8 Zodiac
Jake Gyllenhaal, Robert Downey Jr
9 Spiderman 3
Tobey Maguire, Kirsten Dunst
10 Slow Burn
Ray Liotta, LL Cool J
11 Trust the Man
David Duchovny, Julianne Moore
Snow Cake
Sigourney Weaver, Alan Rickman
10 Items or Less
Morgan Freeman, Paz Vega
12 Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
13 Breach
Chris Cooper, Ryan Phillippe
14 The Reaping
Hillary Swank, Idris Elba
Meet the Robinsons
Animation
15 O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
16 Indigènes
Jamel Debbouze, Samy Naceri

LUSOMUNDO
AMOREIRAS
TEL: 707 246362
7 JUN-13 JUN

The Astronaut Farmer
Billy Bob Thornton, Virginia Madsen
Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Fracture
Anthony Hopkins, Ryan Gosling
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
CASCAISHOPPING
TEL: 707 246362
7 JUN-13 JUN

The Astronaut Farmer
Billy Bob Thornton, Virginia Madsen
Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Fracture
Anthony Hopkins, Ryan Gosling

Spiderman 3

Tobey Maguire, Kirsten Dunst
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV Digital 3D

LUSOMUNDO
COLOMBO
TEL: 707 246362
7 JUN-13 JUN

Alatriste
Viggo Mortensen, Eduardo Noriega
Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Trust the Man
David Duchovny, Julianne Moore
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV

UCICINEMAS
EL CORTE INGLÉS
TEL: 707 23 22 21
7 JUN-13 JUN



1 Because I Said So
Diane Keaton, Mandy Moore
Spiderman 3
Tobey Maguire, Kirsten Dunst
2 Indigènes
Jamel Debbouze, Samy Naceri
3 Slow Burn
Ray Liotta, LL Cool J
4 Fracture
Anthony Hopkins, Ryan Gosling
5 Zodiac
Jake Gyllenhaal, Robert Downey Jr
6 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
7 Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Breach
Chris Cooper, Ryan Phillippe
8 O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
9 Ocean's Thirteen
George Clooney, Brad Pitt
10 The Astronaut Farmer
Billy Bob Thornton, Virginia Madsen
11 Alatriste
Viggo Mortensen, Eduardo Noriega
12 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13 Ocean's Thirteen
George Clooney, Brad Pitt
14 Trust the Man
David Duchovny, Julianne Moore
The Messengers
Kristen Stewart, Dylan McDermott

LUSOMUNDO
FORUM MONTIJO
TEL: 707 246362
7 JUN-13 JUN

Ocean's Thirteen
George Clooney, Brad Pitt

OV = Original Version

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV

LUSOMUNDO
ODIVELAS PARQUE
TEL: 707 246362
7 JUN-13 JUN

Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
OEIRAS PARQUE
TEL: 707 246362
7 JUN-13 JUN

Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
Teenage Mutant Ninja Turtles
Animation PV

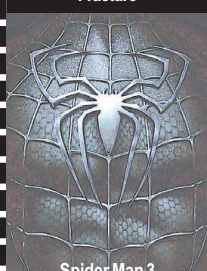
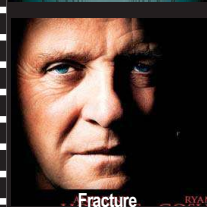
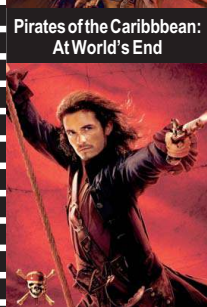
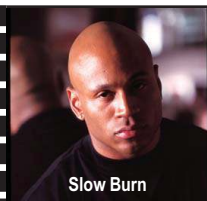
LUSOMUNDO
OLIVAISHOPPING
TEL: 707 246362
7 JUN-13 JUN

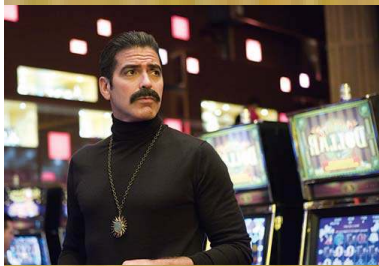
Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Spiderman 3
Tobey Maguire, Kirsten Dunst
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
VASCO DA GAMA
TEL: 707 246362
7 JUN-13 JUN

The Astronaut Farmer
Billy Bob Thornton, Virginia Madsen
Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Trust the Man
David Duchovny, Julianne Moore
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV 3D Digital

PV = Portuguese Version





What are the odds of getting even? 13 to one. Danny Ocean (George Clooney) and the gang would have only one reason to pull off their most ambitious and riskiest casino heist, to defend one of their own. But they're going to need more than luck on their side to break The Bank.



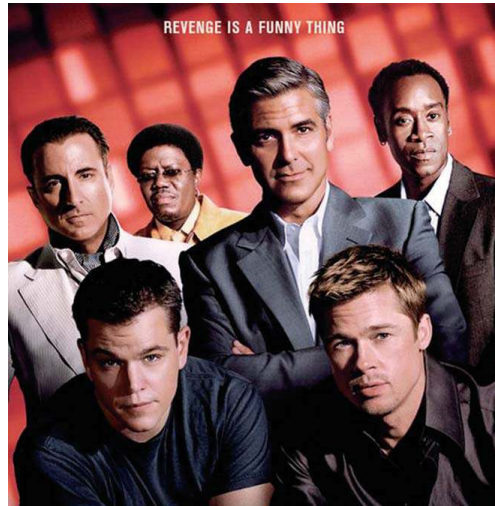
Ruthless casino owner Willy Bank (Al Pacino) never imagined that the odds were against him when he double-crossed Danny Ocean's friend and mentor Reuben Tishkoff (Elliott Gould), putting the distraught Reuben in a hospital bed in critical condition.

But Bank miscalculated...badly. He may have taken down one of the original Ocean's eleven, but he left the others standing and, worse for him, gave them a shared purpose: to take Bank down on the night of what should be his greatest triumph, the grand opening of his new casino, appropriately named The Bank.

Their strategy is twofold. First they will ruin him financially by turning the tables on the precept that the house always wins. But that's just money. The knockout punch will be to Bank's personal pride and joy: his reputation as the only hotelier who has earned the Royal Review Board's Five Diamond Award on every single one of his hotels.

The plan is elaborate, dangerous and damn near impossible...but there are no limits when it comes to one of their own.

Ocean's Thirteen reunites stars George Clooney, Brad Pitt, Matt Damon, Andy Garcia, Don Cheadle, Bernie Mac, Casey Affleck, Scott Caan, Eddie Jemison, and Shaobo Qin, with Carl Reiner and Elliott Gould under the guidance of director Steven Soderbergh. Al Pacino joins the cast as Willy Bank, with Ellen Barkin starring as his right-hand woman, Abigail Sponder.



THE ASTRONAUT FARMER

Dismissed from NASA's space program, former astronaut-in-training Charles Farmer (Billy Bob Thornton) pursues his lifelong dream by building his own rocket, in the family film *The Astronaut Farmer*, written and directed by Mark and Michael Polish. On the eve of his launch, Farmer must battle foreclosure on his ranch and a small-town community of disbelievers, while simultaneously drawing heavy scrutiny and surveillance from the FBI, CIA, FAA and the U.S. military, all of which see him as a potential risk to civilian safety and will take the necessary steps to shut down his operation. But he remains determined to reach his goal and instill in his children the courage to pursue their own dreams, no matter the odds.



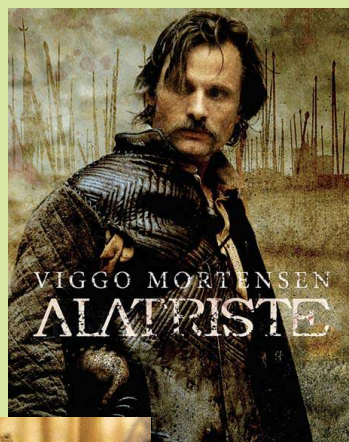
Viggo Mortensen plays the Spanish soldier-turned-mercenary Captain Diego Alatriste, a heroic figure from the country's 17th century imperial wars.

Alatriste is a film based on a series of novels by Arturo Pérez-Reverte (five until release time, with a sixth planned for four months after it) which is hugely popular in Spain. But undoubtedly it was the news that Viggo Mortensen was to be playing the title character that put the project onto the international radar.

In fact, had it not been for Mortensen's acceptance of the role, the film would not have been made at all. Director Agustín Díaz Yanes, who also adapted the script condensing the five novels into 134 minutes of action, said from the beginning that the film would be made only if a major movie star

fronted it, and the search soon took him beyond the Spanish frontiers.

To his credit, Mortensen accepted to follow up his stardom-achieving role in *The Lord of the Rings* trilogy (the clinching conversation for *Alatriste* took place during the Berlin premiere of *The Return of*



the King in December 2003) with a daring move that raised many eyebrows: starring in a non-English language film, and speaking his whole part in Spanish with his own voice, whose accent he had to change from the South American he knew since childhood to the Old Castilian his role demanded.



CELEB NEWS

Although most analysts were quick to predict that the success of *Pirates of the Caribbean: At World's End* virtually guarantees a fourth instalment, and star **Johnny Depp** has indicated that he would be willing to sign on so that he can explore the character of Jack Sparrow further, producer **Jerry Bruckheimer** sounded noncommittal when asked about expanding the franchise. "We've been working on this trilogy for 5 1/2 years, and the latest one was just a monster," he told today's (Tuesday) Los Angeles Times. "It's always about making sure you have a great story with interesting plots, themes and characters. There is a possibility, we'll see what happens." «»» **Steven Spielberg** has donated \$1 million to the *Ocean's Thirteen* African charity push after learning stars like **George Clooney** and **Brad Pitt** had raised \$8 million at the Cannes Film Festival. The cast of the movie staged a fundraising evening for their *Save Darfur* campaign at the festival, and raised a fortune. *Ocean's Thirteen* producer Jerry Weintraub reveals, "We've raised \$9.2 million. We had \$8 million and then Spielberg sent in another \$1 million. **Brad Pitt, Don Cheadle** have been all over to the Sudan and we're just trying to shine a light on what's happening over there." Fundraisers are being planned to accompany every upcoming *Ocean's Thirteen* premiere. «»» DreamWorks Animation plans to produce two more *Shrek* movies before shutting down the franchise, CEO **Jeffrey Katzenberg** has told the Australian newspaper The Age. "It's a finite story, has been from the beginning and I think that's part of its integrity, part of its strength, that we're not thinking this up as we go," he said in an interview with the Melbourne newspaper. "Ultimately we will come back to understand how *Shrek* arrived in that swamp. We will reveal his story." Although acknowledging that he is committed to making movies that will make money for DreamWorks' investors, Katzenberg maintained that he himself never thinks about money. "I've never done anything in my entire life for money. ... I'm amazingly disengaged from it, always have been. I probably would have done even better had I ever paid any attention to it. [His wealth is estimated at \$800 million.] My partner David Geffen is a genius at it. He's worth a gazillion times more than me because he does pay attention to it, he's brilliant at investing." «»» Pop superstar **Shakira** has broken the record for the largest audience at a public concert in Mexico City, after more than 200,000 fans flocked to watch her. The star, who recently announced she is to wed her fiancé Antonio De La Rua in September, achieved her world record after performing to the huge audience in Zocalo Square on Sunday, May 27. She told the crowd, "This has been a month of absolute joy. I have fed off you, and I leave with my heart full." The previous record was held by local band Café Tacuba, who drew an audience of 170,000 fans in 2005. «»» Director **Tim Burton** is so fascinated by **Marilyn Manson's** relationship with his estranged wife **Dita Von Teese**, he is planning to turn the failed marriage into a movie. Burton is reportedly in talks with the shock rocker to document his life with burlesque dancer Von Teese and bring it to the big screen. He says, "I'm fascinated by Dita and Marilyn. They're like a living Brothers Grimm fairytale." «»»

NORTH

UCICINEMAS
ARRÁBIDA SHOPPING
TEL: 707 23 22 21
7 JUN-13 JUN

- 1 **Pirates of the Caribbean: At World's End**
Johnny Depp, Orlando Bloom
- 2 **Fracture**
Anthony Hopkins, Ryan Gosling
- 3 **Because I Said So**
Diane Keaton, Mandy Moore
- 4 **Trust the Man**
David Duchovny, Julianne Moore
- 5 **Perfect Stranger**
Halle Berry, Bruce Willis
- 6 **Blades of Glory**
Will Ferrell, Jon Heder
- 7 **Shooter**
Mark Wahlberg, Michael Peña
- 8 **The Messengers**
Kristen Stewart, Dylan McDermott
- 9 **Wild Hogs**
Tim Allen, John Travolta
- 10 **Slow Burn**
Ray Liotta, LL Cool J
- 11 **The Astronaut Farmer**
Billy Bob Thornton, Virginia Madsen
- 12 **Pirates of the Caribbean: At World's End**
Johnny Depp, Orlando Bloom
- 13 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr
- 14 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 15 **Ocean's Thirteen**
George Clooney, Brad Pitt
- 16 **Pirates of the Caribbean: At World's End**
Johnny Depp, Orlando Bloom
- 17 **The Reaping**
Hillary Swank, Idris Elba
- 18 **Atrás das Nuvens**
Nicolau Breyner, Sofia Grilo
- 19 **Breach**
Chris Cooper, Ryan Phillippe
- 20 **Teenage Mutant Ninja Turtles**
Animation
- Indigènes**
Jamel Debbouze, Samy Naceri
- 20 **Ocean's Thirteen**
George Clooney, Brad Pitt

LUSOMUNDO
DOLCEVITA COIMBRA
TEL: 707 246362
7 JUN-13 JUN

- Atrás das Nuvens**
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Trust the Man
David Duchovny, Julianne Moore
Fracture
Anthony Hopkins, Ryan Gosling
Breach
Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta

Teenage Mutant Ninja Turtles
Animation
The Reaping
Hillary Swank, Idris Elba

LUSOMUNDO
DOLCEVITA DOURO
TEL: 707 246362
7 JUN-13 JUN

- Ocean's Thirteen**
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
The Messengers
Kristen Stewart, Dylan McDermott
Blades of Glory
Will Ferrell, Jon Heder
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
DOLCEVITA PORTO
TEL: 707 246362
7 JUN-13 JUN

- The Astronaut Farmer**
Billy Bob Thornton, Virginia Madsen
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
The Messengers
Kristen Stewart, Dylan McDermott
Spiderman 3
Tobey Maguire, Kirsten Dunst
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV 3D Digital

LUSOMUNDO
FERRARA PLAZA
TEL: (NOT AVAILABLE)
7 JUN-13 JUN

- Ocean's Thirteen**
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Spiderman 3
Tobey Maguire, Kirsten Dunst
Because I Said So
Diane Keaton, Mandy Moore
Wild Hogs
Tim Allen, John Travolta
Meet the Robinsons
Animation PV 3D Digital

LUSOMUNDO
FORUMAVEIRO
TEL: 707 246362
7 JUN-13 JUN

- Atrás das Nuvens**
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
FORUM COIMBRA
TEL: 707 246362
7 JUN-13 JUN

- Ocean's Thirteen**
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Pathfinder
Karl Urban, Moon Bloodgood
Spiderman 3
Tobey Maguire, Kirsten Dunst
Perfect Stranger
Halle Berry, Bruce Willis
Meet the Robinsons
Animation PV

LUSOMUNDO
FORUM VISEU
TEL: 707 246362
7 JUN-13 JUN

- Ocean's Thirteen**
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Blades of Glory
Will Ferrell, Jon Heder
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Teenage Mutant Ninja Turtles
Animation
Perfect Stranger
Halle Berry, Bruce Willis

LUSOMUNDO
FOZ PLAZA
TEL: 707 246362
7 JUN-13 JUN

- Ocean's Thirteen**
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Perfect Stranger
Halle Berry, Bruce Willis
Meet the Robinsons
Animation PV 3D Digital

LUSOMUNDO
GAIA SHOPPING
TEL: 707 246362
7 JUN-13 JUN

- The Astronaut Farmer**
Billy Bob Thornton, Virginia Madsen
Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Fracture
Anthony Hopkins, Ryan Gosling
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV



OV =
Original
Version
PV =
Portuguese
Version

Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
MAIA SHOPPING
TEL: 707 246362
7 JUN-13 JUN

- Ocean's Thirteen**
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
The Messengers
Kristen Stewart, Dylan McDermott
Blades of Glory
Will Ferrell, Jon Heder
Breach
Chris Cooper, Ryan Phillippe
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Shooter
Mark Wahlberg, Michael Peña
Perfect Stranger
Halle Berry, Bruce Willis
Meet the Robinsons
Animation PV
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
NORTES SHOPPING
TEL: 707 246362
7 JUN-13 JUN

- The Astronaut Farmer**
Billy Bob Thornton, Virginia Madsen
Atrás das Nuvens
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
PARQUENASCENTE
TEL: 707 246362
7 JUN-13 JUN

- Atrás das Nuvens**
Nicolau Breyner, Sofia Grilo
Ocean's Thirteen
George Clooney, Brad Pitt
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Indigènes
Jamel Debbouze, Samy Naceri
Zodiac
Jake Gyllenhaal, Robert Downey Jr
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Blades of Glory
Will Ferrell, Jon Heder
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

Mind your manners

A recent study found that most parents think bad table manners could harm a child's future career and relationship prospects. So, why aren't some children being taught basic manners, and how can parents make sure their kids are polite.

The younger generation's lack of manners has long been lamented by their elders, with the finger of blame pointed at parents who don't teach their children to be polite.

And at the centre of the debate is dinner time, with decent table manners seen as a barometer for general politeness.

For most children, table manners are learned during

very reason that parents are encouraged to eat with their children whenever possible.

Parents are very conscious that what children learn at home will influence their life chances. One of the best places to demonstrate this is at the table, sharing a meal with the family, eating good food and talking to each other. Not saying 'please' or 'thank you' is the worst thing children and teens

The modern social etiquette lessons are taught by Sean Davoren, head butler at London's Lanesborough Hotel, and author of *Manners From Heaven*.

He says: "Teaching manners is hard work - it's all about leading by example, and persistence."

"You do need to sit at a table with the children to eat meals together at least three or four



Good manners are a very important key to your child's social success, but no child is born with good manners. Teaching them is a parents responsibility. (PHOTO: Press Association)

family meals and, with the popularity of TV dinners and fast food, it might be assumed that the value of families eating together has been forgotten, and it's children's manners that suffer as a result.

It is important for parents to reinvest in traditional family rituals for the sake of their children's wellbeing. Parents need to encourage their children to sit around the table to teach them manners. Poor table manners could inhibit your children in later life, it's for that

can do at the table.

Most parents feel that responsibility for manners and social etiquette lies with them, and only a few parents think poor manners are a result of failing schools and teachers.

Yet there is increasing demand for outside agencies to teach children manners. One such agency is Ready4Life, which runs courses for 16-18-year-olds that include social etiquette classes among a mix of practical subjects and essential social skills.

times a week - they learn so much from that, as it's not just about eating, it's the social niceties too."

Davoren says some parents do expect schools to teach manners, but stresses: "That's not what they're there for. Parents are the first teachers for their children, and it's well worth teaching them manners yourself."

"Good manners are about respecting the people around you. If you hold a door open for somebody, it makes you smile as well as them."

Teach them the right way

It's easy to assume that your child is purposely using bad manners, when in fact, he just needs a lesson or two. Be specific when you teach your child, and remember that many follow-up lessons will be necessary. So instead of saying, "Don't be so rude!" you can respond this way, "It's impolite to belch at the table, but if you do, it's proper to say 'excuse me'."

Here are a few suggested good manners to practice at home:

- * Wash your hands before sitting down.
- * Leave toys, books, and pets behind.
- * When you sit down, place the napkin in your lap.
- * Sit up straight and don't slouch.
- * Ask politely for dishes to be passed. Never reach across the table.
- * Wait until everyone is seated and served before starting to eat. If grace is said, wait to eat until it is completed. Don't giggle during grace.
- * Never chew with your mouth open.
- * Never talk with a mouth full of food.
- * Use utensils quietly without banging them on the table or plate. You should place your knife softly on the edge of the plate when not in use.
- * Never wave or throw utensils.
- * Keep your knife out of your mouth.
- * Never play with your food.
- * Never grab food from other



Keep your elbows off the table. (PHOTO: Press Association)

people's plates.

* Ask politely for seconds if you want them.

* Ask to be excused from the table.

* Clear your plate from the table and take it into the kitchen.

Remember, good manners are important and make meals more enjoyable. You will be proud if your children learn these rules at home, then when you go out to eat, they will be well-mannered.

He says parents should simply get children to sit down for family meals as often as possible, make them use a knife and fork and put them on the plate when they've finished, and persevere by making them say 'please' and 'thank you'.

"It's like potty training - suddenly it just clicks, and then you only have to remind them occasionally."

"Simple things like saying good morning, please and thank you make such a big difference to people. Politeness begets good behaviour - there's a knock-on effect, and it gives children a lot of confidence." *Lisa Salmon*

Three ways to

... teach a young child how to deal with not winning

1. Lead by example and show him good sportsmanship, empathy for others, and the value of good effort, not results.
2. Read books to him that illustrate how coming first isn't always important.
3. Make sure he gets plenty of praise for trying, regardless of whether he wins or loses.



Losing is disappointing. Kids don't like it, and neither do adults, but everyone can learn to control how they react to a loss. Keeping your cool is a skill, and when you can handle losing, people will call you a good sport. Remember, always play fair and never cheat. Avoid saying mean things while you're in the middle of a game, and be polite to everyone you're playing with and against. Tell your opponents 'good game!' whether you've won or you've lost. Don't make up excuses or blame a teammate when you lose. (PHOTO: Press Association)

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Pet's Holidays!



Well, this year is almost half gone and the schools break up for their summer holidays in a few weeks. The prime holiday season is approaching, but what options are available for your faithful friends?

left, the shade will move and a car can very quickly heat up like an oven. What is available if you can't take your pet with you?

Friends/relatives – they can

look after your pets at your home or theirs. Make sure that they have all contact details for your vet, and any crucial medical history.

Pet / Housesitters – this can save putting on friends and relatives and has an added security bonus of having someone in your home while you are away. Your pets may be happier staying in their own environment. Always check references and arrange a convenient time for you and the pets to meet the pet sitter and to go through your pet's routine; a time when you are not rushing out of the door to catch an aeroplane, because things will be missed when you are in a rush.

Kennels and Catteries

There is a large choice of kennels and catteries available, and you should find the time, well in advance, to go and check them. You should be able to view without a prior appointment, but some have a set viewing time

within their daily routine. Make sure you look at the pets that are in at the time, whether they look happy, clean,

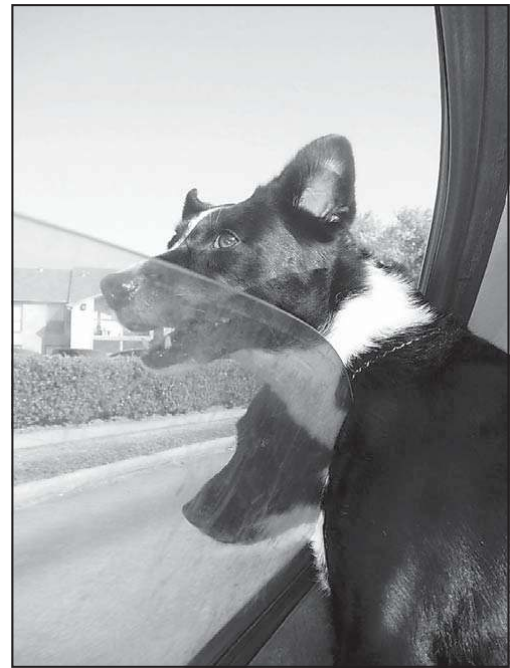
whether they have water available. The block should look and smell clean and there should be space for them to wander around. Make sure that there is allocated time for your pet to be out of it's kennel. The communal areas need to be safe and secure with well-maintained fencing. All entrances to kennel facilities should be double or triple

gated for maximum security so that pets can not escape.

You will have to check what vaccinations are required for your pet to be allowed to stay at a kennel or cattery, they should all need to be fully vaccinated with up-to-date annual boosters.

Check whether you can take your pets own bedding and toys. This should not be a problem and will give reassurance to your pet while you are away.

Check on the feeding regime and what food is fed. If you are



not happy then you should be able to take your own pet food with you. If your pet is on special medication, check that this is not a problem for the kennel. Some kennels keep a record of your pets daily habits, i.e. Food intake, weight and what comes out the other end!

Some kennels offer additional services, for a small extra charge, of daily longer walks or grooming prior to you collecting your pet.

Don't be afraid to ask questions, you are entrusting your

best friend to someone else, and you need to have all the information in order to make an informed choice. Alarm bells should go off if the establishment is unhelpful and will not let you view.

Ask friends, vets and pet shops for their recommendations before you view.

Happy holidays

Protect your pets with knowledge
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Julie Pickering

The Tavira Fund Raisers

invite you to a BBQ and Dance at Tavira Gardens on Friday 29th June. Music by Duo Tó e Luis. Tickets € 22. For further details or to book call: Cynthia on 281324 795 or José on 281 958 081. All money raised will go to the Canil São Francisco, Loulé.

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6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Ever Wondered About Food? (T) 12.00 BBC News; Weather. (T) 12.10 Live Rugby League. St Helens v Warrington Wolves (Kick-off 12.15pm). (T) 2.00 Tennis. Live coverage of the women's French Open final. (T) 4.35 BBC News; Regional News; Weather. (T) 4.55 Weak-east Link. (R) (T)

5.45 Just for Laughs. Hidden camera show in which members of the public find themselves in extraordinary situations - unaware they're being caught on film. (R) (T)

6.15 The People's Quiz. General knowledge quiz series in which contestants stand to win #270,000. With Jamie Theakston, Kate Garraway, Myleene Klass and William G Stewart. (T)

7.10 Doctor Who. The Doctor attempts to help a young woman thwart the plans of the Weeping Angels, a group of mysterious creatures hidden away in an abandoned haunted house. Bleak House and Pride and Prejudice star Carey Mulligan guests, with David Tennant and Freema Agyeman. (T)

7.55 The National Lottery Draws. Andrew Castle sets the balls rolling in the all-important Thunderball, Dream Number and Lotto draws. (T)

8.05 Any Dream Will Do? Graham Norton hosts the climax of the series as Andrew Lloyd Webber's search for a new Joseph ends. Judges Bill Kenwright, John Barrowman, Denise Van Outen and Zoe Tyler watch Keith, Lee and Lewis do battle while the viewers cast the deciding vote. The show also features Connie Fisher, last year's winner of How Do You Solve a Problem Like Maria? and the successful entrants in the Joseph Choir competition. Results at 10pm. (T)

9.10 Casually. Tess and Nadia reluctantly make their way to the party together, only to be confronted by the sight of a burning man in the road. Old demons resurface when Nadia tries to comfort the victim's traumatised son, while a prank on Nathan takes a dramatic turn as the celebration gets under way. Geoffrey Hughes guest stars. (T)

10.00 Any Dream Will Do? Graham Norton returns to announce the result of the viewers' vote and reveal who has won the lead role in Andrew Lloyd Webber's West End production of Joseph and the Amazing Technicolor Dreamcoat. (T)

10.25 BBC News; Weather; (T) National Lottery Update.

10.45 FILM: The Waterboy (1998). Comedy, starring Adam Sandler. (T)

12.10 FILM: Burglar (1987). Crime comedy, starring Whoopi Goldberg; (T) Weatherview. 1.50 BBC News 24. (T)



BBC2

6.00 CBeebies: Teletubbies. (R) (T) 6.30 Balamory; (R) (T) CBeebies Birthdays. (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Baffink. (R) (T) 7.10 Arthur. (R) (T) 7.35 Watch My Chops. (R) (T) 8.00 Mona the Vampire; (R) (T) Bernard. (R) (T) 8.30 The Story of Tracy Beaker. (R) (T) 9.00 Hider in the House. (T) 10.00 Beat the Boss. (R) (T) 10.30 Totally Doctor Who. (R) (T) 11.00 The Story of Tracy Beaker. (R) (T) 11.25 What's New Scooby-Doo? (R) (T) 11.45 Sportsround. (T) 12.00 See Hear. (T) 12.30 The Sky at Night. (R) (T) 12.50 Animal Park. (T) 1.35 FILM: A Midsummer Night's Dream (1999). Shakespearean comedy, starring Christian Bale. (T) 3.30 FILM: Vera Cruz (1954). Western, starring Gary Cooper. (T) 5.00 Search for Mountain Lions. (R) (T) 5.35 Flog It! (R) (T) 6.20 Great British Menu: Ambassador's Banquet. (R) (T) 7.20 The Culture Show. The refurbishment of the Royal Festival Hall. (T) 8.10 Coast. The team travel from Muckle Flugga in Shetland to Orkney, where Neil Oliver attempts to climb the Old Man of Hoy and Alice Roberts examines a mysterious skeleton. (R) (T) 9.10 Seven Ages of Rock. The story of the controversial genre of heavy metal, which gained a huge worldwide following after emerging toward the end of the 1960s and hailed Black Sabbath as its Godfathers. (T) 10.10 Porridge. (R) (T) 10.40 Graham Norton Uncut. (T) 11.25 FILM: Magnolia (1999). Drama, starring Tom Cruise. (T) 2.25 FILM: Sixth Happiness (1997). Emotional fact-based drama, starring Firdaus Kanga. (T) 4.00 Close.

Pick of the Day

George Michael: The Road to Wembley (Channel 4, 9.10pm)
George Michael: The Road to Wembley (Channel 4, 9.10pm) sees the station broadcast not only an interview with the legendary singer, but also highlights of his performance in front of 90,000 people at Wembley Stadium - the first music event to be held at the new venue. Chris Evans presents this insight into the musician which also features contributions from celebrity friends and fans, and counts down to the moment when Channel 4 crosses live to the concert. Today's sell-out show will see the world-renowned artist coming home to a place he's entertained at in the past - Wham! played at the old stadium, while Live Aid and a rendition of Somebody to Love at the Freddie Mercury Tribute Concert also saw the award-winner at the ground. Recently he appeared in court following his much-publicised arrest last year after he was found slumped at the wheel of his car in London. Admitting he wasn't in a fit state to drive, the singer faces sentencing on June 8. George released a statement after appearing in court which said: "I was unfit through a combination of tiredness and prescribed drugs, and I will be sentenced on this basis." Let's just hope the judge isn't too hard on him, otherwise he might not be the first person performing music at the venue after all.

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.50 T4: Big Brother's Little Brother. (T) 9.25 T4: Popworld. (T) 10.10 T4: Big Brother. (R) (T) 11.15 T4: Big Brother. (R) (T) 11.50 T4: Shipwrecked 2007: The Cutcam Diaries. (R) (T) 12.25 T4: Shipwrecked 2007: Battle of the Islands. (R) (T) 2.00 Channel 4 Racing from Goodwood, Haydock Park and Musselburgh. Including the 3.25 Empire Property Group On The House Stakes (1m). (T) 4.00 Red Bull Air Race. (T) 5.00 Deal or No Deal Classic. (R) (T) 5.45 Monarchy by David Starkey. (R) (T) 6.45 Channel 4 News. (T) 7.10 Lie Lab. A woman convicted of poisoning a child tries to prove her innocence. (T) 8.10 Whicker's War. Conclusion. Veteran broadcaster Alan Whicker chronicles the Italian surrender, his exploits behind enemy lines and witnessing the death of Mussolini. (R) (T) 9.10 George Michael: The Road to Wembley. Chris Evans interviews the singer on the same night he performs in front of 90,000 people at Wembley Stadium - the first music event to be held at the new venue. (T) 10.15 FILM: The Butterfly Effect (2004). Premiere. A college student discovers he can travel into his past and change events - but his meddling leads to trouble. Powerful supernatural thriller, starring Ashton Kutcher. (T) 12.20 4Music: Isle of Wight Festival 2007. 1.55 4Music: The JD Set Presents: The Rumble Strips. (T) 2.10 4Music: Sessions: Guillemots. (T) 2.25 Big Brother Live. 4.25 Greetings from Tucson. (R) (T) 4.50 The Bernie Mac Show. (R) (T) 5.15 Countdown. (R) (T)

FIVE

6.00 Sunrise. 6.55 Milkshake!: The Milkshake! Show. (R) (T) 7.25 Mist: Sheepdog Tales. (R) (T) 7.40 Rupert Bear. (R) (T) 7.55 Make Way for Noddy. (R) (T) 8.05 Say it with Noddy. (R) (T) 8.10 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.25 The Book of Pooh. (R) (T) 9.00 Ebb and Flo. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowertots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 Fifth Gear. (R) (T) 11.00 Killer Pit Vipers: Austin Stevens' Adventures. (R) (T) 12.05 FILM: Daniel and the Devil (1941). Fantasy drama, starring Edward Arnold. (bw) 1.40 FILM: The Big Sleep (1946). Classic thriller, starring Humphrey Bogart. (T) (bw) 3.50 FILM: A Ring of Endless Light (2002). Sensitive drama, starring Mischa Barton. (T) 5.35 FILM: Hercules in the Maze of the Minotaur (1994). Mythical adventure, starring Kevin Sorbo. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas is joined by Geoffrey Boycott, Simon Hughes and Ian Bishop to present highlights from the third day of the Third Test at Old Trafford. (T) 8.00 five news and sport. (T) 8.15 NCIS. A bartender wakes up next to a woman's body. (R) (T) 9.10 CSI: NY. A woman meets her death at a French Revolution-themed event co-hosted by a socialite she tutors while a blood-spattered cockroach gives clues to an up-and-coming chef's demise. (T) 10.10 Law & Order. (T) 11.10 Angela's Eyes. (T) 12.10 Quiz Klax. 1.00 NHL Ice Hockey. Ottawa Senators v Anaheim Ducks. 3.45 South American Football. 5.10 Grand American.

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Horrid Henry. (T) 9.35 Horrid Henry. (R) (T) 9.50 Jungle Run. (R) (T) 10.20 The Gilet Boys. (R) (T) 10.50 King Arthur's Disasters. (R) (T) 11.20 My Parents Are Aliens. (R) (T) 11.50 Drake & Josh. (R) (T) 12.20 Grizzly Tales for Gruesome Kids. (R) (T) 12.30 Grizzly Tales for Gruesome Kids. (R) (T) 12.40 The Amazing Adrenalin Brothers. (R) (T) 12.50 The New Adventures of Superman. (R) (T) 1.50 ITV News and Weather. (T) 1.55 London Today. Weather. (T) 2.00 Coronation Street Family Album. (R) (T) 2.30 FILM: What About Bob? (1991). Comedy caper, starring Bill Murray. (T) 4.25 Lewis Hamilton: The Story So Far. (T) 4.55 London Tonight; Weather. (T)

5.10 ITV News and Sport; Weather. (T)

5.25 New You've Been Framed: Talent Special. Harry Hill narrates an assortment of home-video howlers featuring all kinds of disastrous performers. The zany comedian's selection includes awful actors, shocking singers and calamitous conjurers showcasing their dubious talents. (T)

5.55 FILM: Grease (1978). Blockbusting musical, starring John Travolta. (T)

7.55 Grease Is the Word: The Final - Live. Zoe Ball presents the climax of the search for a couple to star in a West End production of Grease. The four remaining contestants take the stage in a final attempt to win enough public support to secure the roles of Danny and Sandy. Straight-talking judges David Ian, David Gest, Brian Friedman and Snitka have their say on the performances, but it's down to viewers to choose the winners. (T)

9.25 Britain's Got Talent. New series. Ant and Dec host this nightly talent show aiming to find the nation's most gifted individual or group. Simon Cowell heads the judging panel, alongside actress Amanda Holden and writer Piers Morgan, and tonight they'll be sorting the wheat from the chaff in Cardiff and Manchester in the first of five audition shows. There are no rules - anyone can enter, regardless of age or background - but only one will be crowned winner on Sunday June 17th, pocketing a cheque for #100,000 and being given the chance to appear in front of the Queen at the Royal Variety Performance. (T)

10.25 Parkinson. Orlando Bloom drops in to the studio to talk about his role as Will Turner in Pirates of the Caribbean: At World's End, while James Nesbitt reveals all about his forthcoming appearance in BBC drama series Jekyll. Robin Hood star Keith Allen completes the line-up, telling the veteran broadcaster about his autobiography Grow Up. Opera singer Alfie Boe provides the music. (T)

11.25 ITV News and Weather; Weather. (T)

11.40 F1: Canadian Grand Prix Qualifying. Steve Rider introduces a chance to see the battle for pole position in the sixth race of the season at Montreal's Circuit Gilles Villeneuve. Commentary by James Allen and Martin Brundle. (T)

1.10 Make Your Play; ITV News Headlines. 4.10 Boot Sale Treasure Hunt. (R) (T) 4.30 Boot Sale Treasure Hunt. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1
0700 Brinca Comigo 0900 Ecoman 1000 O Ultimo Leopardo 1100 Descobrir Portugal 1200 A Minha Sogra é um Bruxa 1230 Destinos.pt 1300 News 1415 Top+ 2100 A Voz do Cidadão 2115 Dança Comigo 2315 The Juror, film 0200 Aqui na Terra, film

RTP2
0645 Weather 0700 Euronews 0730 Africa 7 Days 0800 News 0900 University 1200 Vida no Poda 1230 Câmara Clara 1330 Bombordo 1400 Parlament 1500 Sport 1900 Couto & Coutadas 1930 Geração Cientista 2000 Hi Hi Puffy Ami Yumi 2030 Kulito 2100 Vidas 2150 Loto Draw 2200 News

SIC
0700 Children TV 0900 Disney Kids 1100 Uma Aventura 1200 Our World 1300 News 1400 Extase 1500 Onda de Verão 1700 Film TBA 2000 News 2130 Desorebundes 2215 Página da Vida 0000 Danny the Dog, film 0230 Film TBA

TVI
0700 Children TV 1000 O Banho Dos Quatro 1130 DeLuxe 1300 News 1400 Heroes 1600 Film TBA 1800 Film TBA 2000 News 0045 Witness, film

(R) -repeat programme;
(T) -programme with teletext subtitles;
(S) -programme broadcast in stereo;
(bw) -black and white.

Best of the Rest

BBC3
7.00 TV Gaffes Galore 7.25 The Real Hustle 7.55 Doctor Who Confidential 8.40 Top Gear 9.40 Film: First Blood 15 (1982) 11.10 Two Pints of Lager and a Packet of Crisps 11.40 Two Pints of Lager and a Packet of Crisps 12.10 Gavin and Stacey 12.40 The Real Hustle 1.05 Rob Brydon's Annually Retentive 1.35 Two Pints of Lager and a Packet of Crisps 2.05 Two Pints of Lager and a Packet of Crisps 2.35 Gavin and Stacey 3.00 Rob Brydon's Annually Retentive 3.30 Close

BBC4
7.00 The History of Pubs 7.40 Film: The Producers PG (1968) 9.10 Storyville: Laughing with Hitler 10.10 Alice Cooper - Welcome to My Nightmare 11.10 Iron Maiden - Rock in Rio 12.10 Journeys into the Ring of Fire 1.10 Journeys into the Ring of Fire 2.10 Journeys into the Ring of Fire 3.10 Journeys into the Ring of Fire 4.10 Close

ITV2
2.35 Holiday Showdown 3.35 Holiday Airport: Cyprus 4.35 The Planet's Funniest Animals 4.55 Smallville 5.55 Nanny 911 6.55 New Homes from Hell 7.55 Jack Osbourne - Adrenaline Junkie 8.55 The Planet's Funniest Animals 9.25 Teen Boob Jobs: Too Much Too Young 9.55 Teen Sex: Too Much Too Young 10.25 Britain's Got More Talent 11.25 Greased Lightnin' Results 12.25 Grease Is the Word: The Final - Live 1.55

Make Your Play: ITV Play 3.35 Emmerdale 6.00 Close

Sky One
1.00 Star Trek: The Next Generation 2.00 Star Trek: The Next Generation 3.00 Relic Hunter 4.00 Futurama 4.30 Futurama 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 Brainiac: Science Abuse 7.00 Futurama 7.30 Futurama 8.00 Cold Case 9.00 Bones 10.00 Live Without Lost 10.30 The Real Mrs Doubtfire 11.30 Road Wars 12.00 24 1.00 24 1.50 Brainiac: Science Abuse 2.40 Star Trek: The Next Generation 3.30 Star Trek: The Next Generation 4.20 Relic Hunter 5.10 World's Craziest Videos 5.35 America's Dumbest Criminals

UKTV Gold
1.50 My Hero 2.30 My Hero 3.10 Last of the Summer Wine 3.50 Some Mothers Do 'Ave 'Em 4.30 My Family 5.10 My Family 5.50 Only Fools and Horses 7.20 Only Fools and Horses 9.00 New Tricks 10.15 New Tricks 11.30 Men Behaving Badly 12.10 The Office 12.50 New Tricks 1.50 The Office 2.30 Room 101 3.00 Room 101 3.30 Charlie's Angels 4.25 Dallas 5.10 Dallas

TCM
1.05 Singin' in the Rain U (1952) 3.00 Quo Vadis PG (1951) 6.15 How the West Was Won PG (1963) 9.00 Superman PG (1978) 11.40 The Screening Room 12.15 Soylent Green PG (1973) 2.00 Fame 15 (1980) 4.15 Teleshopping

The Disney Channel
Kids' programmes from 7am, except: 4.00 Film: Buffalo Dreams U (2005) Drama, starring Reiley McClendon.

MOVIES

Sky Movies Drama

7.10 Finding Buck McHenry U (2000) 8.45 Julius Caesar PG (1970) 10.45 A Good Woman PG (2004) 12.30 Finding Buck McHenry U (2000) With Ossie Davis. 2.15 Proof 12 (2005) With Gwyneth Paltrow. 4.15 Julius Caesar PG (1970) With Charlton Heston. 6.15 A Good Woman PG (2004) With Helen Hunt. 8.00 Proof 12 (2005) With Gwyneth Paltrow. 10.00 Sliding Doors 15 (1998) With Gwyneth Paltrow. 11.45 The Players Club 18 (1998) With LisaRaye. 1.40 The Runner 15 (1999) With John Goodman. 3.25 Forgotten Sins 15 (1996) 5.10 Finding Buck McHenry U (2000)

Sky Movies

Comedy

7.00 The Pirates of Penzance U (1982) 8.55 The Adventure of Sherlock Holmes' Smarter Brother PG (1975) 10.30 Bean PG (1997) 12.05 Elizabethtown 12 (2005) With Orlando Bloom. 2.15 Harold & Kumar Get the Munchies 15 (2005) With John Cho. 3.50 Comedy Close Up 4.20 Bean PG (1997) With Rowan Atkinson. 6.00 The Pirates of Penzance U (1982) With Kevin Kline. 8.00 Clueless 12 (1995) With Alicia Silverstone. 10.00 Elizabethtown 12 (2005) With Orlando Bloom. 12.05

Harold & Kumar Get the Munchies 15 (2005) With John Cho. 1.35 Clueless 12 (1995) With Alicia Silverstone. 3.15 The Marrying Man 15 (1991) 5.15 The Adventure of Sherlock Holmes' Smarter Brother PG (1975)

Sky Movies Action

6.20 Bad Company 15 (1972) 7.55 Revolver 15 (2005) 9.55 Speed 2: Cruise Control PG (1997) 12.05 Conan the Barbarian 15 (1981) With Arnold Schwarzenegger. 2.15 SS Doomtrooper (2006) With Corin Nemec. 3.50 Revolver 15 (2005) With Jason Statham. 5.50 Speed 2: Cruise Control PG (1997) With Sandra Bullock. 8.00 Conan the Barbarian 15 (1981) With Arnold Schwarzenegger. 10.10 Running Scared 18 (2006) With Paul Walker. 12.15 Rapid Fire 18 (1992) With Brandon Lee. 1.55 SS Doomtrooper (2006) With Corin Nemec. 3.30 Running Scared 18 (2006) 5.35 Bad Company 15 (1972)

(R) -repeat programme;
(T) -programme with teletext subtitles;
(S) -programme broadcast in stereo;
(bw) -black and white.

Sky Sports 1

6.00 America's Cup Sailing 7.00 Soccer AM: The Best Bits 8.00 Soccer AM: The Best Bits 9.00 Cricket AM 10.30 Live Test Cricket. England v West Indies. 7.00 Live Darts. The third day of the UK Open. 11.00 Test Cricket 1.00 America's Cup Sailing 2.00 Spanish Football 4.00 America's Cup Sailing 5.00 Ocean 5.30 Moto Plus

Sky Sports 2

6.00 Test Cricket 8.00 Live International Rugby Union. New Zealand v France (Kick-off 8.35am). 11.00 Live International Rugby Union. Australia v Fiji (Kick-off 11.00am). 1.30 Live America's Cup Sailing. The seventh day of the Louis Vuitton Cup final. 4.00 Live Masters Football. The Coventry Masters. 7.00 FIFA Futbol Mundial 7.30 Live Spanish Football. Real Zaragoza v Real Madrid (Kick-off 8.00pm). 10.30 World Sport 11.00 Max Power 12.00 Race World 1.00 Speedway 4.00 Max Power 5.00 World Ten Pin Masters

Sky Sports 3

6.00 Watersports World 7.00 America's Cup Sailing 9.00 Racing News 10.00 WWE: Smackdown 12.00 World Sport 12.30 Rally World 1.00 Live Darts. The third day of the UK Open. 5.00 World Sport 5.30 Rally World 6.00 Live Speedway. The Denmark Grand Prix. 9.00 Golf Night 11.00 Extreme Championship

British Eurosport

7.30 Game, Set and Mats 7.45 French Open Tennis 8.45 Game, Set and Mats 9.00 MotoGP 10.00 World Touring Car Championship 10.30 International Football 11.30 Live MotoGP. The Catalunya Grand Prix MotoGP qualifying sessions. 12.00 Live MotoGP. The Catalunya Grand Prix MotoGP qualifying session. 2.00 Live French Open Tennis. Coverage of the women's final from Roland Garros. 4.15 French Open Today 4.30 Eurosport Buzz 5.00 MotoGP 6.00 Live International Football. The third-place play-off in the Under-21 Festival of Toulon (Kick-off 6.00pm). 7.45 Live International Football. The final of the Under-21 Festival of Toulon (Kick-off 8.00pm). 10.00 French Open Tennis 11.00 MotoGP 12.00 Game, Set and Mats 12.15 Beach Volleyball 1.15 Close

Sky Sports Xtra

6.00 Race World 7.00 Max Power 8.00 Darts 12.00 Live European Tour Golf. Coverage of the third round of the BA-CA Golf Open. 4.00 Rally World 4.30 Max Power 5.30 Live Netball. Coverage of the Super League Grand Final. 8.00 Test Cricket 10.00 America's Cup Sailing 11.00 International Rugby Union 1.00 Netball 3.30 Test Cricket 5.30 Rally World

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SUN

BBC1

6.00 Breakfast. (T) 9.00 Sunday AM; (T) BBC News. (T) 10.00 Heaven & Earth with Gloria Hunniford. (T) 11.00 Countryfile. (T) 12.00 The Politics Show. (T) 1.00 'Allo 'Allo! (R) (T) 1.30 Keeping Up Appearances. (R) (T) 2.00 FILM: Free Willy (1993). Sentimental drama, starring Jason James Richter. (T) 3.45 EastEnders. (R)

5.40 Shaun the Sheep. A goat roams free with Shaun in tow. (T)
5.50 Lifeline. Action for Blind People. (T)
6.00 Songs of Praise. Eamonn Holmes visits Northern Ireland and the city of Londonderry, where Sinead O'Connor sings her own version of I Don't Know How to Love Him from Jesus Christ Superstar. (T)

6.35 Antiques Roadshow. Treasures are examined at the RHS gardens at Wisley. (R) (T)
7.20 The Great British Village Show. Alan Titchmarsh, James Martin and Angellica Bell visit Wimpole Hall in Cambridgeshire to see how the gender balance is being redressed in certain vegetable growing events. Sherie Plumb is competing in the pickling shallots and runner beans categories, while professional gardener Peter Godwin participates in a flower-arranging event. (T)

8.05 BBC News; Regional News; Weather. (T)
8.30 The Chase. Sarah accuses Fiona of murdering George, while Claudie's sister sets up her beauty therapy practice in the vets' staff room. With morale at an all-time low, the prospect of the Montgomery Estate ball proves a welcome distraction. Gaynor Faye and Michelle Holmes star. (T)

9.30 How We Built Britain. David Dimbleby travels through the Home Counties, where he visits many of the great country houses of the Elizabethan era. He explores the forest of chimneys on the roof of Burghley House, examines the singular riddle of Triangular Lodge, and rummages around priest holes, knot gardens and even Shakespeare's schoolroom. (T)

10.30 BBC News; Weather. (T)
10.45 Medium. Allison becomes a target for a serial killer from the past, who possesses people and seeks further victims. She faces a race against time to stop him from murdering again. Paranormal drama, starring Patricia Arquette as a woman plagued by visions of the dead, who uses her unique gift to solve murder cases. (T)

11.30 Seven Ages of Rock. The story of the controversial genre of heavy metal, which gained a huge worldwide following after emerging toward the end of the 1960s and hailed Black Sabbath as its Godfathers. (R) (T)

12.30 FILM: As Good as Dead (1995). Thriller, starring Crystal Bernard; (T) Weatherwise. 2.00 Sign Zone: Holby City. (R) (T) 3.00 Sign Zone: Antiques Roadshow. (R) (T) 3.50 Sign Zone: Food. (R) (T) 4.35 BBC News 24. (T)

LOCAL

RTP1

0700 Brincar Bricar 0900 O Homen dos Leões 0930 Extreme Jobs 1000 Eucarista Dominical 1100 Criar um Urso Negro Bebê 1200 A Minha Sogra é uma Bruxa 1230 Contra-Informação 1300 News 1415 So Visto 1515 Prison Break 1605 1615 Rush Hour 2 1800 Greys Anatomy 2000 News 2130 Gato Fedorento 2345 Lisboetas, film

RTP2

0645 Meterology 0700 Euronews 0830 Afric@global 0900 Caminhos 0930 70x7 1000 Nô 1100 Da Terra Ao Mar 1130 Consigo 1230 Olhar o Mundo 1300 Discovery Hour 1345 Vidas 1445 A Voz do Cidadão 1500 Sport 1900 A Revolta dos Pasteis de Nata 200 Teen Titans 2030 Futurama 2100 Bombordo 2130 A Alma e a Gente 2200 News 2230 Diga lá Excelência 2315 Britcom 0000 Onda 0115 Christmas Concert from Bethlehem 0215 Desporto 0615 Euronews

SIC

0645 Sic Kids 0830 Floribela 1000 Fátima 1300 News 1400 Film TBA 1645 Film TBA 1900 CSI: Las Vegas 2000 News 2115 Film TBA 2345 Hora H 0030 CSI Miami 0130 Film TBA 2345 Hora H 0030 CSI Miami 0130 Lifebreath, film 0330 O Bairro da Fonte

TVI

0645 Children's TV 0900 Disney Kids 1100 Uma Aventura Perigosa 1200 BBC Wild Life 1300 News 1345 Film TBA 1530 Film TBA 1830 Film TBA 1830 News 2115 Bela e o Monstro 0130 The Maldonado Miracle, film

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Pick of the Day

Talk to Me (ITV1, 9.30pm)

Max Beesley swaps his Hotel Babylon uniform for a pair of earphones in Talk to Me, a new series which is bound to steam up your TV screen over the coming weeks. He plays Mitch Moore, a shock jock Lothario who likes to keep his female listeners happy - and not just over the airwaves. In the week before his best mate Woody (Joseph Millson), and fiancée, Claire (Laura Fraser), tie the knot, his life starts to unravel. A brief fling with the latter's best friend and chief bridesmaid Ally (Hotel Babylon co-star Emma Pierson) ends badly and it becomes clear he only has eyes for Claire. Before you can say 'What's it all about Alfie?', he's having second thoughts about being his pal's best man. His schoolteacher sister Kelly (Kate Ashfield) also has her fair share of problems, one of which is Scott (Adrian Bower), a useless husband who spends all day developing frivolous websites and gives her short shrift when she raises the issue of having a baby. The other is Aaron (Aaron Johnson), a 15-year old pupil who keeps flirting with her. Although Kelly knows an affair is out of the question, it's not long before she's thinking about far more than just marking his homework. Meanwhile, Ally has a hard time coping after being rejected by Mitch and decides to seduce the pizza delivery man, but her drunken flirtation ends in disaster.

BBC2

6.00 CBeebies: Teletubbies. (R) (T)
6.30 Balamory; (R) (T) CBeebies Birthdays. (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Baffink. (R) (T) 7.10 Legend of the Dragon. (R) (T) 7.30 Smile. (T) 10.00 Something for the Weekend. (T) 11.30 Inside Sport. (T) 12.15 Animal Park. (T) 12.30 Live MotoGP. The Catalunya Grand Prix. (T) 2.00 Live Rugby League. Bradford Bulls v Huddersfield Giants (Kick-off 2.15pm). (T) 4.00 Tennis. Live coverage of the men's French Open final. (T) 6.10 Nicole Cabell - Singing to the World. (T) 6.40 Natural World. (R) (T) 7.30 Cooking in the Danger Zone. Controversial and dangerous culinary treats. (T) 8.30 Coast. Neil Oliver explores Sandbanks in Poole Harbour as the team travel along the south coast of England. Alice Roberts investigates the secrets behind building a perfect sandcastle. (T) 9.30 The Apprentice - Why I Fired Them. Alan Sugar looks back over the candidates from this year's series of The Apprentice and assesses their performances, revealing how he decided which ones he would fire. (T) 10.30 FILM: American History X (1998). A neo-Nazi realises the error of his ways - only to find his younger brother is heading down the same path. Controversial, violent drama, starring Edward Norton and Edward Furlong. (T) 12.25 FILM: Cherry Falls (2000). Comic horror, starring Brittany Murphy. (T) 1.50 The Culture Show. (R) 2.40 FILM: Brute Force (1947). Prison drama, starring Burt Lancaster. (T) (bw) 4.15 Close.

C4

6.00 The Treacle People. (R) (T)
6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Transworld Sport. (T) 7.55 British F3 International Series. 8.25 New Shows: Films from Disabled Directors. (T) 8.50 T4: Popworld. (R) (T) 9.45 T4: Hollyoaks. (T) 12.15 T4: Isle of Wight Festival 2007. (R) 12.45 T4: Big Brother's Little Brother. (T) 1.50 T4: Big Brother's Diary Room Uncut. (T) 2.55 T4: Smallville. (T) 3.55 T4: Ugly Betty. Bradford proposes to Wilhelmina. Last in series. (R) (T) 4.55 Deal or No Deal. (T) 5.40 Supernanny. (T) 6.30 Shipwrecked: The Reunion Finale. (T) 7.30 Channel 4 News. (T) 8.00 Big Brother: On the Couch. Davina McCall presents a look at the psychological effects of being in the most-watched house in Britain, with experts analysing the major events of the previous week. (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 Derren Brown: Something Wicked This Way Comes. The magician's Olivier Award-winning live show at the Old Vic, London, fusing magic, psychology and subliminal suggestion, confounding the crowd with his shocking stunts. (R) (T) 11.35 Isle of Wight Festival 2007. 1.10 Big Brother's Diary Room Uncut. 2.10 Big Brother Live. 4.50 The Bernie Mac Show. (R) (T) 5.15 Countdown. (R) (T)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowerbots. (R) (T) 6.20 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 The Milkshake! Show. (R) (T) 7.15 Funky Town. 7.20 Mist: Sheepdog Tales. (R) (T) 7.30 Rupert Bear. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Say It with Noddy. (R) (T) 8.00 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.15 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.30 The Book of Pooh. (R) (T) 9.00 Ebb and Flo. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowerbots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 Getting on the Property Ladder. (R) (T) 11.00 The Hotel Inspector. (R) (T) 12.05 Nice House, Shame about the Garden: Revisited. (R) (T) 12.30 five news update. (T) 12.35 FILM: Night Passage (1957). Western, starring James Stewart. (T) 2.15 FILM: The Sea Chase (1955). World War Two adventure, starring John Wayne. (T) 4.35 FILM: Good Boy! (2003). Premiere. Canine comedy, starring Moll Shannon. (T) 6.05 Everybody Hates Chris. (T) 6.35 Everybody Hates Chris. (T) 7.00 five news and sport. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas is joined by Geoffrey Boycott, Simon Hughes and Ian Bishop to present highlights from the fourth day of the Third Test at Old Trafford. (T) 8.00 FILM: There's Only One Jimmy Grimble (2000). A bullied schoolboy finds his love of playing football is tempered by a lack of confidence - until a chance encounter changes his fortunes. Sparky comedy, starring Robert Carlyle. (R) 10.00 Vanished. The FBI's investigation uncovers Valera's escape route. (T) 11.00 Killer Instinct. (R) (T) 12.00 Disorderly Conduct. (T) 1.00 Major League Baseball. 3.45 Kickboxing: Now Is the Time - Night of Combat. 4.35 Major League Soccer.

10 JUN

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 CITV: Art Attack. (R) (T) 9.50 Prove It! (T) 10.10 Atomic Betty. (T) 10.25 Jim Jam & Sunny. (T) 10.40 Jim Jam & Sunny. (T) 10.55 Pocoyo. (T) 11.05 Jim Jam & Sunny. (T) 11.15 Jim Jam & Sunny. (T) 11.30 Curious George. (T) 11.45 Planet Sketch. (T) 11.55 FILM: A High Wind in Jamaica (1965). Maritime adventure, starring Anthony Quinn. (T) 1.50 ITV News and Weather. (T) 1.55 London Today; Weather. (T) 2.00 FILM: The Battle of Midway (1976). World War Two drama, starring Charlton Heston. (T) 4.30 London Tonight; Weather. (T) 4.45 ITV News and Weather. (T)

5.00 F1: Canadian Grand Prix Live. Round six at the Circuit Gilles Villeneuve in Montreal (Start time 6.00pm). (T)

8.00 Coronation Street. Things are awkward between Ken and Denise after the pass she made at him, so he goes home to make his peace with Deirdre - just as she is toasting the single life on a night out with the girls. Steve comforts Michelle as she and the rest of the Connors prepare to leave for the funeral in Ireland, and try to decide what possessions to put in Paul's coffin. Jerry suggest Mel should buy her grandad a pint of two to loosen his tongue about the past, while Gail remains adamant that David will sit the rest of his exams. (T)

8.30 Britain's Got Talent. Ant and Dec present the second round of live auditions from Birmingham and Manchester, with judges Simon Cowell, Amanda Holden and Piers Morgan keeping their buzzers at the ready. (T)

9.30 Talk to Me. New drama series, starring Max Beesley as charming local radio presenter Mitch Moore, who finds himself involved in a love triangle when he falls for his best friend's fiancée. Meanwhile, his sister Kelly grows desperate to have a baby, despite the reluctance of her husband Scott. Laura Fraser, Joseph Millson and Emma Pierson co-star. (T)

10.30 ITV News and Weather; Weather. (T)

10.45 The South Bank Show. Jarvis Cocker talks about his songwriting career and his new life in France. The Pulp frontman takes Melvyn Bragg on a tour of his favourite places in Paris and returns to Castle Market in Sheffield where he worked as a teenager. He formed Pulp while still at school in the late Seventies and, although they have never formally disbanded, he took a four year break from them before emerging last year with his first solo album, the Brit-nominated Jarvis. (T)

11.50 F1: Canadian Grand Prix Highlights. Steve Rider introduces action from the sixth round of the season at the Circuit Gilles Villeneuve in Montreal, where Fernando Alonso triumphed last year on his way to a second world title. (T)

12.55 Motorsport UK. (T) 1.25 Glitterball; (T) ITV News Headlines. 3.35 The Jeremy Kyle Show. (R) (T) 4.30 ITV Nightscreen.

SPORT

Sky Sports 1

6.00 America's Cup Sailing 7.00 Futbol Mundial 7.30 Spanish Football 9.30 Cricket Writers on TV 10.30 Live Test Cricket. England v West Indies. 7.00 Live Darts. The fourth and final day of the UK Open. 11.00 Test Cricket. 1.00 America's Cup Sailing. 2.00 Live NBA Basketball. San Antonio Spurs v Cleveland Cavaliers. (Tip-off 2.00am). 4.30 Close

Sky Sports 2

6.00 Test Cricket 8.00 America's Cup Sailing 9.00 Motor Racing 11.00 Wild Spirits 11.30 Racing News 12.00 Live European Tour Golf. The BA-CA Golf Open. 4.00 World Sport 4.30 Live European Under-21s Championship Football. Holland v Israel (Kick-off 5.15pm). 7.30 Live European Under-21s Championship Football. Portugal v Belgium (Kick-off 7.45pm). 10.00 US Superbikes 11.00 US Superbikes 12.00 European Under-21s Championship Football 2.00 Close

Sky Sports 3

6.00 US Superbikes 7.00 US Superbikes 8.00 WWE: Afterburn 9.00 WWE: Heat 10.00 Masters Football 1.00 Live Darts. The fourth and final day of the UK Open. 5.30 Wild

Spirits 6.00 WWE: Afterburn 7.00 WWE: Heat 8.00 Test Cricket 10.00 America's Cup Sailing 11.00 WWE: Experience 12.00 WWE: Late Night - Afterburn 11.00 WWE: Heat 2.00 US Superbikes 3.00 US Superbikes 4.00 Close

British Eurosport

7.30 Game, Set and Mats 7.45 French Open Tennis 8.45 Live MotoGP. The Catalunya Grand Prix warm-up session 9.15 Live MotoGP. An introduction to the Catalunya Grand Prix. 9.45 Live MotoGP. The Catalunya Grand Prix 125cc race. 11.00 Live MotoGP. The Catalunya Grand Prix 250cc race. 12.15 Live MotoGP. The Catalunya Grand Prix MotoGP race. 2.00 Live French Open Tennis. Coverage of the men's final. 5.45 Cycling 6.15 Cycling 6.45 MotoGP 9.00 Motorsports Weekend 9.30 French Open Tennis 10.30 Beach Volleyball 11.00 Beach Volleyball 12.00 Motorsports Weekend 12.30 Close

Sky Sports Xtra

6.00 Masters Football 9.00 Darts 12.30 US Superbikes 1.30 Live America's Cup Sailing. The eighth and penultimate day of the Louis Vuitton Cup final. 4.00 US Superbikes 5.00 US Superbikes 6.00 Motor Racing 8.00 Golf Night 10.00 Motor Racing 12.00 Golf Night 2.00 Close

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MON

BBC1

6.00 Breakfast. (T) 9.15 Heir Hunters. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Car Booty. (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Chuckle/Vision. (R) (T) 3.40 Arthur. (R) (T) 4.05 Stupid. (R) (T) 4.30 S'Mart. (R) (T) 5.00 Serious Andes. (T) 5.25 Newswound. (T)

5.35 Neighbours. Susan tells Karl the truth about Izzy's baby. Boyd attempts to win back Janae, while Ned exposes Paul's devious behaviour in a bid to convince Elle to leave Ernsborough. (R) (T)

6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 Celebrity MasterChef. The four remaining celebrity cooks compete in the first semi-final, catering for a group of Army cadets. With judges John Torode and Gregg Wallace. (T)

7.30 Super Vets. Donni the horse needs surgery when he breaks his jaw, a dachshund tries to walk again following an operation on his spine, and the vets try to save a critically ill baby alpaca. (R) (T)

8.00 EastEnders. Bradley tries to win back Stacey when she admits to him that sleeping with Deano was a mistake. Dot is at a loss without baby George and turns her attentions to Pauline's ashes. Pat develops a rash that seems to be due to the unwelcome visitors at the Vic, and Shirley witnesses Carly and Sean arrange a clandestine meeting. (T)

8.30 Panorama. Jane Corbin investigates claims the UK Government ended a Serious Fraud Office probe into the biggest-ever arms deal between Britain and Saudi Arabia because evidence of corruption may have been found rather than the official line of national security being compromised. (T)

9.00 New Tricks. The team reopen the 10-year-old murder of a librarian who also belonged to a witches' coven, and attempt to track down the other members of the group. Halford has visions of his dead wife, and becomes convinced he has been cursed, while Lane starts to suspect the killing may have been part of a human sacrifice. With guest star Stephanie Beacham. (R) (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)
10.35 Hollywood Greats. Jonathan Ross talks to Helen Mirren, Oscar-winning star of The Queen, about her successful career. With contributions by Harrison Ford, Stephen Frears, Tim Roth and Jeremy Irons. (T)

11.15 FILM: Last Orders (2001). Emotional drama, starring Michael Caine; (T) Springwatch Weatherview.

1.05 Sign Zone: Incredible Animal Journeys. (R) (T) 2.05 Sign Zone: It's Not Easy Being Green. (R) (T) 2.35 Sign Zone: Demolition. (R) (T) 3.05 Sign Zone: Found. (R) (T) 3.50 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Fimbly Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newswound. (T) 7.30 Krypto the Superdog. (R) (T) 7.45 The Story of Tracy Beaker. (R) (T) 8.00 Springwatch Trackers. (T) 8.30 CBeebies: Take a Bow. (T) 8.35 Jakers! (T) CBeebies Birthdays. (T) 9.00 Boogie Beebies. (R) (T) 9.15 Toddworld. (R) (T) 9.30 CBeebies Springwatch. (T) 10.00 Teletubbies. (R) (T) 10.30 Schools: Seasonal Snapshots. (T) 10.50 Seasonal Snapshots. (T) 11.10 BBC Primary History. (T) 11.30 BBC Primary Geography. (T) 11.40 BBC Primary Geography. (T) 11.50 BBC Primary Geography. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Schools: Something Special. (T) 1.15 Something Special. (T) 1.30 Live Tennis: Artois Championship. The opening day's play at Queen's Club in London. (T) 5.15 Weakest Link. (R) (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 York Minster. The cathedral's young choir face a busy summer with Sunday services, a school play and a demanding Master of Music to contend with. (R) (T) 7.30 Johnny Kingdom - A Year on Exmoor. Johnny searches for red deer calves. (R) (T) 8.00 Springwatch. Observing wildlife in Devon and the Hebrides. (T) 9.00 Peter and Dan Show: 20th Century Battles. An examination of the Battle of Midway. (T) 10.00 Have I Got Old News for You. With guest host Sean Lock. (R) (T) 10.30 Newswight. (T) 11.20 The Apprentice - Why I Fired Them. (R) (T) 12.20 Springwatch Nightshift. (T) 2.00 BBC Learning Zone.

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Pick of the Day

Hollywood Greats (BBC One, 10.35pm)

But for those who've managed to miss previous editions, which have featured the likes of Jane Fonda, Harrison Ford and Anthony Hopkins, each one has comprised of an in-depth profile of a particular actor or actress, peppered with clips from their films, interviews with those who know them and - if we're really lucky - the stars in question also get to chat to presenter Jonathan Ross. While some big names are rather elusive, the chirpy host shouldn't have had too much trouble tracking down the subject of his latest programme - Helen Mirren. She may be famous for playing stern, stressed-out women, but as she reveals here, she's anything but taciturn. Whoever claimed there were no good roles around for women of a certain age clearly hadn't been following her career. The London-born actress has come a long way since her film debut at 22 in *Herostratus*. In fact, although she's appeared on stage and screen consistently throughout her career, Mirren has enjoyed her biggest successes since turning 40.

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Big Brother's Little Brother. (R) (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 The Farm Revealed; (T) Before and After. (R) (T) 10.00 Day I Got the Sack; (R) (T) Burning Questions. (R) (T) 10.30 Power to the People; (R) (T) I've Got This Friend. (R) (T) 11.00 Gay to Z; (R) (T) 3 Minute Wonder. (R) (T) 11.30 My Crazy Life; (R) (T) Freshly Squeezed Shorts. (R) (T) 12.00 News at Noon. (T) 12.30 A Place in the Sun. (R) (T) 1.30 FILM: Only the Valiant (1951). Western, starring Gregory Peck. (T) (bw) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollywoods. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Tracey's Postcards. New series, exploring London's young black community. (T) 8.00 Dispatches: Kidnapped to Order. Claims that the CIA kidnapped al-Qaida suspects. (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 Cutting Edge: Bus Pass Workaholics. An insight into the world of retirement-age Britons who have decided to keep working, and some of the jobs they do. Including a pair of 74-year-old cleaners at Gatwick Airport. (T) 11.05 ER. (T) 12.05 Sex and the City. (R) (T) 12.40 Big Brother Live. 3.00 Six Feet Under. (R) (T) 4.00 Channel 4 Education. (R) (T)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowertots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (R) (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (T) 8.20 Peppa Pig. (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 FILM: The Left Handed Gun (1958). Western, with Paul Newman. (T) (bw) 3.25 five news update. (T) 3.30 FILM: Perry Mason: The Case of the Lady in the Lake (1988). Murder mystery. Raymond Burr stars. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas is joined by Geoffrey Boycott, Simon Hughes and Ian Bishop to present highlights from the fifth and final day of the Third Test at Old Trafford; (T) 7.15 five news update. 8.00 Fifth Gear. Tom Ford test-drives a Land Rover Defender in Iceland; (T) 8.00 five news at 9.00 Paul Merton in China. The comedian visits Shanghai. Last in series. (T) 10.00 Prison Break. Michael sets out to rescue Lincoln. Last in series. (T) 11.00 FILM: Sniper 2 (2002). Premiere. Thriller, starring Tom Berenger. (T) 12.40 NHL Ice Hockey. 3.45 Race and Rally UK. 4.25 NASCAR. 5.10 US PGA Golf.

11 JUN

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Agatha Christie's Marple. (R) (T)

6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. Rosemary offers Percy support after discovering her anti-depressants, while Marlon and Eli plan a scam to retrieve the stolen money. Sharon and Val cross swords once again. (T)

7.30 Coronation Street. The Peacocks return from holiday eager to make a fresh start, despite not knowing who started the fire at their home. David sits another exam and breezes through the questions - only to set his paper alight as he hands it in. Kirk tries to find out about Fiz's new boyfriend from Maria, but his sister's evasive answers only serve to convince him his love rival doesn't exist at all. (T)

8.00 Fowl Play: Tonight.

8.30 Coronation Street. Bethany's birthday party is ruined by the arrival of David's teacher, here to inform Gail about her son's dangerous exam stunt and exclude him from school. Fiz tries to tell Kirk about John but backs out at the last minute, leaving her ex convinced they still have a future together. However, somebody else learns the truth when they see Fiz and John kissing. Jerry continues to pursue Eileen, even though he finds her flirting with someone else in the cab office. (T)

9.00 Britain's Got Talent. The search for a star continues as another set of hopefuls look to impress the judges enough to win a place in the semi-finals, with the auditions coming from London and Birmingham. (T)

10.00 24 Hours With. New series. Jamie Campbell spends a whole day in the company of celebrities to gain an insight into their lives and personalities, beginning with American singer Bobby Brown. (T)

10.30 ITV News; Weather. (T)

11.00 FILM: Lethal Weapon 3 (1992). Action adventure, with Mel Gibson. (T)

1.00 Glitterball; (T) ITV News Headlines. 4.05 Everything Must Go! (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1

0630 Bom Dia Portugal
1000 Praça da Alegria
1300 News 1410 Los Ricos Tambien Lloran
1530 O Pátio das Cantigas, film
1715 Lingo 1800 Portugal em Directo
1915 O Preço Certo 1955 Direito de Antena 2000 News 2100 Notas Soltas
2130 Um Contra Todos
0115 António, Um Rapaz de Lisboa, film

RTP2

0730 Zig Zag, cartoons
1330 The OC 1455 Fire Within 1645 A Minha Família e Outros Animais
1800 Pica 1830 A Fé dos Homens 1945 Zig Zag
2015 Pica 2045 Sim Amor
2115 A Alma e a gente
2145 A Hora da Sorte 2200 News 2230 Perto de Casa
2300 Mundos

SIC

0645 Sic Kids 0230 Fliribella 1000 Fátima
1300 News 1415 O Profeta 1515 Contacto
1715 Floribella 1915 Pé Na Jaca 2000 News 2115 Páginas da Vida 2315 Jura
0115 Kill me Later, film
0300 Bang Bang 0345 Olhar de Serpente

TVI

0700 Diário da Manhã
1000 Vozes na TV 1300 News 1400 Tu e Eu 1515 Doce Fugitiva 1630 Quem Quer Ganhar 1745 Morangos com Açúcar
2000 News 2215 Tempo de Viver 0015 Another Meltdown, film

Best of the Rest

BBC3

7.00 The Scam Squad 7.30 Freaky Eaters 8.30 The Real Hustle 9.00 Little Britain 9.30 Tittybangbang 10.00 EastEnders 10.30 Touch Me, I'm Karen Taylor 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Two Pints of Lager and a Packet of Crisps 12.00 Tittybangbang 12.25 Touch Me, I'm Karen Taylor 12.55 The Real Hustle 1.25 Two Pints of Lager and a Packet of Crisps 1.55 Two Pints of Lager and a Packet of Crisps 2.25 The Scam Squad 2.55 Bust My Ass 3.55 Close

BBC4

7.00 World News Today 7.30 Weather 7.30 BBC Cardiff Singer of the World 2007 9.00 Bill Oddie's Top 10 Birds 10.00 The Life of Birds 10.50 The Edwardian Larder 11.50 The Diary of a Nobody 12.20 Bill Oddie's Top 10 Birds 1.20 The Edwardian Larder 2.20 The Diary of a Nobody 2.50 BBC Cardiff Singer of the World 2007 4.20 Close

ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 The Planet's Funniest Animals 7.30 Grease Is the Word: The Final - Live 9.00 Entourage 9.30 Entourage 10.00 Entourage 10.30 Britain's Got More Talent 11.30 Coronation Street 12.00 Coronation Street 12.30 Calum, Fran and Dangerous Danan 1.30 Glitterball: ITV Play 4.00

Teleshopping 6.00 Close

Sky One

1.00 Cold Case 2.00 24 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Film: Rocky II PG (1979) 11.10 So You Think You're Royal? 12.10 Nip/Tuck 1.10 Star Trek: Voyager 2.05 Mile High 3.00 The Villa 3.55 Scare Tactics 4.20 Guilty! 5.10 Star Trek: Voyager

UKTV Gold

1.00 My Family 1.40 Keeping Up Appearances 2.20 dinnerladies 3.00 Keeping Up Appearances 3.40 Keeping Up Appearances 4.20 Keeping Up Appearances 5.00 Dallas 6.00 New Tricks 7.00 Keeping Up Appearances 7.40 Keeping Up Appearances 8.20 Keeping Up Appearances 9.00 Only Fools and Horses 10.10 One Foot in the Grave 10.50 Blackadder the Third 11.30 The Worst Week of My Life 12.05 Only Fools and Horses 1.10 One Foot in the Grave 1.50 Room 101 2.20 Room 101 2.50 The Bill 3.40 Casualty 4.30 Close Up 4.40 Merseybeat 5.35 Neighbours

TCM

1.00 San Antonio PG (1945)
3.00 Absence of Malice PG (1981) 5.15 Viva Las Vegas U (1964) 6.50 Period of Adjustment 12 (1962) 9.00 All the President's Men 15 (1976) 11.30 Blow-Up 15 (1966) 1.45 Mutiny on the Bounty 15 (1962)

4.40 Teleshopping

The Disney Channel

Kids' programmes from 7am, except:

MOVIES

Sky Movies Drama

6.05 By Dawn's Early Light PG (2000) 8.05 Long Road Home PG (1991) 9.55 Hockey Mom PG (2003) 11.45 Can't Be Heaven PG (1999) With Diane Ladd. 1.35 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 4.05 Long Road Home PG (1991) With Mark Harmon. 5.55 The Top 10 Show 6.10 Hockey Mom PG (2003) With Jessalyn Gilsig. 8.00 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 10.30 Passion of Mind 12 (2000) With Demi Moore. 12.20 The New World 12 (2005) With Colin Farrell. 2.45 Keys to Tulsa (1997) With James Spader. 4.50 By Dawn's Early Light PG (2000)

Sky Movies Comedy

6.50 Captain Ron PG (1992) 8.30 Mastermind PG (1976) 10.00 Bewitched PG (2005) 11.45 Without a Paddle 12 (2004) With Seth Green. 1.00 American Pie Presents: Band Camp 15 (2005) With Eugene Levy. 3.00 Mastermind PG (1976) With Zero Mostel. 4.30 Down and Out in Beverly Hills 15 (1985) With Richard Dreyfuss. 6.15 Bewitched PG (2005) With Nicole Kidman. 8.00 Without a Paddle 12 (2004) With Seth Green. 10.00 American Pie Presents: Band Camp 15 (2005) With Eugene Levy. 11.35 Down and Out in Beverly Hills 15 (1985) With Richard Dreyfuss.

1.25 Deuce Bigalow: European Gigolo 15 (2005) With Rob Schneider. 2.55 I'm Gonna Git You Sucka 15 (1988) With Keenen Ivory Wayans. 4.30 Captain Ron PG (1992)

Sky Movies Action

6.45 Angel Flight Down PG (1996) 8.30 Hostage 15 (2005) 10.30 Big Trouble in Little China 12 (1986) 12.15 Derailed 15 (2005) With Jennifer Aniston. 2.15 Hostage 15 (2005) With Bruce Willis. 4.15 Escape from LA 15 (1996) With Kurt Russell. 6.15 Big Trouble in Little China 12 (1986) With Kurt Russell. 8.00 Derailed 15 (2005) With Jennifer Aniston. 10.00 Renegades 18 (1989) With Kiefer Sutherland. 11.50 Escape from LA 15 (1996) With Kurt Russell. 1.50 The Passion of Darkly Noon 18 (1995) With Brendan Fraser. 3.50 Angel Flight Down PG (1996) 5.40 Action & Thriller Close Up

(R)-repeat programme;

(T)-programme with teletext

subtitles;

(S)-programme broadcast in

stereo;

(bw)-black and white.

SPORT

Sky Sports 1

6.00 America's Cup Sailing
7.00 WWE: Bottom Line
8.00 Moto Plus 8.30 Wild Spirits 8.00 Test Cricket 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 Extreme Championship Wrestling 1.00 WWE: Heat 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

Aerobics Oz Style 11.30
Racing News 12.00 Darts
3.00 Spanish Football 5.00
WWE: Raw 7.00 Ocean 7.30
Wild Spirits 8.00 Test
Cricket 10.00 WWE: Late
Night - Bottom Line 11.00
WWE: Late Night -
Afterburn 12.00 Extreme
Championship Wrestling
1.00 WWE: Heat 2.00 Live
WWE: Late Night - Raw.
Wrestling action from the
States. 4.15 Close

British Eurosport

7.30 Motorsports Weekend
8.00 MotoGP 9.00
Volleyball 10.00 French
Open Tennis 12.30 Live ATP
Tennis. The Artois
Championship. 2.15 Live
Cycling. The Critérium du
Dauphine Libere. 3.30 Live
ATP Tennis. The opening
day of the Artois
Championship. 7.00 Live
Football. Coverage of the
Sonny Anderson Jubilee
match (Kick-off 7.00pm).
9.00 MotoGP 10.00 ATP
Tennis 11.00 Cycling 11.30
Eurosport Buzz 12.00
Motorsports Weekend
12.30 Close

Sky Sports Xtra

7.30 Netball 10.00 US
Superbikes 11.00 US
Openbikes 12.00 Motor
Racing 2.00 US Superbikes
3.00 US Superbikes 4.00
Darts 7.00 NBA Basketball
9.00 World Motor Sport
11.30 Golf 12.30 Wild
Spirits 1.00 Ocean 1.30
World Motor Sport 4.00
Close

Sky Sports 2

6.00 Aerobics Oz Style
6.30 Ocean 7.00 Aerobics
Oz Style 7.30 Ocean 8.00
Darts 11.00 Ocean 11.30
European Under-21s
Championship Football
1.30 Live America's Cup
Sailing. The ninth and final
day of the Louis Vuitton
Cup final. 4.00 Ocean 4.30
Wild Spirits 5.00 Moto Plus
5.30 Bass Fishing 6.30
Golf 7.30 Live Speedway.
Poole Pirates v Swindon
Robins. 9.30 America's
Cup Sailing 11.30 US
Superbikes 12.30 US
Superbikes 1.30 Speedway
3.30 America's Cup Sailing
5.30 Close

Sky Sports 3

8.00 America's Cup Sailing
9.00 Golf Night 11.00

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much more



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mobiles and mobiles on roaming

Monday to Friday 09:30 - 18:00

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60 cents per minute



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6.00 Breakfast. (T) 9.15 Heir Hunters. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News. Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Car Booty. (R) (T) BBC News. Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News. Weather. (T) 1.30 Regional News. Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News. Weather. Regional News. (T) 3.25 CBBC: ChuckleVision. (R) (T) 3.40 Arthur. (R) (T) 4.05 Stupid. (R) (T) 4.30 Whizz Whizz Bang. (R) (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Elle is shocked by Ned's revelations about Paul and vows to make her father pay for destroying her relationship with Dylan. Susan fears Izzy's baby will come between her and Karl, while Frazer is left reeling after Milly breaks up with him - leaving Rosetta to pick up the pieces. (R) (T)

6.00 BBC News. Weather. (T)
6.30 Regional News Programmes. Weather. (T)
7.00 Celebrity MasterChef. The four semi-finalists are challenged to prepare a two-course meal for restaurant critics Charles Camplin, Kate Spicer and Jay Rayner. Gregg Wallace and John Torode present. (T)

7.30 EastEnders. Dot finally decides what to do with Pauline's ashes, much to Jim's relief. Shirley wants Sean off Carly, prompting him to stir up more trouble by sleeping with Chelsea. (T)
8.00 HollyBlue. DCI Hutchinson orders the arrest of PC Billy Jackson for perverting the course of justice, while Neil and Kelly chase an exciting job opportunity in the CID unit. Joe Jacobs stars. (T)

9.00 Lenny's Britain. New series. Lenny Henry travels the UK to explore what ticks the nation's funny bone, exploring how humour is used in everyday life, and whether it divides or unites the British people. He begins by returning to his birthplace in the West Midlands to discover how families generate comedy, dining with a local family and attending a wedding before watching midwives at work, later using his experiences to form material for his stand-up gigs. (T)

10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News. Weather. (T)
10.35 Children Fighting Cancer. New series following nine youngsters and their families as they battle with childhood leukaemia, which had an almost 100-per-cent fatality rate 50 years ago, although sufferers today have more than an 80-per-cent chance of survival. Despite Andrew's case being straightforward, at 15 years old he faces the prospect he may die. Meanwhile, Charlotte suffers complications, meaning a dangerous bone marrow procedure is her only hope. (T)

11.15 FILM: A Walk on the Moon (1999). Drama, starring Diane Lane. (T) Weatherview.
1.00 Sign Zone. See Hear. (R) (T) 1.30 Sign Zone: Jeremy Clarkson: Greatest Raid of All Time. (R) (T) 2.30 Sign Zone: The Great Granny Chart Invasion: Power to the People. (R) (T) 3.30 Sign Zone: Found. (R) (T) 4.15 BBC News 24. (T)



Pick of the Day

CSI: Crime Scene Investigation (five, 9pm)
As the seventh series of CSI: Crime Scene Investigation (five, 9pm) rumbles on, fans will be delighted to have a few more episodes to get their teeth into before it draws to a close. This instalment guest stars Peter Stormare of Prison Break fame and contains all the elements needed to keep regular viewers happy. The action kicks off with a washed-up former boxer being found floating in the swimming pool of a brothel. The dead man - Lorenzo 'EHappy' Morales - looks like he's been shot through the neck, and the team are quick to question the establishment's owner George Babinkian (Stormare). George, or Binky as he's known to his friends, runs the bordello with his wife, Doris, and had also been training his penguin pugilist friend in a bid to help him get back on track. The local sheriff describes the pair as pillars of the community, and Binky is quick to assure Grissom his deceased friend had no enemies - Everybody loved Happy, he explains. The victim has quite a few injuries, including a nasty-looking, egg-sized lump on his forehead, but since his body fell into the pool, which was at an unfortunately high temperature, it looks unlikely they'll be able to get a good idea of the time of death.

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Agatha Christie's Marple. (R) (T)

6.00 London Tonight. Weather. (T)
6.30 ITV Evening News. Weather. (T)
7.00 Emmerdale. Hour-long episode. Marlon's horrified to realise Eli has a gun and sends him to carry out the robbery alone, but events take a dramatic turn when the firearm goes off. Kelly's modelling assignment at a DIY store goes awry, while Shadrach and Sam sell Jo a herd of stolen goats. (T)

8.00 Tranny & Susannah Undress. The straight-talking fashion guru get their hands on Abdul and Liz, a couple whose idea of style is identical leggings and fleeces, meaning they are able to share their clothes. However, while Abdul is eager for them to change their frumpy ways, Liz isn't so keen - especially when it comes to cutting her thigh-length hair - presenting Tranny and Susannah with one of their toughest challenges yet. (T)

9.00 Britain's Got Talent. The live auditions reach Manchester and London, where another line-up of hopefuls try to impress the judges enough to win a place in the semi-finals. Presenters Ant and Dec offer their support to the would-be stars before and after they face the judges, Simon Cowell, Amanda Holden and Piers Morgan. (T)

10.00 Frank Skinner's Tough Gig. New series. Well-known stand-up comedians immerse themselves in unfamiliar cultures and get to know minority communities before preparing new routines to perform for the target group. First up is Frank Skinner, who moves into a New Age retreat in Dorset to uncover the comic possibilities of a commune life involving meditation, group hugs and Tantric sex. (T)

10.30 ITV News. Weather. (T)
11.00 Cops with Cameras. Police in South Wales carry out three raids as part of an operation to tackle burglary, drugs and car theft. In Lewisham, two officers apprehend a suspect in a street robbery case. (R) (T)

12.00 Gitterball! (R) (T) ITV News Headlines. 4.10 Watching the Detectives. (R) (T) 4.30 Watching the Detectives. (R) (T) 5.00 ITV Nightscreen.

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers. (R) (T) Fimbly Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision. (R) (T) Newsround. (T) 7.30 Krypto the Superdog. (R) (T) 7.45 The Story of Tracy Beaker. (R) (T) 8.00 Springwatch Trackers. (R) 8.30 CBeebies: Take a Bow. (T) 8.35 Jakers! (R) (T) CBeebies Birthdays. (T) 9.00 Boogie Bebies. (R) (T) 9.15 Toddworld. (R) (T) 9.30 CBeebies Springwatch. (T) 10.00 Teletubbies. (R) (T) 10.30 Schools: BBC Primary History. (T) 10.50 BBC Primary Geography. (T) 11.10 Churchill's Bodyguard. (R) (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Schools: Pod's Mission. (T) 1.15 Pod's Mission. (T) 1.30 Live Tennis: Atois Championship. The second day's play at Queen's Club in London. (T) 5.15 Weakest Link. (R) (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 The Apprentice. The final five face individual interviews. (R) (T) 8.00 Springwatch. Bill Oddie and Kate Humble present the latest update on life at the farm, before revealing how viewers can help the wildlife in their areas through the Breathing Places campaign. (T) 9.00 Andrew Marr's History of Modern Britain. Britain under Margaret Thatcher. (T) 10.00 Q! Comedy panel game hosted by Stephen Fry. (R) (T) 10.30 Newsnight. (T) 11.20 Gilbert White: The Nature Man: BBC Four on BBC Two. (T) 12.20 Springwatch Nightshift. (T) 2.00 BBC Learning Zone. (T)

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 The Farm Revealed. (T) Before and After. (R) (T) 10.00 Day I Got the Sack. (R) (T) Burning Questions. (R) (T) 10.30 Power to the People. (R) (T) I've Got This Friend. (R) (T) 11.00 Gay to Z. (R) (T) 3 Minute Wonder. (R) (T) 11.30 My Crazy Life. (R) (T) Freshly Squeezed Shorts. (R) (T) 12.00 News at Noon. (T) 12.30 Supporting Acts. (R) (T) 12.50 A Place in the Sun. (R) (T) 1.50 FILM: Identity Theft (2004). Fact-based drama, starring Kimberly Williams. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Tracey's Postcards. Tracey Miller confronts a friend who owns a gun. (T) 8.00 How to Look Good Naked. An actress wants to be able to flaunt her body. (T) 9.00 Gordon Ramsay's F Word. Ian Botham's wine-tasting skills are tested. Gordon is challenged by Janet Street-Porter to sample a new superfood, and four Nottingham housewives prepare a three-course meal. (T) 10.00 Big Brother. The past 24 hours in the house. (T) 11.05 Derren Brown: Trick of the Mind. (R) (T) 11.35 Star Stories. (R) (T) 12.10 Premier League Poker. 1.15 Big Brother Live. 2.30 Red Bull Air Race. (R) (T) 3.30 KOTV. (T) 4.00 Channel 4 Education. (R) (T)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowerbots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Hana's Helpline. (T) 7.30 Rupert Bear. (R) (T) 7.40 Funky Town. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowerbots. (T) 8.20 Peppa Pig. (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.35 FILM: When Billie Beat Bobby (2001). Fact-based sports drama, starring Holly Hunter. (T) 3.25 five news update. (T) 3.30 FILM: The Maldonado Miracle (2003). Premiere. Drama, starring Peter Fonda. (T) 5.30 five news. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.15 Gavin Stamp's Orient Express. The historian reaches Istanbul. Last in series. (T) 7.15 five news update. 8.00 MacIntyre: Edge of Existence. Life with a Bedouin tribe in the Arabian desert. (T) 8.00 five news at 9. 9.00 CSI: Crime Scene Investigation. A former boxing star is found dead. (T) 10.00 CSI: Miami. Wealthy women are robbed at a luxury day spa, leading to fears that the perpetrators may subsequently target the victims in their homes. Meanwhile, Ryan freezes during a shootout. (R) (T) five news update. 11.00 Law and Order: Criminal Intent. (R) (T) 12.00 Urban Legends. (T) 12.30 ITU Triathlon. 1.20 IndyCar Series. 2.10 Motorsport Mundial. 2.35 Cricket on five. (R)

LOCAL

RTP1
0630 Bom Dia Portugal
1000 Praga da Alegria
1300 News 1410 Los Ricos Tambien Lloran
1505 Choque Terapy, film 1715 Lingo 1800 Portugal em Directo
2135 News 0100 Lisbon Story, film
RTP2
0730 Zig Zag, cartoons
1400 Sociedade Civil
1530 Portugal Um Retrato Ambiental 1600 Entre Nós 1630 Euronews 1700 Mundos Fluantes 1730 Discovery Hour 1830 A Fé dos Homens 1900 2010 1945 Zig Zag 2045 yes Dear 2115 Discovery Hour 2200 News 2230 Without a Trace 2330 Por Outro Lado
SIC
0645 Sic Kids 0830Floribela 1000 Fátima 1300 News 1400 O Profeta 1445 Film TBA 1530 Contacto 1715 Floribela 1900 Sinhá Moça 2000 News 2115 Floribela 2215 Cobras & lagartos 2215 Jura I 0015 Desperate Housewives
TVI
0700 Diario Da Manha 1000 Você na TV 1300 News 1400 Film TBA 1600 Film TBA 1800 Morangos com Açúcar 2000 News 2115 Morangos com Açúcar 2200 Tempo de Viver 2315 Fala-me de Amor 0230 Film TBA

Best of the Rest

BBC3
7.00 Say No to the Knife
8.00 The Real Hustle 8.30 The Scam Squad 9.00 Filthy Rich and Homeless 10.00 EastEnders 10.30 Family Guy 10.50 Family Guy 11.15 Two Pints of Lager and a Packet of Crisps 11.45 Two Pints of Lager and a Packet of Crisps 12.10 Filthy Rich and Homeless 1.10 The Real Hustle 1.40 The Scam Squad 2.10 Two Pints of Lager and a Packet of Crisps 2.40 Two Pints of Lager and a Packet of Crisps 3.05 Filthy Rich and Homeless 4.05 Close
BBC4
7.00 World News Today 7.00 Weather 7.30 BBC Cardiff Singer of the World 2007 9.00 Ellen MacArthur and the Albatross 10.00 The Life of Birds 10.50 Shopping for England 11.50 The Diary of a Nobody 12.20 Ellen MacArthur and the Albatross 1.20 Shopping for England 2.20 The Diary of a Nobody 2.50 BBC Cardiff Singer of the World 2007 4.20 Close
ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Jack Osbourne - Adrenaline Junkie 9.00 Entourage 9.30 Entourage 10.00 Entourage 10.30 Britain's Got More Talent 11.30 Big Day 12.00 Calum, Fran and Dangerous Danan 11.00 Gitterball! ITV Play 4.00 Teleshopping 6.00 Close
Sky One
1.00 Cold Case 2.00 24 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.00 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 Brainiac: Science Abuse 9.00 Road Wars 10.00 Badger or Bust 11.00 Nip/Tuck 12.00 Las Vegas 1.00 Star Trek: Voyager 1.50 Mile High 2.40 The Villa 3.30 Scare Tactics 3.55 Scare Tactics 4.20 Guilty! 5.10 Star Trek: Voyager
UKTV Gold
1.00 My Family 1.40 Keeping Up Appearances 2.20 dinnerladies 3.00 Keeping Up Appearances 3.40 Keeping Up Appearances 4.20 Keeping Up Appearances 5.00 Dallas 6.00 New Tricks 7.00 Keeping Up Appearances 7.40 Keeping Up Appearances 8.20 Keeping Up Appearances 9.00 Jonathan Creek 10.20 New Tricks 11.40 Blackadder the Third 12.20 My Family 1.00 dinnerladies 2.05 Room 101 2.35 Room 101 3.05 The Bill 3.55 Casualty 4.45 Merseybeat 5.35 Neighbours
TCM
1.05 In the Good Old Summertime U (1949) 3.00 Lili U (1953) 4.30 The Four Horsemen of the Apocalypse PG (1961) 7.15 Ride the High Country PG (1962) 9.00 Pat Garrett and Billy the Kid 15 (1973) 11.20 The Last Run 15 (1971) 1.10 Eye of the Devil 15 (1967) 2.45 Teleshopping 3.05 Where the Spies Are PG (1965)
The Disney Channel
Kids' programmes from 7am, except:

MOVIES

Sky Movies Drama
6.40 A Child's Cry for Help PG (1994) 8.20 A Time to Decide PG (2000) 10.00 Desperate Rescue 12 (1992) 11.40 A Wing and a Prayer 15 (1998) With Claudia Christian. 1.20 A Child's Cry for Help PG (1994) With Veronica Hamel. 3.00 A Time to Decide PG (2000) With Patty Duke. 4.40 Desperate Rescue 12 (1992) With Mariel Hemingway. 6.25 A Wing and a Prayer 15 (1998) With Claudia Christian. 8.00 Lackawanna Blues 12 (2005) With Marcus Franklin. 9.40 Drama Close Up 10.10 Mississippi Burning 18 (1988) With Gene Hackman. 12.20 Hotel Rwanda 12 (2004) With Don Cheadle. 2.25 The Price of Passion 15 (1988) With Diane Keaton. 4.15 A Child's Cry for Help PG (1994)
Sky Movies Comedy
6.15 The Pirates of Penzance U (1982) 8.15 The Man 12 (2005) 9.40 To Wong Foo, Thanks for Everything! Julie Newmar PG (1995) 11.30 The Wedding Singer PG (1998) With Adam Sandler. 1.10 The Pirates of Penzance U (1982) With Kevin Kline. 3.05 Black Sheep
(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1
6.00 Golf 7.00 WWE: Afterburn 8.00 European Under-21s Championship Football 10.00 World Motor Sport 12.30 European Under-21s Championship Football 2.30 Speedway 4.30 European Under-21s Championship Football 6.30 Revista De La Liga 7.30 Live Speedway. Isle of Wight v King's Lynn. 9.30 Golf Special 10.00 Revista De La Liga 11.00 Ladies European Tour Golf 12.00 European Seniors Tour Golf 1.00 Revista De La Liga 2.00 Live NBA Basketball. Cleveland Cavaliers v San Antonio Spurs (Tip-off 2.00am). 4.30 Close
Sky Sports 2
6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Test Cricket 10.00 Golf 11.00 World Motor Sport 1.30 Golf 2.30 World Motor Sport 5.00 Golf 6.00 European Seniors Tour Golf 7.00 Golf Special 7.30 Live Greyhound Racing. The Cesarewitch Final. 10.00 Poker 11.30 Speedway 12.30 European Seniors Tour Golf 1.30 Speedway 3.30 Close
Sky Sports 3
8.00 America's Cup Sailing 10.00 Carp Fest 2006 11.00 Aerobics Oz
Style 11.30 Racing News 12.00 Bass Fishing 1.00 Carp Fest 2006 2.00 Ocean 2.30 Wild Spirits 3.00 Carp Fest 2006 4.00 Bass Fishing 5.00 WWE: Smackdown 7.00 Sailing 8.00 Ladies European Tour Golf 9.00 Bass Fishing 10.00 Sports Unlimited 11.00 Sailing 12.00 Motor Racing 1.30 Sailing 2.30 Close
British Eurosport
7.30 Eurosport Buzz 8.00 ATP Tennis 9.00 Champ Car 10.00 Cycling 10.30 Inside Euro 2008 11.00 Volleyball 12.30 Live ATP Tennis. The Artois Championship. 2.15 Live Cycling. The Critérium du Dauphine Libere. 3.30 Live ATP Tennis. The Artois Championship. 7.30 Boxing 8.00 Live Boxing. A top bout. 10.00 ATP Tennis 11.00 Cycling 11.30 Champ Car 12.30 Close
Sky Sports Xtra
4.00 Ocean 4.30 Wild Spirits 5.00 Max Power 6.00 Ocean 6.30 British Formula Ford Championship 7.00 Sports Unlimited 8.00 Motor Racing 9.30 British Formula Ford Championship 10.00 Carp Fest 2006 11.00 Ocean 11.30 British Formula Ford Championship 12.00 Sports Unlimited 1.00 Golf Special 1.30 Ocean 2.00 British Formula Ford Championship 2.30 Close

Special
HEALTH INSURANCE for Readers

10% off your first year's premium

PAT Care

See page 21

6.00 Breakfast. (T) 9.15 Heir Hunters. (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Car Booty; (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather. Regional News. (T) 3.25 CBBC: ChuckleVision. (R) (T) 3.35 Bernard. (R) (T) 3.40 Arthur. (R) (T) 4.10 Stupid. (R) (T) 4.35 Doctor Who - A Blue Peter Special. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Pepper is aghast when she discovers her secret admirer's real identity, while Elle plots Paul's demise by spilling the beans about their deception to Oliver, unaware her father is suffering from a mysterious illness. Harold makes a sacrifice to ensure Kerry's well-being and Frazer sends Ringo home. (R) (T) BBC News; Weather. (T)

6.00 Regional News Programmes; Weather. (T) 7.00 Celebrity MasterChef. The three finalists cook a three-course meal at the Michelin-starred The Square Restaurant in London's Mayfair. They will be hoping to impress some of the country's most accomplished chefs, including Michel Roux Jnr and Angela Hartnett. (T)

7.30 Open All Hours. Granville gives the female customers' sympathy after Arkwright subjects his nephew to a crash course in sales technique to toughen him up. Roy Clarke's classic comedy, starring Ronnie Barker, David Jason and Stephanie Cole. (R) (T)

8.00 Traffic Cops. The new technologies at the forefront of modern-day traffic policing, examining how contemporary techniques assist officers when arresting car criminals or dealing with fatal accidents, and investigating how old-fashioned methods can often prove more useful. Jamie Theakston narrates. (T)

9.00 The Apprentice. In the final stage of the 12-week interview process, the remaining hopefuls are challenged by their potential boss to plan the future of a #120million building he bought last year on London's South Bank. He is considering demolishing his purchase, leaving the candidates to come up with a hypothetical idea for what might go in its place and present this to an audience of 100 property, finance and architectural experts, in the hope they will clinch the coveted job with Alan Sugar. Last in series. (T) 10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T) 10.35 The National Lottery Draws. Sarah Cawood sets the balls rolling to decide the all-important numbers. (T)

10.45 FILM: Space Cowboys (2000). Action adventure, starring Clint Eastwood; (T) National Lottery Update and Weatherview.

12.50 Sign Zone. Horizon. (R) (T) 1.40 Sign Zone: Neneh and Andi Dish It Up. (R) (T) 2.10 Sign Zone: Sweet Baby James. (R) (T) 2.40 Sign Zone: Found. (R) (T) 3.25 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Fimbly Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newsround. (T) 7.30 Krypto the Superdog. (R) (T) 7.45 The Story of Tracy Beaker. (R) (T) 8.00 Springwatch Trackers. (T) 8.30 CBeebies: Take a Bow. (T) 8.35 Jakers! (T) CBeebies Birthdays. (T) 9.00 Boogie Beebies. (R) (T) 9.15 Toddworld. (T) 9.30 CBeebies Springwatch. (T) 10.00 Teletubbies. (R) (T) 10.30 Living History: The Roman Army. (T) 11.15 Coast. (T) 11.30 The Daily Politics. (T) 1.00 The Flying Gardener. (T) 1.20 Lifestyl. (R) (T) 1.30 Working Lunch. (T) 2.00 Live Tennis: Artois Championship. The third day's play at Queen's Club in London. (T) 5.15 Weakest Link. (R) (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 A Dirty Weekend in Hospital. Report on hospital cleanliness. (T) 8.00 Springwatch. Bill Oddie, Kate Humble and Simon King report on the latest animal stories from the farm and around the country, and present an update on the BBC Breathing Places campaign. (T) 9.00 Natural World. The natural cycles of the British countryside. Last in series. (T) 9.50 The Rabbits of Skomer. Wildlife and flora on the island of Skomer. (R) (T) 10.00 The Apprentice: You're Hired. Adrian Chiles talks to the winner of the reality show. Last in series. (T) 10.30 Newsnight. (T) 11.20 Wedding Stories. (T) 12.15 Springwatch Nightshift. (T) 2.00 BBC Learning Zone. (T)

Pick of the Day

The Apprentice (BBC One, 9pm)

When the third run of The Apprentice (BBC One, 9pm) started 12 weeks ago, some fans may have had a few misgivings. With the first two winners already having left Alan Sugar's employment, and a couple of runners-up making new careers for themselves in the media, there was a chance that this year's batch of applicants would be more interested in getting their mugs on the TV than winning a high-powered job in the tycoon's empire. Fortunately, these fears proved unfounded, as we were treated to another hugely entertaining series, full of candidates who were clearly determined to prove they could make their mark in the business world. However, while the 16 hopefuls may have all been convinced they had what it took to become the next Apprentice, the weekly tasks quickly proved otherwise. Car sales manager Andy Jackson started the series by claiming: 'My passions are winning, winning and winning', but became the first to get the bullet after failing to lead Team Stealth to victory in a coffee-selling challenge. The assignment also proved difficult for quantum physicist Dr Sophie Kain, who showed herself to be incapable of calculating how much milk the stall would need. She effectively signed her own death warrant a few weeks later when, after struggling to flog many handmade sweets at London Zoo, she told Sugar she didn't really like selling, especially if she thought the product had too high a mark-up.

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Bird Brother's Little Brother. (T) 8.00 Bird Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 The Farm Revealed; (T) Before and After. (R) (T) 10.00 Day I Got the Sack; (R) (T) Burning Questions. (R) (T) 10.30 Power to the People; (R) (T) I've Got This Friend. (R) (T) 11.00 Gay to Z; (R) (T) 3 Minute Wonder. (R) (T) 11.30 My Crazy Life; (R) (T) Freshly Squeezed Shorts. (R) (T) 12.00 News at Noon. (T) 12.30 Great British Brands. (R) (T) 12.50 A Place in the Sun. (R) (T) 1.50 FILM: Million Dollar Murder (2005). Drama, starring Poppy Montgomery. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Tracey's Postcards. Black people in the 21st century. (T) 8.00 Property Ladder. Sarah Beeny helps two sets of developers. A Norfolk woman is impatient to get her bungalow finished, while a Bedfordshire couple plan to do all their renovation work personally. Last in series. (R) (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 Britney: Off the Rails. Britney Spears' love-hate relationship with the Press. (T) 11.05 Will & Grace. (T) 11.35 Sugar Rush. (R) (T) 12.05 4Music: Festival Postcards: Isle of Wight Festival. 12.20 4Music: 4Play. (T) 12.35 The Friday Night Project. (R) (T) 1.35 Big Brother Live. 3.50 Unreported World. (R) (T) 4.20 Dispatches: Kidnapped to Order. (R) (T) 5.15 Countdown. (R) (T)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowerbuds. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Hana's Helpline. (T) 7.30 Rupert Bear. (R) (T) 7.40 Funky Town. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowerbuds. (R) (T) 8.20 Peppa Pig. (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.40 FILM: Don't Talk to Strangers (1994). Thriller, starring Pierce Brosnan. (T) 3.35 five news update. 3.40 FILM: Sleeping with the Devil (1997). Drama, starring Shannyn Doherty. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.15 Game Ranger Diaries. The team encounter a leopard; (R) (T) 7.15 five news update. 8.00 Families at War. A family blighted by their daughter's drug addiction; (T) 8.00 five news at 9. 9.00 FILM: Exit Wounds (2001). A past-his-prime cop is transferred to a new precinct, and quickly learns his colleagues are more corrupt than the thugs on the street. Run-of-the-mill thriller, with Steven Seagal. (T) 11.00 101 Most Embarrassing Moments in Entertainment. (T) 12.00 Poker Den. 1.30 Major League Baseball. 4.30 V8 Supercars. 5.20 Ironman Triathlon. (R)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Agatha Christie's Marple. (R) (T)

6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. Marlon is rushed to hospital, where Donna is haunted by memories of Vic's death as medics battle to save her husband's life. Viv's hostility toward Lisa subsides and the pair forge a reconciliation, while Jasmine grows increasingly frustrated by Emily's behaviour. (T)

7.30 Coronation Street. Fiz learns her beloved bike has been vandalised and assumes Kirk is the culprit, so sets out to confront her ex-boyfriend. A silent phonecall unsettles Claire, who refuses to accept Ashley's thoughts that it was just a wrong number, and begins to worry that someone may try to break in again. Gail is furious with David for showing no remorse over his actions, so she decides to find him a job - then gives Sarah cause for celebration by agreeing to Jason moving in. (T)

8.00 The Bill. A road accident victim (former Hear'Say singer Suzanne Shaw) is found alone in the wreck of her car, but Crime Scene Examiner Lorna Hart is convinced a second person was in the vehicle at the time of the accident. As Rudy's condition deteriorates, Tash finally agrees to testify against Ray Moore, but the case isn't moving fast enough for Lewis, who takes matters into his own hands. (T)

9.00 Britain's Got Talent. In the last of the auditions before the semi-finals get under way tomorrow, another line-up of starstruck hopefuls try to impress judges Simon Cowell, Amanda Holden and Piers Morgan in the hope of winning a slot at this year's Royal Variety Performance. Presented by Ant and Dec. (T)

10.30ITV News; Weather. (T) 11.00Talk to Me. Drama series, starring Max Beesley as charming local radio presenter Mitch Moore, who finds himself involved in a love triangle when he falls for his best friend's fiancée. Meanwhile, his sister Kelly grows desperate to have a baby, despite the reluctance of her husband Scott. Laura Fraser, Joseph Millson and Emma Pierson co-star. (R) (T)

12.05 Glitterball; (T) ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1

0630 Bom Dia Portugal
1000 Praça da Alegria 1300
News 1410 Los Ricos
Tambien Lloran 1505
Portugal No Coração 1715
Lingo 1800 Portugal em
Directo 2130 News 2315
Seven, film 0115 Dans La
Ville, Blache

RTP2

0700 Magazine 0720 Mostra
0730 Zig Zag, cartoons
1400 Sociedade Civil 1530
Portugal um Retrato
Ambiental 1600 entre Nós
1630 EuroNews 1700 Peixe
Vampiro 1730 Discovery
Hour 1830 Fé dos Homens
1900 Biosfera 1945 Zig Zag
2045 Yes Dear 2115
Discovery Hour 2200
News 2230 Ossos 2315
Behind the Scene 2300
Clube de Imprensa 00300
The Guardian 0145 Peixe
Vampiro 0215 Biosfera
0300 Da Terra ao Mar 0345
Consigno 0415 Sociedade
Civil

SIC

0645 Sic Kids 0830
Floribella 1000 Fátima
1300 News 1400 O Profeta
1445 Laços de Família
1530 Contacto 1715
Floribella 1900 Sinhá Moça
0215 Bang Bang 0315
Ganância

TVI

0700 Diário Da Manhã 1000
Vocé na TV 1300 News 1400
Inspector Max 1500 Anjo
Selvagem 1530 Ugly Betty
1800 Mornagos com Agucar
2000 News 2115 Morangos
com Agucar 2200 Tempo
de Viver 0015 Fight Club,
film

Best of the Rest

BBBC3

7.00 The Real Hustle 7.30
Dog Borstal Unleashed 8.00
Anthea Turner: Perfect
Housewife 9.00 My Big
Breasts and Me 10.00 Film:
First Blood 15 (1982) 11.30
Two Pints of Lager and a
Packet of Crisps 12.00 Two
Pints of Lager and a Packet
of Crisps 12.25 My Big
Breasts and Me 1.25 Anthea
Turner: Perfect Housewife
2.20 Two Pints of Lager and
a Packet of Crisps 2.50 Two
Pints of Lager and a Packet
of Crisps 3.20 The Real
Hustle 3.50 Close

BBBC4

7.00 World News Today 7.00
Weather 7.30 BBC Cardiff
Singer of the World 2007
9.00 The Worst Journey in
the World 10.00 The Life of
Birds 10.50 Sickert v
Sargent 11.50 The Diary of
a Nobody 12.20 The Worst
Sickert v Sargent 2.20 The
Diary of a Nobody 2.50 BBC
Cardiff Singer of the World
2007 4.20 Close

ITV2

1.30 The Jeremy Kyle Show
2.35 The Jeremy Kyle Show
3.40 Ricki Lake 4.25 Sally
Jessy Raphael 5.15 Airline
USA 5.45 Judge Judy 7.00
The New Adventures of
Superman 8.00 Pop Stars:
Gone Bad 8.30 Breaking Up
with Shannen Doherty 9.00
Entourage 9.30 Entourage
10.00 Entourage 10.30
Britain's Got More Talent
11.30 Coronation Street
12.00 Katie & Peter: The
Next Chapter 1.00
Generation Xcess 2.00 Pop

Stars: Gone Bad 2.30 Breaking Up with Shannen Doherty 3.00

Glitterball: ITV Play 4.00
Teleshopping 6.00 Close

Sky One

1.00 Cold Case 2.00 24 3.00
Las Vegas 4.00 Stargate SG-1
5.00 Stargate SG-1 6.00
Malcolm in the Middle 6.30
The Simpsons 7.30 The Simpsons
8.00 Project Runway 9.00 Marco
Polo 10.50 Nip/Tuck 11.50 Las
Vegas 12.50 Star Trek: Voyager
1.45 Mile High 2.40 The Villa
3.30 Scare Tactics 3.55 Scare
Tactics 4.20 Guilty! 5.10 Star
Trek: Voyager

UKTV Gold

1.00 My Family 1.40 Keeping
Up Appearances 2.20
dinnerladies 3.00 Keeping Up
Appearances 3.40 Keeping Up
Appearances 4.20 Keeping Up
Appearances 5.00 Dallas 6.00
New Tricks 7.00 Keeping Up
Appearances 7.40 Keeping Up
Appearances 8.20 Keeping Up
Appearances 9.00 Waking the
Dead 11.30 Blackadder the Third
12.10 My Family 12.50
dinnerladies 1.30 Room 101 2.05
Room 101 2.35 The Bill 3.25
Casualty 4.15 Merseybeat 5.10
Neighbours 5.35 Neighbours

TCM

1.30 Vengeance Valley PG
(1951) 3.00 Valley of the Kings
U (1954) 4.35 I Am a Fugitive
from a Chain Gang 12 (1932)
6.20 Cimarron PG (1960) 9.00
Ocean's 11 PG (1960) 11.20
High Sierra PG (1941) 1.10
Captain Sindbad U (1963) 2.40
Teleshopping 3.00 The Treasure
of the Sierra Madre PG (1948)

The Disney Channel

Kids' programmes from 7am,
except:

MOVIES

Sky Movies Drama

6.00 The End of Eden PG
(1996) 7.40 Kissed by an
Angel PG (2000) 9.40
Between Love and Honor
PG (1995) 11.20 Ice Bound
PG (2003) With Susan
Sarandon. 1.00 The End of
Eden PG (1996) With
Jennie Garth. 2.40 Kissed
by an Angel PG (2000) With
Adam Trese. 4.40 Between
Love and Honor PG (1995)
With Grant Show. 6.20 Ice
Bound PG (2003) With
Susan Sarandon. 8.00 The
Color of Money 15 (1986)
With Paul Newman. 10.00
McVicar 12 (1980) With
Roger Daltrey. 12.00
Kinsey 15 (2004) With
Liam Neeson. 2.15 The
Doctor 15 (1991) With
William Hurt. 4.30 Between
Love and Honor PG (1995)

Sky Movies

Comedy

6.00 Dear God PG (1996)
8.00 Three Men and a Little
Lady PG (1990) 10.00 The
Honeymooners PG (2005)
11.40 Wedding Crashers
15 (2005) With Vince
Vaughn. 1.45 In Her Shoes
12 (2005) With Cameron
Diaz. 4.00 Dear God PG
(1996) With Greg Kinnear.
6.00 Three Men and a Little
Lady PG (1990) With Tom
Selleck. 8.00 Wedding
Crashers 15 (2005) With
Vince Vaughn. 10.00 In Her
Shoes 12 (2005) With
Cameron Diaz. 12.15 Team
America: World Police 15

(2004) With Trey Parker.

1.55 Bad News Bears 12
(2005) With Billy Bob
Thornton. 3.55 Tommy Boy
12 (1995) 5.35 The
Honeymooners PG (2005)

Sky Movies Action

7.00 Frozen Impact PG
(2002) 8.45 Flight of the
Phoenix 12 (2004) 10.45 Hide
and Seek 15 (2004) 12.30
Bad Company 18 (1994) With
Ellen Barkin. 2.30 Frozen
Impact PG (2002) With
Stacy Keach. 4.15 Flight of
the Phoenix 12 (2004) With
Dennis Quaid. 6.15 Hide and
Seek 15 (2004) With Robert
De Niro. 8.00 Kingdom of
Heaven 15 (2005) With
Orlando Bloom. 10.25 Flesh
and Blood 18 (1985) With
Jennifer Jason Leigh. 12.35
Kingdom of Heaven 15 (2005)
With Orlando Bloom. 3.00
Bad Company 18 (1994) With
Ellen Barkin. 5.00 Frozen
Impact PG (2002)

(R)-repeatprogramme;

(T)-programmewithtele-

textsubtitles;

(S)-programmebroad-

castinstereo;

(bw)-blackandwhite.

SPORT

Sky Sports 1

6.00 Revista De La Liga 7.00
WWE: Heat 8.00 Poker 9.30
Revista De La Liga 10.30 Live
Cricket. A Friends Provident
Trophy match. Coverage
continues on Sky Sports 2
5.00 Live European Under-21s
Championship Football. Israel
v Belgium (Kick-off 5.15pm).
7.30 Live European Under-21s
Championship Football.
Holland v Portugal (Kick-off
7.45pm). 10.00 US Open Golf
11.00 Total Rugby 11.30
European Tour Weekly 12.00
European Under-21s
Championship Football 2.00
US Open Golf 3.00 Close

Sky Sports 2

6.00 Aerobics Oz Style 6.30
Ocean 7.00 Aerobics Oz Style
7.30 Ocean 8.00 Sports
Unlimited 9.00 Foot Brazil 9.30
Motor Racing 11.00 Poker 12.30
Sailing 1.30 Golf Special 2.00
European Seniors Tour Golf
3.00 Golf Special 3.30 Poker
5.00 Live Cricket. A match
from the Friends Provident
Trophy. 6.30 European Tour
Weekly 7.00 US Open Golf
8.00 PGA EuroPro Tour Golf
10.00 America's Cup Sailing
11.00 Show Jumping 11.30
Cricket 1.00 Poker 2.30 Cricket
4.00 America's Cup Sailing 5.30
Close

Sky Sports 3

6.00 What's On 7.00 What's
On 7.30 Golf Special 8.00
European Seniors Tour Golf
9.00 Speedway 11.00 Aerobics
Oz Style 11.30 Racing News
12.00 Sports Unlimited 1.00

Wild Spirits 1.30 Foot Brazil

2.00 Ocean 2.30 Motor Racing
4.00 Revista De La Liga 5.00
WWE: Remista Live 6.00 WWE:
Afterburn 7.00 America's Cup
Sailing 8.00 Total Rugby 8.30
Cricket 10.00 British Motocross
Championship 11.00
Watersports World 12.00 PGA
EuroPro Tour Golf 2.00 Close

British Eurosport

7.30 Olympic Magazine 8.00 ATP
Tennis 9.00 WATTS 9.30 MotoGP
10.00 Cycling 11.00 Inside Euro
2008 11.30 ATP Tennis 12.30
Live ATP Tennis. The Artois
Championship. 2.15 Live
Cycling. The Critérium du
Dauphine Libere. 3.30 Live ATP
Tennis. The Artois
Championship. 6.00 Live
Athletics. The Memorial Josefa
Odlozila from Prague. 8.00
Sailing 8.05 Wednesday
Selection 8.10 Show Jumping
9.10 Riders Club 9.15
Wednesday Selection 9.20
European Tour Golf 9.50 Golf
Club 9.55 Yacht Club 10.00
Sailing 10.15 ATP Tennis 11.15
Cycling 11.45 Olympic Magazine
12.15 Sailing 12.30 Close

Sky Sports Xtra

1.30 British Formula Ford
Championship 2.00 Speedway
4.00 Ocean 4.30 Irish Greyhound
Racing 5.00 Wild Spirits 5.30
Show Jumping 6.00 British
Motocross Championship 7.00
NBA Basketball 9.00 Max Power
10.00 Show Jumping 10.30 World
Ten Pin Masters 11.30 Ocean
12.30 Irish Greyhound Racing
12.30 Transworld Sport 1.30
Ocean 2.00 Show Jumping 2.30
Irish Greyhound Racing 3.00
Max Power 4.00 Close

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6.00 Breakfast. (T) 9.15 Heir Hunters. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 Falklands Service of Remembrance. (T) 12.30 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: ChuckleVision. (R) (T) 3.35 Bernard. (R) (T) 3.40 Arthur. (R) (T) 4.10 Stupid. (R) (T) 4.35 Dinosaipen. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Karl announces he's going to London to see his baby, leaving Susan devastated. Sky visits a spiritualist to make sense of her dreams about Stingray and returns with unexpected news for Harold. Rachel fears she'll never see Ringo again, but Lolly hatches a plan to keep him in Erinsborough. (R) (T)

6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 Celebrity MasterChef. The three finalists are sent to some of London's best restaurants to hone their cooking styles before returning to the studio in a bid to impress John Torode and Gregg Wallace and be crowned Celebrity MasterChef champion tomorrow. (T)

7.30 EastEnders. May tries to split up Dawn and Rob, prompting him to take drastic action. A violent altercation follows when Deano tells Shirley he's moving out, after making it clear that he blames her for all the family's problems. Bradley takes a demotion in a bid to get back into Stacey's good books, and Sean is offered a job at the Vic. (T)

8.00 Holby City. Elliot urges Diane to take a sabbatical after she hands in her resignation, offering her the keys to a country cottage and Gina's old car. However, her departure is followed by a call from the police to say she has been involved in an accident. Sam spends the night with Faye but is shocked to see Chrissie leaving the hospital with a handsome stranger and Lord Byrne's wife resolves to uncover her husband's affair. Mel Giedroyc guest stars. (T)

9.00 Dalziel & Pascoe. Part one of two. A car bomb explodes outside a woman's home before her son suffocates in a sealed lab at the university where he was working on an anti-ageing cream. The detectives learn the family had been targeted by animal rights activists and discover £20,000 was paid into the chemist's account by a pharmaceutical company shortly before his death. Concludes tomorrow. (T)

10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)
10.35 Question Time. (T)
11.35 This Week; (T) Weatherview.
12.25 Sign Zone: Panorama. (R) (T) 12.55 Sign Zone: Jonathan Meades: Abroad Again. (R) (T) 1.45 Sign Zone: Natural World. (R) (T) 2.35 Sign Zone: Found. (R) (T) 3.20 BBC News 24. (T)



Pick of the Day

My Name Is Earl (Channel 4, 10pm)

We've all done things we regret and would like to put right, but how many of us get round to making amends? Very few, which is probably why My Name Is Earl has touched a chord with millions of viewers. It's successful because I think anyone can relate to it, explains Ethan Suplee, who plays Randy, the long-suffering brother of the series' protagonist. The idea of improving your life is something most people would want. We can all see something in our lives that can be improved or made better. This guy is making amends for all those years of being an idiot. People can relate to that on some level and I also think it's just a fun show. The hit US sitcom returns for a new run this week, and sees Jason Lee reprising his eponymous role. However, if season one passed you by, here's the lowdown. Charismatic redneck Earl Hickey spent years living on his wits and doing people wrong. In the first 10 minutes of episode one, he won \$100,000 on a scratchcard, got hit by a car, lost the ticket and divorced his wife Joy (Jaime Pressly). Despite having a more miserable time than usual on that day, Earl had an epiphany while lying on his hospital bed.

BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Fimbly Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newsround. (T) 7.30 Krypto the Superdog. (R) (T) 7.45 The Story of Tracy Beaker. (R) (T) 8.00 Springwatch Trackers. (R) 8.30 CBeebies: Take a Bow. (T) 8.35 Jakers! (R) (T) CBeebies Birthdays. (T) 9.00 Boogie Beebies. (R) (T) 9.15 Toddworld. (R) (T) 9.30 CBeebies Springwatch. (T) 10.00 Teletubbies. (R) (T) 10.30 Schools: Look and Read. (T) 10.50 Music Makers. (T) 11.10 Music Makers. (T) 11.30 Folk Dance. (T) 11.50 BBC Primary Geography. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Live Tennis: Artois Championship. Third-round coverage on day four at Queen's Club in London. (T) 5.15 Weakest Link. (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 This World. A Muslim woman trains to be a lifeguard in Australia. (T) 7.30 The Museum. Funding at the museum is in crisis. (T) 8.00 Springwatch. The team look back on the past three weeks as the marathon wildlife show approaches its climax and find out what Simon King discovered on his journey to the Scottish island of Islay. (T) 9.00 Mary, Queen of Shops. A struggling Doncaster clothes shop. (T) 10.00 The Graham Norton Show. With Joanna Lumley and Gareth Gates. (T) 10.30 Newsnight. (T) 11.20 Wedding Stories. (T) 12.15 Springwatch Nightshift. (T) 2.00 BBC Learning Zone. (T)

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 The Farm Revealed; (T) Before and After. (R) (T) 10.00 Day 1 Got the Sack; (R) (T) Burning Questions. (R) (T) 10.30 Power to the People; (R) (T) I've Got This Friend. (R) (T) 11.00 Gay to Z. (R) (T) 3 Minute Wonder. (R) (T) 11.30 My Crazy Life. (R) (T) Freshly Squeezed Shorts. (R) (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: I Am What I Spend. (R) (T) 12.35 A Place in the Sun. (R) 1.35 FILM: Sea of Sand (1958). World War Two adventure, starring Richard Attenborough. (T) (bw) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Tracey's Postcards. Black British men who are turning to Islam. Last in series. (T) 8.00 How Clean Is Your House? A radio DJ tackles a mouse infestation. (T) 8.30 Embarrassing Illnesses. A woman whose facial pigmentation has damaged her confidence. (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 My Name Is Earl. New series. Darnell and Joy fight about her birthday. (T) 10.30 FILM: Inside Deep Throat (2005). Premiere. Documentary exploring the social impact of the notorious adult film, focusing on the shifts in attitude which followed. Including an interview with star Linda Lovelace. (T) 12.15 Mark Ronson: Video Exclusive. (T) 12.20 4Music: Wireless Festival 2007. 1.25 4Music: 4Play. (T) 1.40 Mark Ronson: Video Exclusive. (R) (T) 1.45 Big Brother Live. 3.05 FILM: Ed Gein (2000). Biopic, starring Steve Railsback. (T) 4.35 KOTV Classics. (T) 5.30 Inside the Ocean Race. (T)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowertots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Hana's Helpline. (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (T) 8.20 Peppa Pig. (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.35 FILM: Forbidden Planet (1956). Classic sci-fi tale, starring Walter Pidgeon. (T) 3.25 five news update. (T) 3.30 FILM: Bonanza: The Return (1993). Wild West TV spin-off, starring Ben Johnson. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.15 Getting on the Property Ladder. A brother and sister look to buy a new home together. (R) (T) 8.00 Build a New Life in the Country. A couple relocate to a Scottish fishing town; (T) 8.00 five news at 9. 9.00 House. A teenager is admitted with a respiratory condition. (T) 10.00 Shark. Stark works on the case of a murdered billionaire real estate developer whose messy divorce from his second wife was making tabloid headlines before he died. James Woods stars. (T) 11.00 CSI: Crime Scene Investigation. (R) (T) 12.00 Quiz Call. 4.00 FIM World Motocross Championship. 4.50 Boxing USA. 5.20 IndyCar Series. (R)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Agatha Christie's Marple. (R) (T)

6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. Eli panics when DCI Barraclough turns up at the hospital to question Donna about the shooting, while Sharon takes pleasure in publicly humiliating Kelly - but things soon begin to look up for the aspiring model. Viv and Bob take stock of their relationship. (T)

7.30 Homes & Property. Designer Charlie Luxton and property expert Sunita Shroff seek out the best investment hotspots in the capital, and bargain-hunter Alison Cork gives advice on achieving a stylish living room on a shoestring. Plus, a guide to extensions and viewers' most loved and loathed buildings are revealed. (T)

8.00 The Bill. As Lewis's fingerprints are found all over the gun next to Ray Moore's body, the young PC heads for the station to make a statement and hand in his warrant card, while Heaton regrets losing the chance to bring his old enemy to justice. New recruit DC Grace Dasari (This Life's Amita Dhiri) teams up with Mickey to help a woman trace her son, who has been missing for 11 years. (T)

9.00 Britain's Got Talent. Ant and Dec present the first semi-final as eight acts perform hoping to impress the studio audience and judges Simon Cowell, Piers Morgan and Amanda Holden. All the contestants will have their eye on the ultimate prize of £100,000 and an appearance on the Royal Variety Performance. (T)

10.30 ITV News; Weather. (T)
11.00 Dating the Enemy. Motivated Chelsea girl Melanie is adamant she'd never get involved with a slacker - but the ambitious singleton is forced to face her nightmare date when she spends a weekend in Brighton with comic shop assistant Marc. Ralph Ineson narrates. (R) (T)
11.35 Enrique Iglesias' Playlist. The Latin heart-throb chooses his favourite music. In conversation with Jayne Middlemiss, he selects five tracks from the past, makes a dedication to someone special, and reveals his all-time favourite. (T)

12.00 Make Your Play; ITV News Headlines.
4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1
0630 Bom Dia Portugal
0900 Natal dos Hospitais
1300 News 1415 Natal dos Hospitais 2000 News
2245 Um Contra Todos
0030 Married to the Mob, film 0220 Dial M for Murder, film 0625 Boletim das Pescas
RTP2
0700 Magazine 0720 Mostra! 0730 Zig Zag cartoons 1400 Sociedade Civil 1530 Portugal, Um Retrato Ambiental 1600 entre Nós 1630 EuroNews 1700 National Geographic 1730 Discovery Hour 1830 Fé dos Homens 1900 Initiative 1945 Zig Zag 2045 Yes Dear 2145 Discovery Hour 2200 News 2230 The Twilight Zone 2330 A Revolta dos Pasteis 0100 Film TBA 0530 Euronews
SIC
0645 Sic Kids 0830 Floribella 1000 Fátima 1300 News 1400 O Profeta 1445 Laços de Família 1530 Contacto 1715 Floribella 2045 News 2000 News 2145 Floribella 2215 Cobras & Lagartos 2315 Jura
TVI
0700 Diário Da Manhã 1000 Você na TV 1300 News 1400 Inspector Max 1500 Anjo Selvagem 1600 Quem Quer Ganhar 1800 Morangos com Açúcar 2115 Morangos Com Açúcar 2215 TVI Gala 0015 Dr House 0130 Cartaz das Artes 0430 CSI

Best of the Rest

BBC3
7.00 Anthea Turner: Perfect Housewife 8.00 Filthy Rich and Homeless 9.00 I Hate My Bald Head 10.00 EastEnders 10.30 Gavin and Stacey 11.00 Pulling 11.30 Pulling 12.00 Two Pints of Lager and a Packet of Crisps 12.30 Two Pints of Lager and a Packet of Crisps 1.00 I Hate My Bald Head 1.55 Filthy Rich and Homeless 2.55 Two Pints of Lager and a Packet of Crisps 3.25 Two Pints of Lager and a Packet of Crisps 3.55 Close
BBC4
7.00 World News Today 7.00 Weather 7.30 BBC Cardiff Singer of the World 2007 9.00 Peter Scott: A Passion for Nature 10.00 The Life of Birds 10.50 Edwardian Winners and Losers 11.50 The Diary of a Nobody 12.20 Peter Scott: A Passion for Nature 1.20 Edwardian Winners and Losers 2.20 The Diary of a Nobody 2.50 BBC Cardiff Singer of the World 2007 4.20 Close
ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.15 Airline USA 5.55 Judge Judy 7.00 The New Adventures of Superman 8.00 Tranny & Susannah Underdressed 9.00 Entourage 9.30 Entourage 10.00 Entourage 10.30 Britain's Got More Talent 11.30 Supernatural 12.30 Kelly Osbourne Turning Japanese 1.30 Make Your Play: ITV Play 4.00 Teleshopping 6.00 Close
Sky One

1.00 Cold Case 2.00 Read 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Bones 10.00 Cold Case 11.00 Nip/Tuck 12.00 Las Vegas 1.00 Star Trek: Voyager 1.50 Mile High 2.40 The Villa 3.30 Scare Tactics 3.55 Scare Tactics 4.20 Guilty! 5.10 Star Trek: Voyager
UKTV Gold
1.00 My Family 1.40 Keeping Up Appearances 2.20 dinnerladies 3.00 Keeping Up Appearances 3.40 Keeping Up Appearances 4.20 Keeping Up Appearances 5.00 Dallas 6.00 New Tricks 7.00 Keeping Up Appearances 7.40 Keeping Up Appearances 8.20 Keeping Up Appearances 9.00 The Catherine Tate Show 9.40 The Catherine Tate Show 10.20 Only Fools and Horses 11.25 Blackadder the Third 12.00 TV Now and Then 12.40 Little Britain 1.20 Room 101 2.00 Room 101 2.30 Yes Minister 3.00 The Bill 3.50 Casualty 4.40 Merseybeat 5.35 Neighbours
TCM
3.00 The Teahouse of the August Moon U (1956) 5.15 They Drive by Night U (1940) 7.05 Dodge City PG (1939) 9.00 The Outlaw Josey Wales 18 (1976) 11.25 Ice Station Zebra U (1968) 2.05 Teleshopping 2.30 The Fixer 15 (1968)
The Disney Channel
Kids' programmes from 7am, except:

MOVIES

Sky Movies Drama
6.20 Gideon PG (1999) 8.15 Marilyn and Me PG (1991) 10.05 Nurses on the Line: The Crash of Flight 7 PG (1993) 11.55 Classics Close Up 12.25 See Arnold Run 12 (2005) With Jürgen Prochnow. 2.10 Capote 15 (2005) With Philip Seymour Hoffman. 4.10 Gideon PG (1999) With Christopher Lambert. 6.10 Nurses on the Line: The Crash of Flight 7 PG (1993) With Lindsay Wagner. 8.00 Capote 15 (2005) With Philip Seymour Hoffman. 10.00 See Arnold Run 12 (2005) With Jürgen Prochnow. 11.35 Fear 18 (1996) With Mark Wahlberg. 1.20 The Tie That Binds 18 (1995) With Daryl Hannah. 3.10 Losing Isaiah 15 (1995) 5.05 Nurses on the Line: The Crash of Flight 7 PG (1993)
Sky Movies Comedy
7.10 A Young Connecticut Yankee in King Arthur's Court PG (1994) 8.50 Ernest Goes to Jail PG (1990) 10.30 Napoleon Dynamite: Special Edition PG (2004) 12.20 Harold & Kumar Get the Munchies 1 5 (2005) With John C. H. 2 0 0 Ernest Goes to Jail PG (1990) With Jim Varney. 3 4 0 Meet the Fockers 1 2 (2004)

With Ben Stiller. 5.40 The Producers 12 (2005) With Nathan Lane. 8.00 Napoleon Dynamite: Special Edition PG (2004) With Jon Heder. 10.00 Meet the Fockers 12 (2004) With Ben Stiller. 12.00 Harold & Kumar Get the Munchies 15 (2005) With John Cho. 1.35 The Producers 12 (2005) With Nathan Lane. 3.55 Whiskey Down 15 (1995) 5.30 A Young Connecticut Yankee in King Arthur's Court PG (1994)
Sky Movies Action
6.50 Category 7: The End of the World 9.50 Revolver 15 (2005) 11.50 Down in Dirty 15 (2000) With Fred Williamson. 1.35 Category 7: The End of the World 4.25 Revolver 15 (2005) With Jason Statham. 6.25 Path of Destruction PG (2005) With Danica McKellar. 8.00 Lord of War 15 (2005) With Nicolas Cage. 10.05 Running Scared 18 (2006) With Paul Walker. 12.10 Lord of War 15 (2005) With Nicolas Cage. 2.20 Carli's Way: Rise to Power 18 (2005) With Jay Hernandez. 4.10 Path of Destruction PG (2005) 5.55 The Top 10 Show



SPORT

Sky Sports 1
6.00 Total Rugby 6.30 European Tour Weekly 7.00 WWE: Experience 8.00 European Under-21s Championship Football 10.00 PGA EuroPro Tour Golf 12.00 US Open Golf 1.00 European Under-21s Championship Football 3.00 British Motocross Championship 4.00 Transworld Sport 5.00 Live European Under-21s Championship Football. Czech Republic v Serbia (Kick-off 5.15pm). 7.30 Live European Under-21s Championship Football. England v Italy (Kick-off 7.45pm). 10.00 FIFA Futbol Mundial 10.30 Transworld Sport 11.30 FIFA Futbol Mundial 12.00 European Under-21s Championship Football 2.00 Live NBA Basketball. Cleveland Cavaliers v San Antonio Spurs (Tip-off 2.00am). 4.30 Close
Sky Sports 2
6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 US Open Golf 9.00 Show Jumping 9.30 Cricket 11.00 America's Cup Sailing 12.00 Transworld Sport 1.00 PGA EuroPro Tour Golf 3.00 Live US Open Golf. The opening day at Oakmont Country Club in Pittsburgh, Pennsylvania. 12.00 IAAF Athletics Weekly 12.30 Race World 1.30 Cycling 2.30 IAAF Athletics Weekly 3.30 Close
Sky Sports 3

8.00 America's Cup Sailing 9.00 European Tour Weekly 9.30 Total Rugby 10.00 British Motocross Championship 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Watersports World 1.00 Total Rugby 1.30 Show Jumping 2.00 Ocean 2.30 Total Rugby 3.00 World Ten Pin Masters 4.00 WWE: Heat 5.00 Watersports World 6.00 IAAF Athletics Weekly 6.30 Cycling 7.30 Live Rugby League. Halifax v Widnes Vikings (Kick-off 7.30pm). 10.00 WWE: Late Night - Raw 12.00 Extreme Championship Wrestling 1.00 Rugby League 3.30 Close
British Eurosport
7.30 Yoz Magazine 8.00 ATP Tennis 9.00 Show Jumping 10.00 Cycling 11.00 MotoGP 11.30 ATP Tennis 12.30 Live ATP Tennis. The third round of the Artois Championship. 2.15 Live Cycling. The Critérium du Dauphiné Libéré. 3.30 Live ATP Tennis. Further coverage of the third round of the Artois Championship. 7.30 Motocross 8.00 Motocross 9.00 Motocross 9.30 MotoGP 10.00 ATP Tennis 11.00 Cycling 12.00 Eurosport Buzz 12.30 Close
Sky Sports Xtra
12.00 Show Jumping 12.30 World Ten Pin Masters 1.30 Live Badminton 5.00 British Formula Ford Championship 5.30 ATP Tennis 6.00 NBA Action 6.30 Live Badminton. The Sudirman Cup. 10.00 Race World 11.00 Ocean 11.30 Poker Week 12.00 NBA Action 12.30 ATP Tennis 1.00 Ocean 1.30 Poker Week 2.00 ATP Tennis 2.30 Close



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6.00 Breakfast. (T) 9.15 Heir Hunters. (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Car Booty; (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: ChuckleVision. (R) (T) 3.40 Arthur. (R) (T) 4.05 What's New Scooby-Doo? (R) (T) 4.30 Raven. (T) 5.00 Totally Doctor Who. (T) 5.25 Newsworld. (T)

5.35 Neighbours. Allan makes a disturbing discovery about Pepper's stalker, while Harold gets a surprise when he visits the spiritualist with Sky. Janae rejects Boyd's attempts to make amends. (R) (T)

6.00 BBC News; Weather. (T)

6.30 Regional News Programmes; Weather. (T) Celebrity MasterChef. The grand final, in which the three remaining celebrities have to cook their best three-course meals before John Torode and Gregg Wallace choose a winner. Last in series. (T)

7.30 Springwatch. Bill Oddie, Kate Humble and Simon King look back at the week's highlights and give the latest on the creatures featured on the programme. Last in series. (T)

8.00 EastEnders. Bradley declares his love for Stacey, but she puts him in his place. Dawn and Rob leave the Square to go and live with his parents, and Kevin interrupts an argument at Shirley's. (T)

8.30 My Family. Susan and Ben visit Janey at her new university, but receive a frosty reception and decide to use the excursion as an opportunity to spice up their relationship. Booking into a local hotel under assumed names, they pretend to be strangers meeting for the first time - but their planned romantic interlude is ruined by a mix-up over which room they're actually staying in. (R) (T)

9.00 Dalziel & Pascoe. Part two of two. The detectives learn the chemist was the face of a pro-animal testing group and was recently seen arguing with an undergraduate - who denies the stand they took against militant animal rights activists played a part in his death. The investigation uncovers a threatening e-mail from the victim to his supervisor, and Dalziel and Pascoe are soon faced with further deaths, arson and an attack on the student. (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)

10.35 Friday Night with Jonathan Ross. Hollywood star Rob Lowe talks about his return to the small screen in new US drama Brothers and Sisters. Celebrity Big Brother winner Shipa Shetty also drops in for a chat. (T)

11.35 FILM: The Faculty (1998). Sci-fi chiller, starring Elijah Wood. (T)

1.15 FILM: Dr Jekyll and Ms Hyde (1995). Comic horror, starring Sean Young; (T) Weatherwise. 2.45 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Fimbly Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newsworld. (T) 7.30 Krypto the Superdog. (R) (T) 7.45 The Story of Tracy Beaker. (R) (T) 8.00 Springwatch Trackers. (R) 8.30 CBeebies: Take a Bow. (T) 8.35 Jakers! (R) (T) CBeebies Birthdays. (T) 9.00 Boogie Beebies. (R) (T) 9.15 Toddworld. (T) 9.30 CBeebies Springwatch. (T) 10.00 Teletubbies. (R) (T) 10.30 Schools: Maths Channel. (T) 10.40 Maths Channel. (T) 10.50 Watch. (T) 11.05 Tales of Europe. (T) 11.20 BBC Primary History. (T) 11.40 BBC Primary Geography. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.30 Live Tennis: Artois Championship. Quarter-final coverage on day five at Queen's Club in London. (T) 5.15 Weekend Link. (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 The Trees That Made Britain. The secrets of Britain's lost forest. (R) (T) 7.30 Nation on Film Special: Caribbean Cricket. The West Indian cricket team's 1976 series against England. (R) (T) 8.00 Gardeners' World Live 2007. Hour-long special from Birmingham NEC. (T) 9.00 The Lost World of the Raj. New series. The home and family life of expats in India. (T) 10.00 Balderdash & Piffle. Victoria Coren explores X-rated language. (T) 10.30 Newswight. (T) 11.00 Newswight Review. (T) 11.35 BBC Four Sessions. (T) 12.35 FILM: In the Company of Men (1997). Controversial drama, starring Matt Malloy. (T) 2.10 Star Trek. (R) (T) 3.00 Star Trek. (R) (T) 3.50 Malcolm in the Middle. (R) (T) 4.10 Close.

Pick of the Day

8 Out of Ten Cats (Channel 4, 9.30pm)

Not so long ago, Jimmy Carr was the rather smug and not particularly funny host of gimmick-based game shows like Distraction. He had some decent gags and a lovely speaking voice, but that wasn't quite enough for the public to embrace him as a comedy genius. But a little while back, Jimmy found his feet and he seemed to settle into his role as the ultimate metrosexual (well-dressed, intelligent, bitchy and very, very straight). And suddenly, he became an incredibly funny man. Now his face never seems to be off the box, racking up appearances on stage and screen. But he is perhaps at his most comfortable in popular panel show 8 Out of Ten Cats (Channel 4, 9.30pm). The format returns for a fourth series this week, allowing Jimmy to give full vent to his acerbic musings on the state of the world today. Sean Lock returns as team captain, while young Manchester comic Jason Manford takes over from Dave Spikey as the opposition. The 23-year-old funnyman has already been likened to Peter Kay and he looks set to be a fabulous Northern foil for the host, the ultimate middle-class Southerner. This year has already been a busy one for Jimmy, and his popularity continues to increase on both sides of the Atlantic. Not bad for a lad who only began to take his first steps towards a comedy career in his late twenties.

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 The Farm Revealed; (T) Before and After. (R) (T) 10.00 Day I Got the Sack; (R) (T) Burning Questions. (R) (T) 10.30 Power to the People. (R) (T) 3 Minute Wonder. (R) (T) 11.00 Gay to Z. (R) (T) 3 Minute Wonder. (R) (T) 11.30 My Crazy Life. (R) (T) Freshly Squeezed Shorts. (R) (T) 12.00 News at Noon. (T) 12.30 Will & Grace. (R) (T) 12.55 A Place in the Sun. (R) (T) 1.55 FILM: Bugles in the Afternoon (1952). Western, starring Ray Milland. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.30 Unreported World. Aidan Hartley visits Mongolia to report on a nomadic horde known as the ninjas, who are trying to eke out a living in the biggest gold rush of modern times. Last in series. (T) 8.00 A Place in the Sun. Properties in Western Crete. (T) 8.30 Big Brother. One of the contestants might face eviction. (T) 9.30 8 Out of 10 Cats. New series. Topical panel show, hosted by Jimmy Carr. (T) 10.00 Big Brother. The latest popular contestant might have to leave. (T) 10.30 The Friday Night Project. (T) 11.35 Big Brother's Big Mouth. 12.05 4Music: Sessions: The Automatic. (T) 1.25 4Music: The JD Set Presents: Fields. (T) 1.40 Big Brother Live. 2.55 Goalissimo. 3.50 Transworld Sport. (R) (T) 4.45 Countdown. (R) (T) 5.30 New Shoots: Films from Disabled Directors. (R) (T)

FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Little Princess. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Hana's Helpline. (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowerpots. (T) 8.20 Peppa Pig. (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 FILM: Rain (2000). Vietnam War drama, starring Susan Day; (T) five news update. 3.30 FILM: Danielle Steel's Changes (1991). Romantic drama, starring Cheryl Ladd. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas is joined by Geoffrey Boycott, Simon Hughes and Ian Bishop to present action from the opening day of the Fourth Test at the Riverside Ground in Durham; (T) 7.15 five news update. (T) 8.00 Nigel Marven's Big Cat Adventure. The world's five largest species; (R) (T) 8.00 five news at 9. 9.00 NCIS. Part one of two. Gibbs is injured in an explosion. (T) 10.00 Law & Order: Criminal Intent. Two powerful judges are murdered. Last in series. (T) 11.00 Prison Break. (R) (T) 12.00 Quiz Call. 5.35 Wildlife SOS. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Agatha Christie's Marple. (R) (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Eli threatens Marlon after he reveals his intent to tell Donna the truth about the raid, while Zak comes up with a plan to win the auction. Jo uncovers Shadrach's deception. (T)

7.30 Coronation Street. Claire becomes increasingly paranoid and begins shouting at a woman in the street who she thinks is Casey - leaving Josh stranded in the middle of the road in the path of an oncoming car. Cilla offers heart-broken Kirk the benefit of her advice, while Fizz discovers who really vandalised her scooter, prompting an apology to her ex-boyfriend. Gail asks Jason to befriend David at the builders' yard - but her trouble-making son has a revelation bound to unsettle his new workmate. (T)

8.00 Wasting Your Cash? Tonight. (T)

8.30 Coronation Street. The cab office gets a visit from funnyman and actor Sean Hughes, who joins the cast as Eileen's flirtatious telephone pal Pat, while Claire's silent caller also pays a visit to the street - and rings her again from the phone box just down the street. David learns Jason is afraid of heights, so takes away his ladder while he's on a roof, and Jerry is shocked when the local paper prints his father's obituary - the same father who's still very much alive. (T)

9.00 Britain's Got Talent. A batch of talented performers try to impress judges Simon Cowell, Piers Morgan and Amanda Holden in the second semi-final and book their passage to fame and fortune in Sunday's final, with #100,000 and a slot on the Royal Variety Performance up for grabs for the eventual winner. Presented by Ant and Dec. (T)

10.30 ITV News; Weather. (T)

11.00 Frank Skinner's Tough Gig. Stand-up comedians immerse themselves in unfamiliar cultures before preparing new routines to perform for the target group, beginning with Frank Skinner living in a Dorset commune. (R) (T)

11.35 24 Hours With Jamie Campbell spends a whole day in the company of celebrities to gain an insight into their lives and personalities, beginning with American singer Bobby Brown. (R)

12.00 Make Your Play; ITV News Headlines. 4.10 Minute Makeover. (R) (T) 5.00 ITV Nightscreen.

LOCAL

Best of the Rest

RTP1

0630 Bom dia Portugal
1000 Praça da Alegria 1300
News 1410 Los Ricos
Tambien Lloran 1530
Marco Paulo - 40 Anos de
Amor Eterno 1715 Lingo
1800 Portugal em Directo
1915 O Preço Certo 1955
Direito de Antena 2000
News 2330 Gost Ship, film
0130 Adeus Princesa, film

RTP2

0700 EuroNews 0715 Zig
zag 1400 Sociedade Civil
1530 O Lugar da História
1600 Entre Nós 1630
EuroNews 1700 Lendas
Vivas de Além Mar 1730
Discovery Hour 1830 A
Fé dos Homens 1900 Haja
Saúde 1945 Zig Zag 2045
Yes Dear 2115 Discovery
Hour 2200 News 0015 Film
TBA

SIC

0645 Sic Kids
0830Floribela 1000 Fátima
1300 News 1400 O Profeta
1445 Lagos de Família
1530 Contacto 1715
Floribela 1900 Sinhá Moça
2000 News 2145 Floribela
2215 Cobras & Lagartos
2315 Jura 0015 The Night
of the Warrior, film

TVI

0700 Diário Da Manhã 1000
Você na TV 1300 News
14000 Inspector max 1500
Anjo Selvagem 1600 Quem
Quer Ganha 1800
Morangos com Açúcar
2000 News 2115 Euro
Milhões 2130 Morangos
com Açúcar 2215 Tempo
de Viver 2330 Fala-me de
Amot 0130 Film TBA

BBC3

7.00 The Real Hustle 7.30 The
Real Hustle 8.00 Dog Borstal
9.00 Doctor Who 9.45 Doctor
Who Confidential 10.00
EastEnders 10.30 Two Pints of
Lager and a Packet of Crisps
11.00 Two Pints of Lager and a
Packet of Crisps 11.30 Family
Guy 11.50 Family Guy 12.15
Touch Me, I'm Karen Taylor 12.30
Two Pints of Lager and a Packet
of Crisps 1.10 Two Pints of Lager
and a Packet of Crisps 1.40 The
Real Hustle 2.10 The Real Hustle
2.40 Anthea Turner: Perfect
Housewife 3.35 The Scam Squad
4.05 Close

BBC4

7.00 World News Today 7.00
Weather 7.30 BBC Cardiff Singer
of the World 2007 9.00 Mark
Lawson Talks to Bill Oddie 10.00
The Life of Birds 10.50 Saki: Who
Killed Mrs De Ropp? 11.50 The
Ornate Johnsons' Edwardian
Spectacular 12.20 Mark Lawson
Talks to Bill Oddie 1.20 Saki: Who
Killed Mrs De Ropp? 2.20 The
Ornate Johnsons' Edwardian
Spectacular 2.50 BBC Cardiff
Singer of the World 2007 4.20
Close

ITV2

1.00 Emmerdale 1.30 The Jeremy
Kyle Show 2.35 The Jeremy Kyle
Show 3.40 Ricki Lake 4.25 Sally
Jessy Raphael 5.15 Airline USA
5.45 Judge Judy 7.00 The New
Adventures of Superman 8.00
Big Day 8.30 Airline 9.00
Entourage 9.30 Entourage 10.00
Teen Boob Jobs: Too Much Too
Young 10.30 Britain's Got More
Talent 11.30 Coronation Street
12.00 Coronation Street 12.30
Entourage 1.00 Make Your Play:
ITV Play 4.00 Teleshopping 6.00
Close

Sky One

1.00 Cold Case 2.00 24 3.00 Las
Vegas 4.00 Stargate SG-1 5.00
Stargate SG-1 6.00 Malcolm in
the Middle 6.30 Malcolm in the
Middle 7.30 The Simpsons 7.30
The Simpsons 8.00 The Simpsons
8.30 Crash Test Dummies 9.00
Road Wars 10.00 Ross Kemp on
Gangs 11.00 Nip/Tuck 12.00
Pirate Master 1.00 Pirate Master
1.50 Star Trek: Voyager 2.40 Mile
High 3.30 The Villa 4.20 Guilty!
5.10 Malo Korrigan 5.35 Malo
Korrigan

UKTV Gold

1.00 My Family 1.40 Keeping Up
Appearances 2.20 dinnerladies
3.00 Keeping Up Appearances
5.00 Dallas 6.00 New Tricks 7.00
Keeping Up Appearances 9.40
One Foot in the Grave 10.00
EuroMillions 10.30 Film: Good
Morning, Vietnam 15 (1987) 12.45
My Family 1.25 Keeping Up
Appearances 2.05 One Foot in
the Grave 2.40 Keeping Up
Appearances 3.10 Room 101 3.40
Room 101 4.10 Merseybeat 5.00
Close Up 5.10 Neighbours 5.35
Neighbours

TCM

1.10 Ask Any Girl U (1959) 3.00
Lost for Life PG (1956) 5.15 A
Night at the Opera U (1935) 7.05
The Cincinnati Kid PG (1965)
9.00 Lethal Weapon 18 (1987)
1.10 Wild Rovers 15 (1971)
1.25 Hercules, Samson and
Ulysses U (1964) 3.05
Teleshopping 3.25 Murder Ahoy
U (1964)

The Disney Channel

Kids' programmes from 7am,
except: 6.00 Film: Cow Belles U
(2006) Disney drama, starring
Alyson and Amanda Michalka.
9.30 Film: Cow Belles U (2006)
Disney drama, starring Alyson
and Amanda Michalka.

Sky Movies Drama

6.45 Roseanne: An
Unauthorized Biography 12
(1994) 8.20 Loss of Faith
PG (1997) 9.55 Pride and
Prejudice U (2005) 12.05
Roseanne: An Unauthorized
Biography 12 (1994) With
Denny Dillon. 1.45
Cinderella Man 12 (2005)
With Russell Crowe. 4.10
Loss of Faith PG (1997)
With John Ritter. 5.50 Pride
and Prejudice U (2005) With
Keira Knightley. 8.00
Cinderella Man 12 (2005)
With Russell Crowe. 10.25
The Players Club 18 (1998)
With LisaRaye. 12.10
Sleepers 18 (1996) With
Brad Pitt. 2.45 Outrage 15
(1998) With Rob Lowe. 4.25
Miss Lettie and Me U (2002)

Sky Movies Comedy

7.10 Bean PG (1997) 8.45
Max Rules: Adventures of a
Superspy U (2005) 10.15
Comedy Close Up 10.45
Roseanne's Grave 12 (1997)
12.25 Date Movie 12 (2006)
With Alyson Hannigan. 2.05
The Matador 15 (2005) With
Pierce Brosnan. 4.00 Guess
Who 12 (2005) With Ashton
Kutcher. 6.00 Comedy
Close Up 6.30 Max Rules:
Adventures of a Superspy
U (2005) With William B
Davis. 8.00 The Matador 15
(2005) With Pierce Brosnan.
10.00 Guess Who 12 (2005)
With Ashton Kutcher. 11.50
Date Movie 12 (2006) With
Alyson Hannigan. 1.20
Roseanne's Grave 12 (1997)
With Jean Reno. 3.05 Bad

Manners 15 (1997) 4.40
Bean PG (1997)

Sky Movies Action

6.15 Volcano: Fire on the
Mountain PG (1997) 7.50
Pacific Heights 15 (1990)
9.45 The Escapist 15 (2001)
11.25 Chill Factor 15 (1999)
With Cuba Gooding Jr.
1.10 Pacific Heights 15
(1990) With Michael
Keaton. 2.55 The Escapist
15 (2001) With Jonny Lee
Miller. 4.30 Chill Factor 15
(1999) With Cuba Gooding
Jr. 6.15 Young Guns II:
Blaze of Glory 15 (1990)
With Emilio Estevez. 8.00
Murder at 1600 15 (1997)
With Wesley Snipes. 10.00
Green Street 18 (2004) With
Elijah Wood. 11.50
Alexander 15 (2004) With
Colin Farrell. 2.50 Young
Guns II: Blaze of Glory 15
(1990) With Emilio Estevez.
4.35 Volcano: Fire on the
Mountain PG (1997)

(R) - repeat pro-
gramme;

(T) - programme with
teletext subtitles;

(S) - programme
broadcast in stereo;

(bw) - black and
white.

Sky Sports 1

6.00 Transworld Sport 7.00
WWE: Raw 9.00
Transworld Sport 10.00
FIFA Futbol Mundial 10.30
Live Test Cricket. England
v West Indies. 7.00
Gillette World Sport 7.30
Live Super League. Wigan
Warriors v Catalans
Dragons (Kick-off
8.00pm). 10.00 Live
Friday Night Night. Ajose
Olusegun v Gary Reid.
12.00 Test Cricket 2.00
Friday Night Night 4.00
Super League 5.30 FIFA
Futbol Mundial

Sky Sports 2

6.00 Aerobics Oz Style
6.30 Ocean 7.00 European
Under-21s Championship
Football 9.00 US Open
Golf 1.00 European Under-
21s Championship
Football 3.00 Live US
Open Golf. The second day
at Oakmont Country Club
in Pittsburgh. 12.00
Transworld Sport 1.00
Super League 2.30 World
Sport 3.00 Test Cricket
5.00 World Sport 5.30
Ocean

Sky Sports 3

6.30 IAAF Athletix Weekly
7.00 Race World 8.00
Poker Week 8.30 Rugby
League 11.00 Aerobics Oz
Style 11.30 Racing News
12.00 Transworld Sport
1.00 Cycling 2.00 Poker
Week 2.30 NBA Action
3.00 WWE: Raw 5.00 NBA

Basketball 7.00 Tight Lines
8.00 Test Cricket 10.00
WWE: Late Night -
Smackdown 12.00 WWE:
Late Night - Bottom Line
1.00 Tight Lines 2.00 Bass
Fishing 3.00 Carp Fest 2006
4.00 Tight Lines 5.00 Bass
Fishing

British Eurosport

7.30 Sailing 7.45 WATTS
8.00 ATP Tennis 9.00 World
Superbikes 10.00 Cycling
11.00 ATP Tennis 12.30
Live ATP Tennis. The
quarter-finals of the Artois
Championship. 2.15 Live
Cycling. The Critérium du
Dauphine Libere. 3.30 Live
ATP Tennis. Further
coverage of the Artois
Championship quarter-
finals. 7.30 International
Football 8.30 World Touring
Car Championship 9.30
Cycling 10.00 ATP Tennis
11.00 Yoz Magazine 11.30
World Superbikes 12.30
Close

Sky Sports Xtra

11.00 Cycling 12.00 IAAF
Athletix Weekly 12.30 Race
World 1.30 Live Badminton.
The Sudirman Cup. 5.00
World Sport 5.30 Moto Plus
6.00 Rally World 6.30 Live
Badminton. The Sudirman
Cup. 10.00 Tight Lines 11.00
Rally World 11.30 Moto Plus
12.00 World Sport 12.30
British Formula Ford
Championship 1.00 Ocean
1.30 Rally World 2.00 World
Ten Pin Masters 3.00 Motor
Racing 4.30 Moto Plus 5.00
Rally World 5.30 British
Formula Ford Championship

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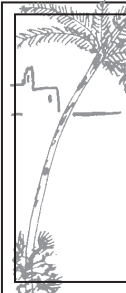


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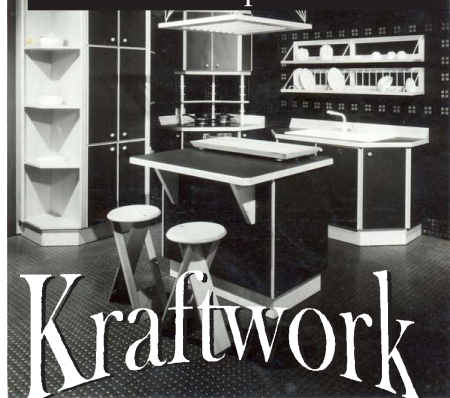
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Upward Glance



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The New Dress

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Loving to dress up in frilly dresses, she paraded and twirled around the house for days feeling like a princess in the newly acquired dress. The fact that her big brother had paid the price made her even more excited to wear it.

One day their mother called them to lunch and both children sat down to the table to enjoy a toasted cheese sandwich. As she had been now for several days in a row, Cate was wearing her favorite new dress. During lunch, the little girl decided to eat her sandwich like she always did, dipping each bite in ketchup. Just as she was about

to dip the first bite, her eleven-year-old big brother grabbed her wrist and stopped her before she could reach the puddle of ketchup on her plate. "You can't eat ketchup in that new dress, Cate! I paid a lot of money for it and you will ruin it!"

We smile at a young boy's desire to sacrifice his own money to buy a treasure for his little sister. Our smile deepens as we see him protecting his investment. Having paid a high price, it is only natural that he be interested in taking good care of the dress. What this boy did for his little sister is at least a little bit like what Jesus did for us. Of course, Christ's gift is incredibly more significant than a new dress. Jesus paid a great price to bless us with far more than we deserve. When we were lost and guilty before a holy God, condemned and unable to help ourselves, Jesus willing accepted our punishment on the cross. His death made it possible for us to replace the dirty garments of sin with robes of righteousness.

It is important that we understand the sacrifice Christ made and accept His beautiful, costly gift. Having invested deeply in my new "look" I can almost hear Jesus saying, "I paid a lot for you, don't say that... don't do that... don't think that way..."

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Oporto

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RIVERSIDE PORTO INTERNATIONAL CHURCH - Oporto. A church that is fun and enriching; Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNG, between Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 for more details. contact@riverside-porto.com web site www.riverside-porto.com

ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO
Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. www.stjamesoport.com

CALDAS DA RAINHA ANGLICAN EVENING WORSHIP IN ENGLISH. At 6.00pm on the first Sunday of each month. Held in the Evangelical Baptist Church, Rua Dr. José Soudade e Silva 27/29 (between Caldas da Rainha Railway Station and 'Pingo Doce'. All welcome.

"Rejoice with those who rejoice; mourn with those who mourn." - Romans 12:15

Announcements

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to request ring back

THE ANIMAL charity shop behind the pharmacy in Montechoro needs volunteers to help in the shop & also other volunteers to transport animals to the vet or the abandoned animals home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help would be greatly appreciated. Please call Lesley on mobile 962 414 584 or call into the animal charity shop in Montechoro.

WANTED: THE donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. If you don't want it, let us sell it. We will collect larger items. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

ABACHARITY shop, Av. do Tenis, No 41D, Albufeira, (the road at the traffic lights, on the dual carriageway, just before the dolphin roundabout). Open Tues. to Sat. 10.30am till 2pm. Donations of bric-a-brac, clothes and books to be sold in the shop to raise funds for spaying and neutering of pets, to help stem the tide of unwanted animals, would be appreciated.

HELP THE orphans. Visit the bazaar in aid of the children in need. Find us in Estoi, opposite palace gates, Wed. to Sat. 10am - 5pm. Mobile 966 573 272, Tel.: 289 991 319 or 289 721 938.

CAR BOOT Sale held every 3rd Sunday of the month at 'Restaurant Quinta dos Areos', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on Happyhounds@mail.telepac.pt for more information.

OVER 200 useful household tips can be found in the WRVS Recipe book on sale at The Griffin Book Shop & The British Retirement Home or call Ruth Hurst 919 351 921.

CASA IS a well-known local social club of over 300 members who raise money to help many needs in the area. It is open to single/couples, and has a monthly newsletter of events and dinners at local venues for reasonable prices. Also outings are arranged to some interesting places in Portugal or Spain. Find out more by calling Franz on Tel.: 282 312 819.

Charity sales

GRANDNORDIC Sales Bazaar 29th September 2007. 100% of profit for charity. We need objects for sale. Can you help us? For info contact Elsa Ponte 963 731 171 Email: elscaponte@gmail.com

LAGOS ANIMAL Protection Society has a charity sale at Burgau Sports Club every 2nd Sat. of the month. All proceeds go towards helping Algarve animals. For further details please phone Tel.: 282 687 334 or 966 047 994 after 6pm.

Employment Centre

Offered & Sought

FREELANCE HAIRDRESSER.

Many years experience in Lisbon and UK. Have your hair done in the comfort of your own home. Professional service. Quinta do Lago, Vale do Lobo, Vilamoura areas. Call Paula 968 207 898.

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www.the-news.net

VACANCY ADMINISTRATION SUPPORT POST

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Main duties for the post are:

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- During busy periods, assisting with our Concierge rental company services

It is essential that the person is fluent in Portuguese and English (both spoken and written). The person needs to be of smart appearance, articulate and flexible in their working approach. An attractive salary, good working conditions and bonus incentives for the right candidate.

Your CV can be sent/delivered to Concierge Vila Castelo Parque, Apartado 52, Ferragudo, Lagoa 8400 - 906 Portugal.

Please ring Mark Banner on 963 556 155 or George Wilkinson on 963 447 275 for further details - email sales@vilacastelo.com

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ART OF Beauty Wellness Centre. Beauty solutions for men and women. Av. 5 de Outubro N° 84, 8135 Almacil. email: petra_evertsz@hotmail.com mobile 919 508 252. Open 7 days a week.

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Support Groups

ALCOHOLICS ANONYMOUS - Algarve. Do you or anyone you know have a problem with alcohol? If so, there is a solution. WEEKLY MEETINGS: Mon.: Portimão 7.30pm. Tues.: Almacil 1.00pm; Almacil 6.30pm (Men's meeting); Albufeira 8.00pm. Wed.: Almacil 7.30pm. Thurs.: Pêra 7.30pm; Tavira 7.30pm. Fri.: Almacil 1.00pm; Portimão 7.30pm. Sat.: Almacil 5.30pm. If you would like assistance finding a meeting please call 919 005 590 between 10.00 and 7.30pm. For Portuguese speaking AA please call mobile 917 483 478. For GSO Lisbon AA please call Tel.: 217 162 969.

ALCOHOLICS ANONYMOUS English speaking meetings 7pm Sun., The Crypt, Igreja de Santo António, Av. de Marginal, Estoril; and 7pm Tues., St Paul's Church, Av. dos Bombeiros Voluntários, Estoril. (Please confirm Tues. meeting - mobile 965 059 949).

ALCOHOLICS ANONYMOUS New meeting in East Algarve, Tavira. English speaking meeting 7:30 Thurs. 30 Rua Dr. Parreira, Tavira mobile 916 013 265.

CANCER DOESN'T care - but we do! CANCARE is a group of ladies supporting one another through the trauma of cancer and beyond, both our own or others, both past and present, with laughter and tears, with kindness and caring, with experiences and positivity, but most of all with sharing. If you would like to join us or just talk to us, please phone Joan on Tel.: 289 843 472.

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Mums & Toddlers

Explorers & Climbers Mother & toddler group meets every Tuesday at 9.45am - 11.30am.

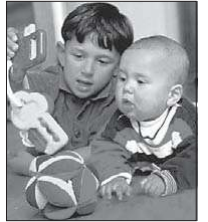


Crafts, songs and lots of fun ...

Where?

Lagoa Christian Fellowship hall, Vale de Lousas, EN125, Alcantarilha. Refreshments available. Contact Elaine for more details on 916 447 407.

Mums & Tots



Tuesdays 10.00am - 12 Noon. Meet friends, coffee, fun, playing, puppets. ICC Church Hall, Lagos.

For further details on location of Church and Sunday services (with Kidz Klub) & other activities and available courses at International Community Church, see web site www.icc-lagos.org or call 282 697 546 or 282 086 804.

ICF MUMS and Toddlers group 'Pop-ins' meet on Wednesday mornings, from 9.45am to 12 midday, in the church fellowships room, The Bridge, in Cedipraia, Portimão. Ages from birth to 3 years. Contact Marina on 964 820 392 for more information.

Music

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Song & Dance

THE ALGARVEAN'S theatre group would like to announce that we will be performing 'Nobody's Perfect' by Simon Williams at Lagoa Auditorium on the 5th, 6th and 7th July. Are you interested in set construction/painting, lights/sound, make-up/hair or back stage for this one? Contact Jackie on 282 687 410 or jackiemajor@sapo.pt

Travel

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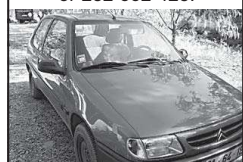
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Portugal signs off for summer after Kuwaiti humiliation



The Portuguese Football Federation is richer by half a million dollars, but the national's team outing to Kuwait has been both a footballing and a P.R. disaster. Fortunately, the game was only a 'friendly' and could stand the national team in good stead when facing 'lesser' opposition in the future.

A draw against Kuwait, who like Portugal, was deprived of many of its stars has left a stain on the national team's reputation.

Admittedly, the most important of Portugal's games the past seven days was the clash against Belgium in Brussels in a qualifying match for Euro 2008, which it won 2-1.

Having beaten the Belgians, Portugal is now in a strong position to qualify from their qualifying Group A, and possibly can be excused for failing to produce their usual dose of magic on Tuesday evening in the 40-degree desert heat.

Portugal has played seven of its 14 qualifying matches for Euro 2008 and is on 14 points, level with Serbia and Finland, who have played one extra match.

Poland leads the group, five points ahead of Portugal, but has played nine games.

The Poles, the only team to

have beaten Portugal so far, were expected to extend their lead at the top of the table, but were subjected to a surprise loss to Armenia, who had been bottom of this eight-nation group from which two teams will qualify.

Incidentally, Portugal's next international commitment will be on August 22 when they are hosted by Armenia.

Portugal's draw against Kuwait and Poland's loss to the Armenians will hopefully ensure the national team does not take their next opponents for granted, and produce a performance comparable to those the nation has grown accustomed to the past three years.

But the second week in September is set to be decisive for Portugal's aspirations to qualify for Euro 2008.

On September 8, Portugal will have the chance for revenge when they host the Poles which will



Portugal's Nani (C) celebrates with his team members after scoring the second goal during the qualification match of Euro 2008, Belgium vs Portugal, in Brussels last week. (Photo: EPA/Eric Lalmand)

be followed four days later, also here in Portugal, with a match against Serbia, against whom Portugal drew in Belgrade earlier this year.

News in brief

Tourism site with 3.5 million visits

The Portuguese Tourism site, www.visitportugal.com received 3.5 million visits during the first three months of the year, with most of them being from Spain, Germany, France, the United States, the United Kingdom and Italy.

Portugal top employer of Brazilians

Portugal is the biggest importer of Brazilian footballers figures released this week have shown. Since 2002, an average of 140 Brazilians have been given employment each year by topflight clubs in Portugal. Second are Italy, followed by the Spanish league.

Police blow up suspicious bag

Police in Setúbal have destroyed a suspicious bag found outside Spanish bank Caja Duero.

Interest rates up again

The minimum interest rate within the Eurozone has been increased by 25 basis points to 4 percent the European Central Bank revealed this week. The change comes into force on June 13th.

Sonangol buys 2% stake in BCP bank

Angolan state oil firm Sonangol has acquired a two percent stake in Portugal's BCP bank, the companies have announced. BCP said in a statement that Sonangol now holds 72.2 million stocks in the bank, corresponding to two percent of share capital and voting rights.

Australians buy into Brisa

Australian investment bank Babcock & Brown Ltd. said Thursday it has bought 10 percent of Portuguese highway company Brisa Auto-Estradas de Portugal SA for about €590 million (US\$797 million).

Real estate made simple

A pilot project named 'Casa Pronta', part of the nation-wide Simplex programme and which is now being applied to five municipalities throughout Portugal, has been created to 'simplify people's lives', by cutting out unnecessary paperwork and expenditure regarding real estate transactions. With this in mind, the project further aims for all paperwork to be completed at property registry offices, or a

'citizens' bureaus, which will become one-stop-shops for homeowners. Should the project prove successful, it could be installed throughout the country by the end of the year.

Online pollen levels now available

The levels of pollen affecting six Portuguese cities are now available online for public consultation. Posted by the Portuguese Society for Allergies and Clinical Immunity (SPAIC), pollen-level statistics for the cities of Lisbon, Coimbra, Portimão, Porto, Évora and Funchal can now be seen on website: www.rpaerobiologia.com, an interesting development in a country where nearly a quarter of its population suffers from hay fever.

Home saved by friendly loan

A man who locked himself inside the Gaia branch of a Montepio Geral bank in April, as a protest to save his home from being reclaimed and sold, was saved by a friend who loaned the man over 114,000 euros to pay for the property.

One in three cancers diagnosed is of the skin

New statistics from the National Association for Skin Cancer have revealed that one in every three cases of cancer diagnosed is skin cancer. According to the statistics, in Portugal every year 800 new cases of malignant melanoma are diagnosed.

'Serial killer' goes on trial

A former GNR police officer who is accused of raping three teenage girls and then killing them in order to "avoid the humiliation" should they tell, appeared in court this week in a hearing that has been opened to the public. The prosecution are asking that António Costa be given the maximum prison sentence, which is limited to 25 years in Portugal.

Car association advises to buy cars now

The ACAP car association has told consumers to purchase cars before July 1, when cars are, according to the government, to become around 10 percent cheaper. However, this will be compensated for in higher annual municipal stamp duties which ACAP says could rise by up to 300 percent. Cars purchased before July 1 will see their stamp duty remained unchanged.

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